



# SFS ACADEMY

Affiliated to CBSE, New Delhi. Reg. No.: 830745 Electronics City P. O., Bengaluru - 560 100



### Our Motto

Knowledge, Love and Service

### Our Vision

To create a holistic society of compassionately human, spiritually enlightened, intellectually awakened, professionally skilled, socially committed and culturally integrated persons based on the values as lived and taught by Jesus Christ and followed by St. Francis de Sales.

### Our Mission

- To provide a conducive atmosphere for intellectual development.
- To facilitate conviction-based spiritual formation.
- To nurture a sense of the divine and transcendence.
- To imbue the virtues of gentleness, compassion and optimism.
- To impart authentic leadership training.
- To instil wholesome professional ethics.
- To encourage sports, games and work experience.
- To inculcate healthy food habits.
- To promote environmental consciousness.
- To extend integral education to all.
- To foster a caring and humane society meant to promote the marginalized and thus equip the younger generation with needed life skills to become:
  - Catalysts of Social Transformation
  - Votaries of National Integration, and
  - Ambassadors of Universal Brotherhood



### ST. FRANCIS DE SALES HEAVENLY PATRON OF MSFS

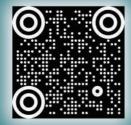
and

St. Francis de Sales, was born on August 21, 1567 at Thorens-Glières, Savoy, France.
He was the bishop of Geneva and a doctor of the church, who was active in the struggle against Calvinism and co-founded the order of Visitation Nuns.
He wrote the devotional classic, *Introduction to a Devout Life* (1609). He died on December 28, 1622, in Lyon.
In 1923, Pope Pius XI named him the patron saint of writers.

# FR. PETER MARIE MERMIER

Rev. Fr. Peter Mermier was born on August 28, 1790, at Savoy in France. The Missionaries of St. Francis de Sales as a society of Fathers and Brothers was founded by Fr. Peter Mermier in 1838 at Annecy, France. The Missionaries of St. Francis de Sales are spread today all over the world and are involved in different activities. They arrived in India in 1845 and are running schools, technical institutes, hostels and social work centres, for the well-being of the people.

- SFS Academy is ranked No. 1 in India under the Top CBSE Schools for Digital Learning Advancement in a survey conducted by Education Today.
- SFS Academy has been recognised as one of Bangalore's 10 Best CBSE Schools 2021, for its contribution towards society and the educational fellowship by the well-known magazine, Academic Insights.
- SFS Academy has been certified as a part of the world book of records for participating in the world's largest lesson on the history of education, hosted by Edu clouds, London, UK on August 15, 2021.
- SFS Academy has received the International Dimension in School (IDS) certificate for 2022 to 2025 by the British Council, UK with a 100% score. As a part of the process, SFS Academy collaborated with the schools of UK, Tanzania, USA, Greece and Nepal.
- To celebrate World Earth Day 2021, the Student Leaders of Punahou School, Hawaii, USA organised Virtual Sustainability Fair in which students from USA, Vietnam, Guatemala, Jordan, Pakistan and India had participated. We are delighted that ten students from SFS Academy were a part of the same and their presence was well appreciated by the hosts and participants.
- Most of the teachers of SFS Academy have been awarded Microsoft Innovative Educator (MIE) badges and certificates after successfully completing the courses and submitting the assignments.
- Liya S Giridharan of grade I is the proud winner of the National Level Spell Bee Competition.
- ↔ Reet Jha of grade VII is featured in the Amazon Alexa Promo video.
- Mellina of grade III has secured first prize in the Story Telling competition conducted nationwide by Club1BR Freadom app.
- Math Game-a-thon, an interschool competition was organised by Prodigy Education. Students of grade V actively participated in the competition and secured the second position.
- Saiadith Anand of Pre KG has earned his name in India Book of Records 2021, for recalling and identifying colours, counting numbers, rhymes, names of months and days of the week, alphabets and their corresponding words, national symbols, body parts, sounds of animals, names of domestic and wild animals at the age of 2 years and 6 months.



Beacons







Pesalite







SFS ACADEMY

Affiliated to CBSE, New Delhi, Reg. No. CBSE/AFF. 830745 Electronics City, Bangalore - 560 100 Phone: 91 8277021717 Email: sfsacademy2014@gmail.com BRITISH COUNCIL

International Dimension in Schools 2022–25



Most Rt. Rev. Dr. Peter Machado Archbishop of Bangalore



Rev. Dr. Abraham Vettuvelil, MSFS Superior General



**Rev. Dr. Thomas Kalariparambil, MSFS** Provincial, South West India Province



Rev. Fr. Jacob Karamakuzhyil, MSFS General Councillor in charge of Education



Rev. Dr. A. Jabamalai, MSFS Councillor in charge of Education (SWIP)



Rev. Fr. Thazhathukunnel Joshy Philip, MSFS Manager, SFS Group of Institutions

**Rev. Fr. Tony Erniakulathil, MSFS** Financial Administrator



School MANAGEMENT

> Rev. Fr. P. M. Lawrence, MSFS Principal, SFS Academy







Jam happy to hear that SFS Academy is publishing 'Desalite Dhyatva' the annual school magazine.

Being the second issue, I am sure it will highlight the activities of the institution and showcase the wonderful work of the students. The staff is the backbone of every achievement.

I impart my blessings upon your institution, the students and the staff.

Yours in Christ,

Most Rt. Rev. Dr. Peter Machado Archbishop of Bangalore



I am glad to know that St. Francis de Sales Academy, Bangalore, is releasing the annual school magazine Dhyatva as an appropriate tribute to the various academic accomplishments, events, and human, intellectual, cultural and moral education programs on the campus.

It is encouraging to know that SFS Academy has today grown into a solid centre of learning with every opportunity for the students to be personally and intellectually empowered and to be socially and emotionally challenged to make the right decisions that will shape their future.

The Catholic education system stands for constitutional values and focuses on value education. Our apostolate of education fully participates in the mission of Christ, upholding human dignity and a civilization of love.

The quality of education is not to be measured only by the results of the texts but also by the ability of the students to contribute to the renovation of the society and to give birth to a new culture that respects human values of compassion, justice, respect, and peace.

I congratulate Fr. P. M. Lawrence, the principal, staff, students and parents for their outstanding contribution to the academic accomplishments of the school.

God bless SFS Academy!

**Rev. Fr. Abraham Vettuvelil, MSFS** Superior General



## MESSAGE

Cucation has a definite goal: to form a person with a heart that can embrace all, with an intellect that knows how to critically assess and appropriately respond to any given situation, with a character that is so rooted in humane qualities that the society would be proud of, and with the required skills that can put that person on the path to excellence and happiness. Education has also a process of achieving such a goal. Every educational institution worth the salt would also have its own well-defined and articulate mechanisms embodying this process that would inculcate and promote creativity, critical thinking, innovation, originality, and so forth, in the students.

Right from its inception, SFS Academy has kept it as its top priority to achieve this goal. Towards realising it has, in addition to its excellent classroom training, endeavoured to provide sufficient opportunities to every student to discover and give appropriate expression to their inborn, unique talents and abilities. In the educational journey of developing and forming oneself, every child needs fine-tuned skills rooted in such talents and abilities to face the various situations of life and its challenges and be capable of responding to them in a mature and humane manner. Desalite Dyatva is SFS Academy's one of the concrete answers in addressing such a need.

This school magazine unfolds a wide spectrum of creative skills and artistic expressions, be it in the form of writing, editing, painting, writing poems, creative layouts, storytelling, etc. It is an example not only of creative expression but also of wonderful teamwork, where the efforts of a team of students, dedicated teachers and mentors, as well as the unstinting support of the Principal and Management has blended so well in bringing out this wonderful edition. I am sure that the readers will be positively surprised at the variety, quality and depth of its contents; the parents will be delighted in seeing the quality of the creative acumen of their children; and finally, the students, the staff and the management can genuinely be proud of the level of excellence they have reached. Congratulations to all those who have played a part in bringing Desalite Dyatva out and a fulfilling time to all the readers!

**Rev. Dr. Thomas Kalariparambil, MSFS** 

Provincial, South West India Province



My dear Fr. P. M. Lawrence, I am happy to learn that SFS Academy is planning to publish its annual school magazine Dhyatva. It is an attempt to create avenues for honing the literary talents of students who will articulate their ideas, dreams, and vision of life, concerning various issues and topics. It is indeed part of the ongoing educational process of the school. I am sure that this magazine will also highlight the school's value system, priorities and fransalian educational ethos.

Our training of students should emphasize on making them true to themselves in life which is nothing but trying to be honest in all sense and meaning. Our education should motivate our students to be truthful and honest in their feelings, communication, thoughts and desires. It is not an ideal situation when they realise what is true, feel for what is good, and speak the same but do the opposite.

We are often cheated with duplicate products. In the same way, human beings also exercise duplicity in their conduct, smile and words. They resort to falsehood despite their conscience's advice against it. Let your school uphold the values of truth and non-violence which are India's traditional values. Teach your students to aspire to such values promoting peaceful co-existence of all.

I express my hearty congratulations to the Editorial Team. May your magazine Dhyatva be the medium to articulate, share and debate principles and values precious to all MSFS schools. May God bless SFS Academy and all its stakeholders.



#### **Rev. Fr. Jacob Karamakuzhyil, MSFS** General Councillor in charge of Education

## MESSAGE

To begin with,

I would like to convey my good wishes to Rev. Fr. P. M. Lawrence and to the team who are in the process of publishing the new issue of Dhyatva, the school magazine.



When you set out to accomplish a new goal, you might start with gusto and determination. You may be highly motivated, ready to make a change and be confident that it will go perfectly!

But as time goes by, reality sets in, and your goal starts to feel harder and harder to reach. You struggle as you try to recapture the energy and excitement that helped you to follow this path. When you can't, you give up to the idea that the battle has been lost. The glory you wanted to achieve is nothing but a glimmer — a faint reminder of what could have been. Unfortunately, this scenario is all too common.

So, how to overcome this situation?

The first step is changing your mindset. When attempting to reach goals, many people take on a perfectionist attitude, thinking it will lead to success. However, the opposite is often true. Perfectionism can get in the way of achieving your

goals. The next time you find yourself trying to be perfect, beating yourself up for each misstep, try a different perspective. Shift your focus from perfection to progress and celebrate your successes.

Then, take some time to reflect on what happened when you changed your focus. Did you feel more joyful? Did it make it easier to move forward? Did it help your motivation? These are important questions to ask yourself because the information you gather can be used to reach your goals.

It can be empowering to look back and see the progress you've made despite the challenges you've faced. When the going gets tough, you can draw on your past successes to propel you forward. Reflecting on your progress can also reinforce the belief that you have the ability to change — that your goals are within your reach. This belief in yourself fuels your motivation and can sustain you during challenging times.

Focusing on progress, instead of perfection, can make it much easier and more enjoyable to reach your goals.

God Bless You!

Rev. Dr. A. Jabamalai, MSFS

Councillor in charge of Education, SWIP





Dear Fr. P. M. Lawrence,

I believe that this magazine would provide platforms for the staff and students to exhibit their talents and resources.

Dear students,

I would like to present before you children the life of Ankit Fadia not to imitate him but to be inspired by him.

At the age of 9, he hacked the mail ID of our former President Late APJ Abdul Kalam and informed his office. From Delhi police came, arrested him and put him in the juvenile home. From the juvenile home, he continued his studies and later he hacked the mail ID of the president of the United States of America. Ankit Fadia informed the White House that their security systems, which he presumed to be well advanced were not so. Learning how genius and smart he is, the United States send their people to India to invite him to the USA. There he was appointed to the department of investigation and cyber security. He was offered the possibility to promote his talents. He speaks of mathematical and logical intelligence. Indians are good at both mathematical and logical intelligence, but we are not making the best use of them. Ankit Fadia never wasted his time on computer games, movies and other entertainments. He had a dream and was focused on innovations and worked tirelessly to achieve his goal.

You dear students should make the best use of your time and talents to be a child prodigy.

I extend you the blessings of the Lord. May God lead us and take us to greater heights.

Fraternally,

**Rev. Fr. Joshy Philip, MSFS** Manager, SFS Group of Institutions



## MESSAGE

he World is mulling a post-Covid era. New ways of being and living have emerged and perhaps are slowly becoming a norm. The pandemic taught us some unlikely lessons. The two most important are: the limitedness of our human mind and the power of resilience. Resilience is the power you have inside you to constantly adapt to new and challenging situations, to resist the assault or to build your own offence mechanism, and continue to go on. SFS Academy has always been at the forefront when challenges have arisen in bringing systematic changes in the approaches to education and responding to challenges in an optimistic and positive manner.

In the words of Albert Einstein, "Education is what remains after one has forgotten what one has learned in school". There is no end to education. The whole life is a process of learning. While educating the minds we must not forget to educate the hearts. Education is about joy, wonder, fostering curiosity along with the development of life skills needed to succeed and SFS ACADEMY, true to its spirit of the founder of the Congregation of the missionaries of St. Francis de Sales, Venerable Fr. Peter Mermier, who said that "the of education is the education of the heart" continues to progress in the task of imparting education which is not only modern in its

approach but also based on the ideals and rich culture of our country.

At SFS, we ensure that a congenial environment for learning is maintained while making sure that children have enough opportunities to develop their personal and interpersonal skills. Values like integrity, truthfulness, compassion, civic consciousness, to be passionate in whatever one does or chooses and the willingness not to give up on dreams but to believe in oneself that the wings are yours and that the sky is no one's, is what we seek, to inculcate in our students. Every child is called upon to set a benchmark for the younger Desalites to emulate.

I, on behalf of the Management of the SFS Institutions, extend my heartiest congratulations to the Principal and his committed team of teachers and students who spare no effort to achieve excellence. I avail myself of this opportunity to congratulate the Editorial Board and everyone who worked behind the screen to bring out the best in this edition of the school magazine 2021.

God bless SFS Institutions and all those associated with it!

**Rev. Fr. Tony Erniakulathil, MSFS** Financial Administrator



heart



Adieu to our dearest Rev. Dr. Benny Koottanal

"Goodbyes are only for those who love with their eyes. Because for those who love with heart and soul there is no such thing as separation." – Rumi

We take this moment to thank Rev. Dr. Benny Koottanal for his unwavering support and guidance during his tenure as the Provincial. SFS Academy cherishes every moment of the delightful time spent with him. He is an enigmatic figure and his leadership has been a boon to this institution. His immense contribution to the success and growth of this institution will always be remembered fondly. We wish God's abundant blessings for all the future endeavours in his life.

"If the sign on your heart says "Welcome", the love will come pouring in from everywhere." - Susan Jeffers.

With immense joy and pleasure, SFS Academy would like to extend a warm welcome to the new provincial, Rev. Fr. Thomas Kalariparambil. Having him as the Provincial is an asset and we look forward to a wonderful time ahead to grow and prosper under his leadership. SFS Academy is sure to accomplish amazing heights with the support of such a man of experience and dedication. With sincere hopes that we would be able to do our best in keeping his expectations soaring, we welcome Father wholeheartedly.



Bevakasha to our new provincial Rev. Fr. Thomas Kalariparambil



PRINCIPAL'S MESSAGE PRINCIPAL'S MESSAGE PRINCIPAL'S MES

#### "EDUCATION IS A SHARED COMMITMENT BETWEEN DEDICATED TEACHERS, MOTIVATED STUDENTS AND ENTHUSIASTIC PARENTS WITH HIGH EXPECTATIONS"

The accelerated pace at which the world is changing now has brought a tremendous change in the field of education as well. It is high time that we as educators need to pause and reflect on this entire system of education.

"To motivate the late bloomers, to mould the mediocre and to challenge the gifted" is the new pulse of teaching. Providing good quality modern education including a strong component of cultural values, environment awareness and physical education to children irrespective of their family's socio-economic condition is the prime motto of SFS Academy. A committed and supportive management, dedicated teachers, caring and cooperative parents blend harmoniously to make this school a child-centric one.

Today, the role of a school is not only to pursue academic excellence but also to motivate and empower the students to be lifelong learners, critical thinkers, and productive members of an ever-changing global society. Converting every individual into a self-reliant and independent citizen, our school provides an amalgam of scholastic and coscholastic activities. We work towards making our Desalites 'Educated' in the true sense as defined by Albert Einstein, "Education is what remains after one has forgotten everything he has learnt in school." The publication of the 2<sup>nd</sup> edition of our annual school magazine, Dhyatva is to celebrate the many accomplishments and achievements that have been made by the students and staff of SFS Academy in the past year. It was a year of achievements and victories, of facing new challenges and reaching greater heights. The variety and creativity of the articles in the magazine pages represent the talents and the creative minds of SFS Academy.

Teamwork is the hallmark of SFS Academy. I appreciate the efforts put in by our wonderful team of students, teachers and the unstinting support of the Management for making this a truly successful year for all of us.

I am sure that the positive attitude, hard work, sustained efforts and innovative ideas exhibited by our young children will surely stir the mind of the readers and take them to the fantastic world of unalloyed joy and pleasure.

#### Dear readers,

Enjoy the magazine with love and compassion Feel the candid creations with doting and care, An anthology of the little hearts and their passion Their masked feelings that they dared to share.

**Rev. Fr. P. M. Lawrence, MSFS** Principal, SFS Academy

# Editor's Desk



# Ediţor's Desk

Ms. Supritha H.S. (Mathematics Editor) Mrs. Ferina Esther Christilda

(English Editor)

**Mrs. Pooja J Nambiar** (Pre Primary Editor)

Mrs. Jancy Jonshon (Pre Primary Editor) Mrs. Vimala T.V. (Science Editor)

**Rev. Fr. P. M. Lawrence** (Principal)

**Ms. Ashwini C** (Kannada Editor)

Mrs. Suchitra Mittra (Hindi Editor) Mrs. Lisha Louis (English Editor & Editor in Chief)

Mrs. Veena P (English Editor)

Mr. Narayan A (Art)

DESALITE DHYATVA-2021

#### Proofreading Committee





**Ms. Christina Francis** 

Mrs. Sheba Richard





Mrs. Deepthi Salil

Mrs. Queen Mary

Dear Readers,

Greetings from SFS ACADEMY!

It is said that a school is the temple of learning. School is a tool to help and prepare us for life. Not only can we learn the basic skills to read, write and do arithmetic but also we can learn about people, places and nature. It also provides us the exposure to various activities, ideas and fields of knowledge that one might have never encountered otherwise.

SFS Academy strives hard to bestow this knowledge and experience to every student equally. Anthony J. D'Angelo once rightly said, "Develop a passion for learning. If you do, you will never cease to grow". SFS Academy has always become the nesting ground for nurturing the best minds and fostering a questioning spirit among the staff and the students. SFS Academy does not dwell in the present; it always thinks years ahead; the futuristic vision makes our school unique among all the other educational institutions in the city.

The school magazine plays a vital role in any educational institution as it is envisioned to exhibit the talents in the making, of an upcoming generation. Whenever we publish Dhyatva, we take up a huge responsibility to disclose the awaited and fulfilled comprehensive environment of SFS Academy. Dhyatva espouses the school spirit which is built up within the school, through collaborative actions, thoughts and yearnings. So let us read this magazine that hides in itself a sea of emotions and a hope for a better tomorrow.

We would like to express our sincerest thanks to Ms. Christina Francis, Mrs. Sheba Richard, Mrs. Deepthi Salil and Mrs. Queen Mary for their timely help in the proofreading and quality check process of the magazine.

We wholeheartedly wish that all of you would relish reading this volume.

The Editorial Team

# TABLE OF CONTENTS













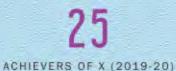






#### SCHOOL CABINET















35



38 SPECIAL EVENTS



51

ENGLISH SECTION



#### CARPE DIEM 2021-22

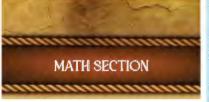
74













SPORTS MEET







93 KANNADA SECTION



















allery





Staff Secretaries

"Children are not things to be moulded but are souls to be unfolded". SFS Academy has always believed in this and has committed itself to impart holistic education to the young minds so that they grow into responsible global citizens of the future. SFS Academy endeavours to provide a curriculum that balances excellence in learning with an all-round cultural, physical, mental and moral development. We focus on turning our young minds into ocean liners with Indian anchors and ethical rudders.

Making a school magazine is like taking a 'time out' from the regular academics and doing something completely different that can help group dynamics and can allow the students to express themselves in a wide spectrum of creative skills. Our young thinkers have showcased their creative thinking and writing skills in the area which interests them like poems, stories, articles, and drawings. I hope you enjoy the second volume of Dhyatva.

#### Mrs. Debjani Sengupta

A school magazine is a literary magazine that contains writings of the teachers and the students of a school. It is a forum for young learners to express their ideas, hopes and imaginations. Almost all the aspects of the school are reflected in it. It is an important milestone of the progress and prospect of a school. Our school magazine generally contains poems, short stories, essays, jokes and report of cultural activities of the school.

Please enjoy reading this magazine where our students have expressed themselves in different art forms.



Mrs. Poorna M.S

Mrs. Debjani Sengupta (left) & Mrs. Poorna M. S. (right)



HEAD BOY, HEAD GIRL Amogh Shrivastava, IX-A Shreya Kadam, IX-B HEAD BOY, HEAD GIRL Ashwajit Khan A, X-A Kritika Naik, X-A

#### **COMMANDER IN CHIEF**



Arjun Mallar, IX-B | Rishika Teja Reddy M, IX-A

CULTURAL AND SPORTS SECRETARIES

School Cabinet



Nidhi M Maranoor, IX-A Heeba Mehek Khan, IX-A

School Cabinet

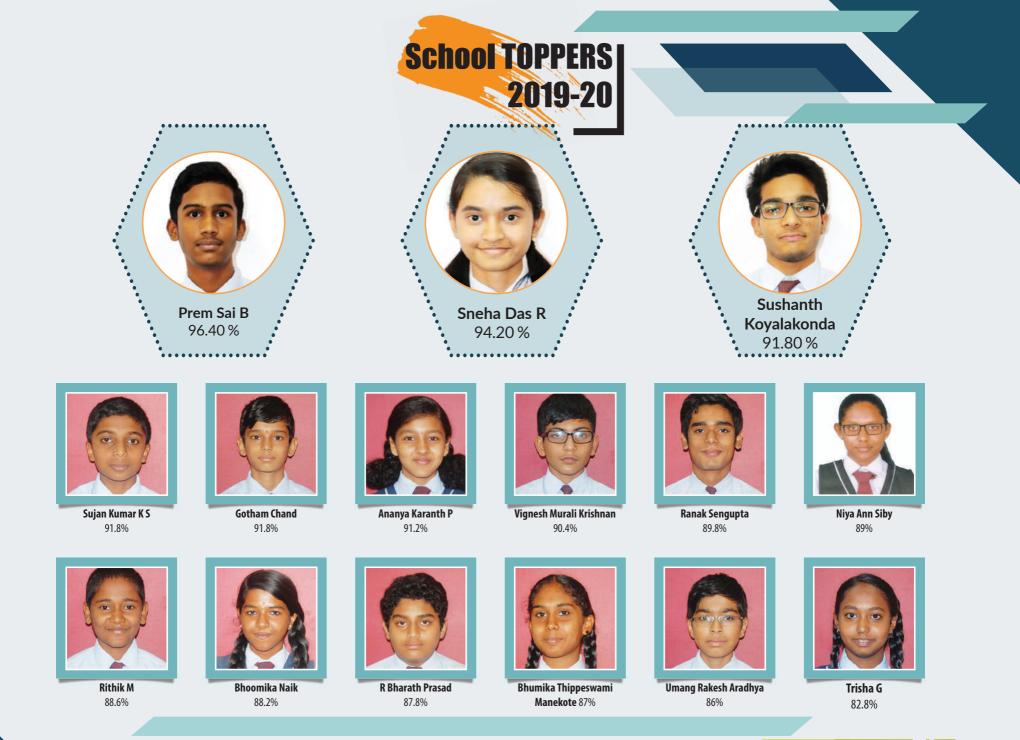
SCHOOL CABINET

**HOUSE CAPTAINS** 



Yellow - Mirthula Fernando S, IX-A Green - Teena Sofiya M, IX -A Red - Sudhiksha G, IX-B Blue - Kavya Shree K, IX-B NCC SENIOR Charishna Y, IX-A







Hariprasad BK 81.6%



Lekha Shree S 80%



Jana Srihitha 78.6%



**Manoj S Pujar** 78.6%



Joshwin K Shony 76.6%



Anjo Binoy 76%



Pramukh Sagar 73.8%



Aditya P Arun 72.2%



**Ashwini A** 71.2%

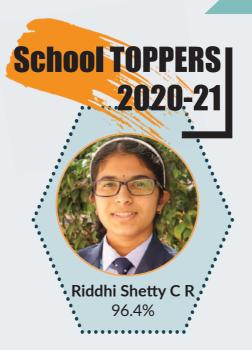


Balasubramanyam 69.6%



**Anushka** 69.4%









Christina 94.8%



Akshaya R



94.4%



D S Srijith 94.2%



Kanishka Sharma 93.8%



Jayadeep A 93.8%



Yug Dhanuka 93%



Miyana 93%



Abhijna 93%



**Catherine Infanta** 92.8%







Vrajani 92.2%









Anil



Rashmi R K 92%



**Srushti** 91.6%



Melvin Santo Joseph 91.6%



**Shreyas D** 90.8%



**Thrisha R** 90.8%



Manu T J 90.6%



**Tamanna** 90.4%



Shreya K C 89.8%



Prajwal S M 89.8%



Kavyashree M 89.8%



**Jayarama Krishna** 89.4%



Yashashvi 88.6%



**Winston** 88.4%



**Maria Tony** 88.4%



Nisarg Raj 88.2%



Pragna G 88%



Mehul Sachdev 87.4%





**Abhniesh M** 87.4%



M V Amarnath 87%



Yadunanadan 85.8%



Glen Hansel 84.6%



Shamitha S 84%



Divyadarshini M 83.8%



Sheldon Joby 82.2%



Aditya Pravin Mane 82.2%



Salaman Labib 82%



Mathew Praveen 81.2%



Amos Lensten 81%



Hiya Thaker 80.4%



**Bhoomika G P** 79.2%



**Vidhya B** 77.6%



### "All our dreams can come true if we have the courage to pursue them"- Walt Disney.

Dhyatva is the outcome of the dreams fulfilled by the staff and students of SFS Academy. In 9 years, the dream of becoming one of the best - topped rank schools in India has been accomplished by SFS Academy. It is a privileged moment for the staff and students to be proud of this prestigious institution. The school has a strength of 2229 students, 113 teachers, 15 administrative staff and 31 housekeeping staff including the gardener.

Due to the pandemic, the functioning of the school was purely on online mode via Microsoft Teams.

#### **School Reopening**

Bearing in mind the situation of Covid-19, the academic session for the year 2021-2022 commenced online classes on June 7, 2021 via Microsoft Teams for the students of grades Pre KG - X.

From August 23, 2021, onwards offline classes had commenced for the students of grades IX and X. Based on the circular received from the education department and considering the parents' consent, the offline classes for grades VI, VII and VIII were conducted to ensure a better teaching and learning environment for the students and teachers.

Later, adhering to the norms given by the Government of Karnataka, the offline classes for Pre KG to V commenced from February 28, 2022.

#### **Bienvenido**

The Academic Inaugural Ceremony of SFS Academy, Bienvenido - 2021-22 was organized virtually on June 12, 2021 at 9:00. The inauguration was streamed online on the school's YouTube channel. Despite the ongoing Covid-19 situation, the staff and students came together to make this ceremony a successful one.

The finance administrator, Rev. Fr. Tony A. J. gave an inspiring speech highlighting the importance of positivity and optimism at this unprecedented time. Our principal, Rev. Fr. P. M. Lawrence also addressed the audience, wherein he highlighted the importance of spending our time with our loved ones.





#### Azionare

On June 25, 2021, the annual investiture ceremony of SFS Academy - Azionare was held to inculcate in the minds of our students a sense of service and honour towards our school. Due to the COVID restrictions, the ceremony was broadcasted live on the school's YouTube channel. The ceremony was organised with pomp and vigour as the school cabinet for the academic year 2021-22, was sworn in to take up the responsibilities and to lead the school to a wonderful year.

The Manager of SFS Group of Institutions, Rev. Fr. Joshy Philip addressed the gathering. The cabinet led by the Head boy, Ashwajit Khan and the Head Girl, Kritika Naik received the badges and sashes and were inducted into their respective commands. The cabinet solemnly took the oath to uphold the motto of the school to the best of their ability.

#### **Principal's Day**

The Principal's Day was celebrated on August 11, 2021. This day was utilized by all the students, teaching and non-teaching



staff to express the sincerest gratitude to our beloved principal Rev. Fr. P. M. Lawrence for his commitment, guidance and support. He was showered with a lot of thank you letters, videos, etc. from the students and staff. An entertaining programme was arranged by the staff to show how much they appreciate the efforts and pressure he goes through to make the school great.

#### Independence Day

The 75<sup>th</sup> Independence Day at SFS Academy was marked with great joy and enthusiasm. The celebration filled the air with patriotism and it was a tribute to the freedom fighters who sacrificed their lives for giving us this freedom. The teaching and non-teaching



staff gathered together in the school. The chief guest of the day was Brigadier Ravi Muniswamy, whose speech emanated a true



connotation of patriotism. The Principal, Rev. Fr. P. M. Lawrence addressed the gathering by stressing the importance of our independence and how the modern generation can get inspiration and motivation to work towards the progress of the country.

#### **Teachers' Day**

"The influence of teachers extends beyond the





classroom, well into the future." SFS Academy celebrated Teachers' Day with happiness and love. The students under the guidance of the principal, Rev. Fr. P. M. Lawrence and the cultural committee organised a dazzling program acknowledging the untiring efforts and support of the teachers. Through the amazing cultural show, the students expressed their love and recognition towards the teachers for helping them in securing a bright future.

Medical Check-up and Blood Donation

"True wealth is having a healthy mind, body and spirit. And true wealth is knowing to manoeuvre and navigate the mental obstacles that inhibit your ability." The teaching and the non-teaching staff of SFS Academy had an amazing experience, on September 30, 2021, at the free medical check-up and blood donation





camp organised by the school management in association with the Foundation for Sustainable Health India (FSHI).

The doctors from Narayana Hrudalaya, Dr. Agarwals Eye Hospital and Oxford Dental College and the Biocon Trust team lead the



staff of the school with the checkup. The team also conducted b r e a s t c a n c e r screening.

The school is proud of the fact that 32 staff contributed towards the Fr. P. M. Lawrence noble cause of blood donation. also addressed the

#### Gandhi Jayanti

SFS Academy celebrated Gandhi Jayanthi, the birth anniversary of Mahatma Gandhi;



the father of our Nation on October 2, 2021, in the school. It was a semi-formal function where the teachers gathered to celebrate the occasion. The gathering began with a prayer song, followed by bajan and a speech given by one of the staff. The principal, Rev.

UP & BLOOD DONATION CAMP



Fr. P. M. Lawrence also addressed the gathering highlighting the teaching of Gandhiji.



On November 1, 2021, the students and staff



celebrated the most joyous occasion of the state – Kannada Rajyostava. The chief guest of the event was Dr. R. Vaadiraaju.





The day was filled with incredible events showcasing the glory of the Karnataka state. The program included a harmonious group song, the portrayal of the famous personalities of Karnataka by the kindergarten students. A debate competition was also held on the topic: The development of a country is possible only with the help of technology, by the high school students. An expressive skit based on the emergence of the Hoysala Dynasty was also enacted by the students.

#### **Children's Day**

On November 13, 2021, SFS Academy celebrated Children's Day commemorating the birthday of the first Prime Minister of our country Pt. Jawaharlal Nehru. Students from KG to grade V were invited to school to celebrate this day. They had a joyous time



coming to school after 2 years. The school staff amused the children with their fine music, dance and skit. The chief guest of this special day was Ms. Jnana Gururaj AG who has set a benchmark for her achievements. The five-year-old girl truly inspired every single individual with her soothing voice.





#### **Capacity Building Programmes for Staff**

In this academic year, until February, 76 teachers of SFS Academy attended 38 capacity building programmes organised by CBSE to equip themselves with the updated teaching-learning methodologies.



#### Christmas

Christmas is the most wonderful time of the year. It is the time of giving, sharing and spreading love. SFS Academy celebrated Christmas on December 23, 2021, at 9:00 AM. The chief guest of the function was Rev. Fr. Vinod Kanat and Rev. Fr. Joshy Philip. The celebration began with an introduction, followed by a prayer song and a welcome speech. The students exhibited a colourful dance performance and a beautiful musical skit, following which the school choir mesmerized the audience with their Christmas carols. Rev. Fr. Vinod Kanat addressed

the gathering and gave a meaningful message on the importance of celebrating Christmas. The celebration ended with a vote of thanks by one of the students.





The British Councils' International Dimension in Schools (IDS) is a benchmarking scheme that accredits schools as having an outstanding level of support for nurturing global citizenship in young people and enriching teaching and learning. It has a positive impact on not just the students, but also the teachers.

The International School Award is now called International Dimension in Schools (IDS) and this applies to all schools that had enrolled in this programme. To continue on the path of academic excellence, our school strived to gain accreditation with the International Dimension in Schools (IDS) from the British Council.

The programme supports schools in fostering an international ethos throughout the school and embedding it within the curriculum. IDS team developed a wide range of transdisciplinary activities that involved students from grades Pre KG - X. The projects and activities were catered to diverse needs, ages and interests of the learners, to inspire them to be commendably responsible global citizens. We also set about establishing links with various schools from different countries like USA. UK. Tanzania. Nepal and Greece. The activities helped the students to showcase their talent and skills. It nurtured their critical thinking, creative approaches and interconnectivity across various disciplines to appreciate one's own



AFFILIATED TO CBSE, NEW DELHI. AFF. NO.: 830745 ELECTRONICS CITY, BANGALORE, KARNATAKA, INDIA

#### IDS TEAM



### **INTERNATIONAL DIMENSION IN SCHOOLS (IDS)**

culture and to sustainably value and respect other cultures throughout their lives.

The school under the able guidance of the principal, Rev. Fr. P. M. Lawrence, built up a team wherein two teachers were trained by the British Council.

With the endless cooperation of the SFS family of teachers, students and parents, our school was bestowed with the prestigious award.

## Students participating in BRITISH COUNCIL -IDS ACTIVITY

"Focus on the journey, not the destination. Joy is found not in finishing an activity but in doing it." – Greg Anderson

IDS project had seven activities in total. The students within the school were involved in the international framework, collaborative curriculum-based work and year-round international activity. Our work comprised of planning, coordinating and organising various activities with all the teachers in charge of pre-primary, primary and secondary sections.

Four in-house and three collaborative activities were conducted which included; mask making, painting, collage, poster making, report writing, PowerPoint and project presentation, story writing, cooking without fire, sharing the reports with partner schools, etc.

SFS ACADEMY

radha

SFS ACAF

ISAACT

LAVOURS OF 3

COOKING

Students explored their creativity and innovation matrix to the fullest and identified themselves to be the global citizens of tomorrow.



## SPECIAL EVENTS

## Interschool Sports Meet - Game Time

"Victory is in the quality of competition and not the final score."

December 20, 2021, was a historic day for SFS Academy, as we held an Interschool Sports Meet.

Game Time; the meet between SFS Academy and SFS Public School ICSE & ISC gave an amazing opportunity for students to showcase their remarkable sportsmanship and how to be gracious and respectful towards others on the field. The principals of SFS Public School ICSE & ISC, Rev. Dr. Jabamalai and SFS Academy, Rev. Fr. P. M. Lawrence presided over the meet.

The interschool meet commenced at 9:00 AM at SFS Academy's basketball court. It was a semi-formal inauguration that began with a prayer song and was followed by dance performances by both schools. Rev. Dr. Jabamalai inaugurated the meet. The teachers and students showed exuberant support for their teams.

The high school students of both the schools participated in the meet enthusiastically. Basketball and cricket were organised for boys whereas for girls throw ball and basketball. In the boys' events, SFS Public school ICSE & ISC won the winners title and in the girls' events, SFS Academy. The winners of the events were felicitated with certificates and medals. It was undeniably a great time for the students to have a healthy competition and make the best out of it. The students were grateful to their principals for arranging such a fun-filled day.



## FIORITURA CHILDREN'S DAY 2021

SFS ACADEMY

FIORITURA

CITY BENGALURU 100

EN'S DAY

ECTRONICS



"The earth reveals its innocence through the smiles of children."

To make the day truly a special one and to bring out those innocent smiles, the students were invited to the school to celebrate Children's Day on November 13, 2021.

It was the most awaited day for the students as they had a wonderful time during the celebration. Students from KG to grade IV were super excited as they were allowed to visit the school after two long years.

They were overjoyed meeting their principal, teachers and friends. The little ones made the school look amazing with their colourful attire.

The programme started with a magic show for the students, followed by a lot of mesmerising performances by the teachers, which included music and dance performances and a skit. Even the principal, Rev. Fr. P. M. Lawrence astonished everyone with his melodious voice.

The chief guest for this special day was Ms. Jnana Gururaj AG who truly has set a benchmark as a child artist as she bloomed into the limelight when she secured the place in 'India Book of Record' for singing more than 20 songs, with backing tracks at the age of two and a half years. Jnana enthralled the crowd with her melodious voice and also, she shared her experience of her accomplished journey in the field of music. There was also an interview session with Jnana by one of the students. After the open-air celebrations, the students were taken back to their classrooms by their respective class teachers. The decorated classrooms were filled with surprises and gifts for them by their teachers.

### DESALITE CARNIVAL 2020-2021

#### "Be remarkable! If you are always trying to be normal you will never know how amazing you can be."

It was an incredible moment for SFS Academy when the prestigious rolling trophy; Desalites Vencedora, 2022 was lifted by the principal, staff and students on February 5, 2022.

SFS Public School ICSE & ISE hosted the carnival. The chief guest for the day was Rev. Fr. Vinod Kanattu, the Provincial Bursar and the guests of honour were Rev. Fr. Saju Jose, the Superior of Mermier Bhavan and Rev. Fr. Roy PK, the Principal of SFS Degree College. Apeksha, a junior singer from the Kannada industry was a special invitee for the day.



In the year 2020-2021, SFS Academy hosted the event and in the very next year, the school became the champions. In the individual and the group events, our pearls made sure that they stood out first or second. It was indeed a proud moment for the school.

explites

01.2021

**ADMINISTRA** 

Under Category I, for fancy dress - Tanisha S secured 2<sup>nd</sup> place and Aadrika Vikas secured 3<sup>rd</sup> place. SFS Academy bagged all three positions for solo dance. The winners were - Aarna Karkera (1<sup>st</sup> place), Darsh Biju (2<sup>nd</sup> place) and Haashvitha P (3<sup>rd</sup> place).

In Category 2, for group dance, SFS Academy secured 1<sup>st</sup> place. And in Category 3, our school secured 2<sup>nd</sup> place in group dance and 1st place in group song (English) and mime.

The carnival had something in store for everybody; it was an amazing time for the students and teachers. The zest and zeal exhibited by an enthusiastic crowd of visitors and participants made the Desalites' Carnival a memorable one.



Math Game-a-thon competition was organised by Prodigy Education. It was a free online Math platform that makes learning fun. The students of grade V actively participated in the tournament which was held for 10 days from August 5 to August 15, 2021, and SFS Academy secured the second position in the interschool competition. The students solved the assignment by completing the levels in the form of games. The overall school topper was Ethan Jayan Joseph of grade V D. Ethan Jayan Joseph secured first place in the competition. The top three scorers were Ethan J, Rick L and Jayavardhan. It was a marvellous experience for the students as they could explore the fun side of Math.

## GRADUATION DAY

The pandemic wasn't a reason for not having any gathering or celebration in the school. The graduation day for the students of grade X 2020-21 batch was conducted in school.

SFS ACADEMY

The graduation day of the third batch of SFS Academy was organized on March 27, 2021, in the school amphitheatre. The graduates along with their parents attended the ceremony.

The chief guests for the day were Rev. Fr. Riju and Sr. Jacenta. The guests addressed the gathering and then they were felicitated by the principal.

The day had become a distinctive one with the dance performance of grade IX and the memorable experiences shared by the students of grade X. The principal, Rev. Fr. P. M. Lawrence also addressed the students emphasizing the importance of schooling and the values to be carried forward in their life. The graduates were felicitated with graduation certificates and trophies.

## ART INTEGRATED PROJECT GRADE X

In the year 2020, CBSE introduced Art Integrated Learning (AIL). This initiative was welcomed by everyone as it focuses on experiential learning which provides a rightful learning environment for all learners. Accordingly, students could engage in art activities and construct personal meaning through their learning in an art integrated environment.

The main objective of developing such integration was to target the areas of cognitive, socio-emotional and psychomotor domains of the learner.

As per the CBSE circular each state had to be paired up with another state and the students were expected to do a study of comparison.

In the year 2020, the art integrated project was based on a comparative study of the two states; Karnataka and Uttarakhand. In this regard, one topic was selected for each subject/ language. Based on this, the students of grade X (2020-2021 batch) worked on an art integrated project focused upon five major subjects. The entire class was divided into groups and they worked on different subjects and the presentation of the same was integrated with art.

For English, the students prepared an analytical paragraph based on the lesson Bholi, wherein the students compared the dowry - related issues or cases in both states.



And in Hindi, the students' performed a role play comparing the two states based on one of the lessons.

For Social Science, the base concept was agriculture, where the students' discussed and worked on the harvest festivals of Uttarakhand (Phool Dei) and Karnataka (Makara Sankranti). The students performed the traditional dance performance of both the states as part of art integration.

For Science, the students worked on the usage of high yield varieties of seeds for agriculture, presentation for the same was done in the form of a collage.

For Mathematics, they prepared a project on the total land area covered in agricultural activities, the output of production during the harvest and the land usage policy of Uttarakhand and Karnataka.

The students had an incredible experience while doing this art integrated project. They got an opportunity to explore horizons of understanding their own state Karnataka as well as Uttarakhand.

## A DREAM into REALITY A DREA A DREAM into REALITY

The

maestro of music Beethoven once said, "Music can change the world". It has the divine power to change minds. Over the past two years, the world was inflicted with many changes: it faced one of the worst of all times: Covid. It changed the lives of millions of people around the globe. "It is difficult to say what is impossible. for the dream of yesterday is the hope of today and the reality of tomorrow." One such dream of our beloved principal, Rev. Fr. P. M. Lawrence was made into reality during the times of uncertainties. Fr. P. M. Lawrence envisioned this momentous task to showcase the invisible talents of our students. The release of the very first album song CD was done on March 27, 2021, during the graduation day celebration.

A Dream anto Realaty

GO COVID 19

ACK SINGERS

#### This

was indeed extensive work; the hard work of the teachers and students under the guidance of our principal. The very first initiative was a poetry writing activity which was conducted by the Literary Club (English) for grades I - X. The key objective of the whole activity was to bring out the writing skills of our students. The students were given the following themes to write a poem:

Category I (Social Distancing): My Distance, Six Feet,

Category II (Stay home Stay safe): My Home My Office, Home Alone,

Category III (Intake of Vitamin C and D): Eyes Speak (Face Mask), Made in Woo-han!

Category IV: Natural into Virtual (Classroom to Online) and 99.9% (Sanitizer). The best poem from each category was selected and the music teachers composed them.

The poems of Pramod Irappa Koti (VI B), Shaun Joshua Pais (IV D), Arya Singh (VII A), along with the other two poems written by the teachers Mrs. Nisha Johnson and Mrs. Regina Benjamin were composed by the music teachers: Mr. Pritham Rale Pinto, Mr. Chitta Ranjan Nayak and Sr. Jacenta.

> The students of the school choir; Felizya Shenil, Advaith A Paduval, Royston Periera, Sophia Sequiera, Albina Belicia, Ranak Sengupta, Jiya Jayaraj, Aiyana Angela North and Shreyas made the album songs a musical and sweet-sounding one.

On March 27, 2021, the first song of the album was released by the chief guest of the day, Rev. Fr. Riju. He was requested to release the album and hand over the CD to our principal, Rev. Fr. P. M. Lawrence. We have got a few songs in hand yet to be released. The Covid time was made use of in a better way to exhibit the talents of our students.

## **CARPEDIEM 2021-2022**

CARPE DIEM inauguration was done virtually in August 2021 for the students of grades I - IX.

The following were the list of events conducted for grades I - V; advertisement video, semi-classical dance, solo singing, elocution, fancy dress, news reporting, poem recitation, story-building and wealth out of waste.

The events conducted for grades VI - IX were caption the picture, comic

strip, declamation, fashion designing, feather art, jewellery making, news reporting, photography and videography.

All events got started from August and went on till the end of December 2021 through Microsoft teams. Students were asked to upload videos of various events with a maximum time limit of two minutes.

The prize distribution for the various events was done by Fr. P. M. Lawrence, academic coordinators, Mrs. Debjani Sengupta and Mrs. Sarika Mishra, staff secretary, Mrs. Poorna, and Mrs. Asha Hari on February 2, 2022.





### KG CARPEDIEM 2021-2022

To provide our students with an opportunity to showcase their talent, CARPE DIEM – Kids Fest was organised. A brochure listing the different events and instructions was shared with the students and their parents.

- Events like colouring (Pre KG and LKG), origami and handwriting (UKG) were conducted online on November 19, 2021, through Microsoft Teams.
- Reading (UKG) and creative attire (LKG and UKG) events were conducted live through Microsoft Teams. Teachers from SFS Public School (ICSE & ISC) and SFS High School were invited to judge these events on November 26, 2021.
- Other events like solo dance (LKG and UKG), solo song (LKG and UKG), elocution (LKG and UKG) and rhymes/stories were judged through pre-recorded videos on January 8, 2022. Parents were asked to record videos for these events following the instructions given by the School Management and CARPE DIEM committee. Teachers from SFS Public School (ICSE & ISC) and SFS High School were invited to judge these events.

The students and their parents were appreciated and the winners were honoured in a prize distribution ceremony conducted on March 5, 2022. Rev. Fr. P. M. Lawrence and Rev. Fr. Victor Kujur distributed the certificates and medals to the winners.

The programme ended with a vote of thanks and a photo session for all the winners. ELECTRONICS CITY B

FUENZO

Along with the CARPE DIEM winners, the winners of Fuerza (an annual cultural event for the parents) were also awarded trophies and certificates on March 5, 2022. ult

ELEC1

ELECTRONICS CIT

ılturo

Over the past two years, because of Covid, everyone was confined to the four walls of the homes, due to which the cultural fests were not organized on the school campus. But this year SFS Academy came up with an alternate way of conducting our fests. Fuerza was conducted virtually.

The following events were conducted for ladies; solo song, solo dance, magic show, traditional attire and fruit carving. Solo song, solo dance, Mr. Sylvester, standup-comedy and sand art were the events conducted for gents. We highly appreciate the efforts and hard work put in by the parents. Rev. Fr. Mathew Elyedathumadathil honoured the participants and the winners with certificates and trophies.



















## **ENGLISH SECTION**

In the second se

## **MY SCHOOL**

At my School, we dance At my School, we play At my School, we sing And learn all day. At my School, we draw At my School, we run At my School, we run At my School, we eat And share with my friends. At my School, we like to learn And see our beautiful teachers. At my School we love everything And have fun. Now, we miss everything. Hope we will get back there soon.

lan Samuel, I-A

## **MY SCHOOL**

My school, my school Beautiful and so cool. Our teachers are so nice, They give knowledge and advice. My school looks so simple, But to us, it's a temple.

In the morning we pray Study there the whole day. When the life of school ends We have a bunch of many friends, I will only be a fool, If I don't miss my school. My school, my school Beautiful and so cool.

Naumika S, I-F

DESALITE DHYATVA-2021

## The Real Super HERO

Hey Hey Superman!! Hey Hey Batman!!

Are you real superheroes? No No No

Our real superheroes are the DOCTOR GANG!! They save us, protect us. They don't have a cape, But wear mask and gloves.

They fight coronavirus, With pills and injections.

Doctors are the bravest hero in the world!!!

Samanyu Das, I-A





My school, my school My big school, my big school. Every day I wake up and go To school, see all my friends See all my teachers. My teacher, teacher, teacher My teacher teaches me. I love my teachers. I love my friends. I love my school.

Ayra. P, I-D

Going to school is fun! I run in the playground sun! I learn to read and I read to learn! To read I wait for my turn! I add and subtract and I count quite well! I go on field trips and do show and tell!



Daniela Stephen, I-E



#### My School



My school is one of the most popular schools in town. It is called SFS Academy. My school building is very spacious and beautiful.

My school has a huge playground where I can play various outdoor games.

I have many friends in my school where we study and play together and perform activities. My school teachers are very kind and caring towards everyone. We celebrate all national functions at my school with great pomp and show. My school has a huge library where we can read books. My school conducts physical education classes once every week. My school has a science lab which is well equipped.

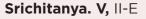
I love to go to school because I learn new things every day.

My school is great and pretty. It is one of the top best schools in our city. Even my classroom is very spacious and more creative. We will do so many activities with more fun.

Our principal is an effective leader and a great listener.

My teachers are fair - minded. They have a friendly attitude and monitor students' achievements.

Sai Charan, II-D





## **MY SCHOOL**

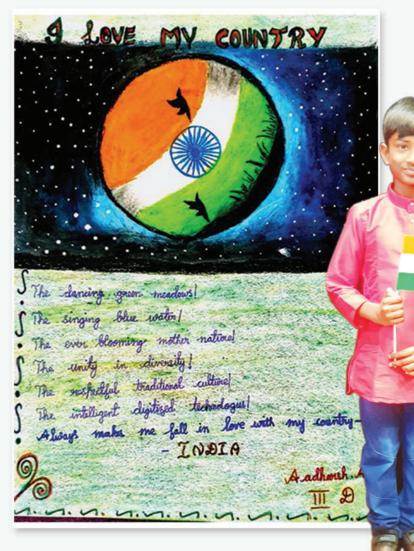
The name of my school is SFS Academy. My school is the best school in town. We have an amazing staff. They love and motivate us. They always bring the best out of us.

Fr. Lawrence is our principal. He is very good and kind.

There are more than 2000 students in our school. We have a big building, airy classroom, good library and huge playground.

I study in class II. I love my school. Hope Covid settles down and I will be back with my friends.

Elizabeth Rose George, II-C



Aadharsh A J, III-D

#### CHILD'S WORK @ SCHOOL

The Food

The food I don't like is puttu. It is a Kerala food and it is made of rice. It is very easy so my mother makes that every morning. The problem is that when they serve puttu after five minutes, the puttu will turn into a rock and I will not eat it. When I ask for another food they will not make another food then I will starve and fight and she will scold me and I will cry.

#### "PUTTU BREAKS RELATIONSHIP".

Jais Joseph Soji, III-B

Section - B

Creative writing

I. Write a paragraph on 'The Food I Don't Like'.

The food I don't like in putt, It in a karelia tood and it in made of rice, It in very easy so my mother makes that every morning. The problem in that when they reque put after tive minuter the puth will twom into a rock and I will not gat it and when I ark for another good they will not make another good they will not make another good after will not make another good they will not make another good and then I will starve and fight and the will not and will ever. Putt breake seldionship



# VIRTUAL FUTURE

Life itself will be a game in the Year 2100. All relatives would have grown model, and I would have been operating like a ROBOT.

Cars would fly and I would immerse myself in the world of technology.

I will probably see a screen right in front of me without an actual TV right by giving the command "Open TV".

Buildings could probably reach space and would be called "Space Scrapers". Robots and humans may not have any difference at all, including brain intelligence and emotion.

There will be no diseases and no life on earth since medical scientists would have discovered immortality.

Might be I may have a chip inside me and I could behave, look and talk like others. For e.g.: possess my friend in me.

Trains and buses will not be seen on road anymore, but will rather be preserved in museum to show kids how the 20<sup>th</sup> century used transportation. With machines and technology, the life will get interesting, but life is now much better with our loved ones caring and playing. I would not like a Robot to cook and serve me food, or play carom board with me.

We may start living on Mars and build SFS Academy there. SFS Academy may have drones to carry kids to school instead of yellow buses.

At last, I only wish teachers continue to teach at school and never would be replaced by any technology because no technology can love us as much as teachers.

Shrihan Perdoor, IV-D



## Spring Time!!!

The wind told the grass The grass told the trees The trees told the bushes The bushes told the bees The bees told the robin The robin sang out loud "Wake up! wake up!

> Spring is here!!" "Wake up! Wake up! Spring is here!!" "Let's hop & stop & smell it all Let's walk & talk & sing it all Let's water the plants & watch them bloom Spring is here! Spring is here! Wake up! Wake up! Spring is here!"

Nabeeha Ismath Fathima, IV-B

## Life After COVID

I was enjoying my school days, A virus came and closed my school ways. Corona virus made everyone to stay at home, All of us started to work from home.

The roads are empty, The crowds too small, And no trace of life outside anywhere.

Life after Covid changed everything. Everyone learnt the importance of cleanliness. Social distance, washing hands, wearing mask, Were the important rules nowadays. Life after Covid changed everything.

Manvitha Bhat, VI-D

Life after COVID

Early two years ago, we stopped going to school, or to work. Rather, we started opening laptops and attending classes and working online. Till now, we have been doing the same, but on the news of recent vaccinations, school campuses and colleges are opening with many of them inviting students of higher grades. Many offices are open too. But the virus is not to be forgotten any time soon. It is now normal for children to go through what's called depression. Now that, the schools are opening and Covid is going down, life may just become a tinier bit normal. Even though the schools and offices will open, not many people will come in the starting 1-3 weeks, a few will not for 1-2 month. When it comes to parents, I'm sure there will be two different kinds of reactions, one is whether to send back children to their normal school life and the second one is a feeling of relief. The children will have to adapt back to sitting on one, small and thin bench for approximately 8-10 hours. Teachers and tutors, due to the use of the Microsoft Word and Google Docs, will suffer for a few days after the start of offline classes. The teachers will find it hard correcting notes and using the blackboard and of course coming out of their comfort zone of home, while other people will find it difficult to move out of work-from-home. This is going to be a tough process for everyone.

We have adopted too many things, which before seemed like jokes. Now we will have to adapt to something that seems less like a joke and rather something that feels like a nightmare.

Many people have had their fair share of suffering in the pandemic, still many are suffering in terms of wealth and health. I can say the crowd here in Bangalore is mainly because of IT companies. Now, companies are asking their employees to continue working from home for the coming 1-2 years, which directly or indirectly hampers the business of those who were depending upon them like, canteen boys, office maintenance staff, and of course not to forget, nearby small tea stalls. I have seen those PGs packed with guests. The roadside restaurants over crowed with those street food lovers. But now the scene is completely different.

After covid, the so-called smartest way of greeting or welcoming by shaking hand will change to a quick "Namaste". Not to forget, instead of offering some drinks, it will be quite normal to ask "Do you have a sanitiser of your own or should get one?" Sanitiser will be the first thing to place in our bag before keeping our phone, wallet and keys. While travelling, the ticket collector may excuse us for not possessing the ticket but a Covid vaccine certificate is a must. Lastly, we will be prepared for many more unknown situations.

Growing old, we will remember those days of lighting the lamp, clapping, and of course the sound of sirens from ambulances now and then.

Sambhav Mohanty, VI-B

Once, a man got lost in a desert. The water in his flask had run out two days ago, and he was on his last legs. He knew that if he didn't get some water soon, he would surely die. The man saw a small hut ahead of him. He thought it would be a mirage or maybe a hallucination, but having no other option, he moved towards it. As he got closer, he realized it was quite real. So he dragged his tired body to the door with the last of his strength.

The hut was not occupied and seemed like it had been abandoned for quite some time. The man entered into it, hoping against hope that he might find water inside.

His heart skipped a beat when he saw what was in the hut – "a water hand pump......" It had a pipe going down through the floor, perhaps tapping a source of water deep underground.

He began working the hand pump, but no water came out. He kept at it and still nothing happened. Finally, he gave up from exhaustion and frustration. He threw up his hands in despair. It looked as if he was going to die after all.

Then the man noticed a bottle in one corner of the hut. It was filled with water and corked up to prevent evaporation.

He uncorked the bottle and was about to gulp down the sweet life-giving water when he noticed a piece of paper attached to it. Writings on the paper read: "Use this water to start the pump. Don't forget to fill the bottle when you're done."

He had a dilemma. He should follow the instruction and pour the water into the pump, or should he ignore it and just drink the water.

> What to do? If he let the water go into the pump, what assurance did he have that it would work?

Believe me, it works!!!

Aditya S Pujeri, VI-E

What if the pump malfunctioned? What if the pipe leaked? What if the underground reservoir had long dried up? But then... maybe the instruction was correct. Should he risk it? If it turned out to be false, he would be throwing away the last water he would ever see.

Hands trembling, he poured the water into the pump. Then he closed his eyes, said a prayer, and started working the pump.

He heard a gurgling sound, and then water came gushing out, more than he could possibly use. He luxuriated in the cool and refreshing stream. He was going to live!

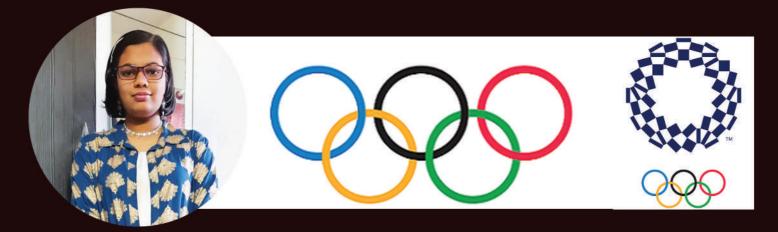
After drinking to quench his thirst and feeling much better, he looked around the hut. He found a pencil and a map of the region. The map showed that he was still far away from civilization, but at least now he knew where he was and which direction to go.

He filled his flask for the journey ahead. He also filled the bottle and put the cork back in. Before leaving the hut, he added his own writing below the instruction: "Believe me, it works!"

This story is all about life. It teaches us that "We must GIVE before We can RECEIVE Abundantly." More importantly, it also teaches that FAITH plays an important role in GIVING.

Water in this story represents the Good things in Life. Give life some "Water" to Work with, and it will RETURN far more than you put in...... !!!





## **TOKYO OLYMPICS 2021**

The Olympic Games are known as the world's foremost athletic competition; over 200 nations participate in this event that happens once in four years. The Olympic Games first began in Ancient Greece at Olympia.

The first modern Olympics happened in 1896 in Athens Greece. The Olympic Games program consists of 26 sports, 30 disciplines and nearly 300 events, and Tokyo Olympics was scheduled to begin on July 23 after a year-long delay due to the Covid 19 Pandemic.

This was the first time that the Olympic Games have been postponed and rescheduled rather than cancelled. The opening ceremony of the Tokyo Olympics 2021 took place on July 23 at the newly built national stadium in the Japanese capital while the closing ceremony was held on August 8, 2021, at the same venue.

Leaders from around 15 countries attended the July 23<sup>rd</sup> opening ceremony of the Tokyo Olympics. Ten reports in Japan have suggested that the number of people attending the ceremony in person was as low as 1000 due to the pandemic.

The International Olympic Committee (IOC) approved five new sports for the Olympic Games Tokyo 2020 and those were surfing, sport

climbing, skateboarding, baseball and karate. A total of around 11000 athletes from 206 countries participated in 33 sports in Tokyo Olympics 2020.

The mass code of the Tokyo Olympics 2020 was named Miraitowa14. The opening ceremony for Tokyo Olympic 2020 started at 8 PM Japan local time and the sporting events during the Olympics 2021 started as early as 9:00 AM Japan time.

The gold, silver and bronze medals awarded to competitors at the Olympics represented the highest levels of athletic achievement at the games. The design of this year's medals depicted the Japanese culture,

India's super seven gave the country its most successful Olympic campaign. India got seven medals - one gold, two silver, four bronze - Tokyo 2020 has been the most decorated Olympic Games in India's history.

- Medal 1 (Mirabai Chanu Silver, women's 49 kg weightlifting)
- Medal 2 (PV Sindhu Bronze, women's singles badminton)
- Medal 3 (Lovlina Borgohain Bronze, women's welterweight boxing)
- Medal 4 (Men's Hockey Team Bronze)
- Medal 5 (Ravi Kumar Dahiya Silver, men's 57 kg wrestling)
- Medal 6 (Bajrang Punia Bronze, men's 65 kg wrestling)
- Medal 7 (Neeraj Chopra Gold, men's javelin throw)

The Olympic Games Tokyo 2020 concluded as the most successful in India's 120-year history of the competition.

The Olympic logo also known as the Olympic rings consists of five intervened rings and represents the unity of the five inhabited continents America, Africa, Asia, Australia and Europe.

There are the winter and summer Olympics that are held alternating as well, a body is known as the International Olympic Committee oversees all matters regarding the Olympic games.

#### Shifa .M, VII-A



Let Chole Bhature be famous in Delhi and Pav Bhaji be famous in Mumbai, but you won't get anywhere the taste of "Ragi Mudde" like our Bengaluru.

The traffic of Bengaluru might steal away your sense of adventure. But once you enter you will become homely to Bengaluru.

Cute Hindi, cute English and cutest Kannada your mouth never stops joining the chorus of our state song. "Jai Bharata Jananiya Thanujate".

Let it be Flipkart, Walmart or Infosys monthly they started their life from our Bengaluru.

It is a home for many people from all over India who comes to live here. It is even home to Kholi and Dravid in IPL.

Kind weather, tall trees, there is nothing more than in life that you need.



World Peace

Peace is like a spring; like the blooming flowers around you.
It is similar to the shiny and bright summer days.
It is as amazing as the starry nights.
As soft as the clouds in the sky, and as sweet as cotton candy.
It gives you company when you are lonely and sad.
When you are at peace with others;
Then the whole world lives in your heart.
It always begins with a smile.
Peace can change the world.

## Salute to the Olympians

Salute to the Olympians It is that time of the year, When people stand and cheer.

Dreams of Olympic gold. Stories will be told. Athletes give it their best, As the world watch them in awe!

Let's support our home team, As they live out their childhood dreams. So let the games begin; The world, as on, will rise and shine!

Abhijith, VII-B



## NAMMA BENGALURU

ALTITUDE

Bengaluru the capital city of the state Karnataka, located in the Deccan plateau in the southeastern part of India is a beautiful city and has many different names like:

1. The Garden City of India,

- 2. IT Capital of India or Silicon Valley of India,
  - 3. The Science City of India,
    - 4. The Space City and so on.

It's also referred to as 'NAMMA BENGALURU' at times which means 'OUR BENGALURU' in the Kannada language. This is a phrase that just adds a feeling of belongingness in our hearts.

Bengaluru is nicknamed the "Garden City". It's the third greenest city in India. Bengaluru has so many gardens and parks which does justice to the name given. We have the Lal Bagh Botanical Garden, Cubbon Park, Lumbini Gardens, Bannerghatta National Park, Cariappa Memorial Park and so on. It is sometimes referred to as the IT Capital or Silicon Valley of India because it is the leading exporter of Information Technology (IT). Famous IT companies include Infosys, Wipro, TCS, Accenture, Mindtree, IBM, Mphasis, etc,

Bengaluru is known as the Science City of India or the Space City of India because of immense development in the field of science and technology like ISRO. It has the emergence of multiple software companies and start-ups. It's not only preferred nationally for investors and start-ups but also globally. It is home to more than 3 million people working for more than 200 software companies.

Namma Bengaluru is also well known for its Kannada film industry. One of the highest-grossing Kannada movies is K.G.F. Chapter 1 directed by Prashanth Neel, which earned about USD 35 million. Bengaluru is also an amazing place to visit because of its beautiful climate. Bengaluru is well known for its delicious cuisines and Brigade-Road and Commercial Street is every shopper's dream. You may turn left or right you will see a shopping fantasy by your side.

Bengaluru (Namma Bengaluru) is the kind of place anybody can fall at first sight. It's one of the fastest - growing cities of India and is an iconic city. It has everything which makes you fall for this wonderful place.

Subha Deep Bhowmick, VIII-A

have never heard people saying that they don't like music, I am literally listening to some music while writing this article!

For me most of the time music makes me say TATA (bye-bye) to the real world and takes me on a ride through my imagination. It shuts off everything from the outside world and I just go with the flow of the music and I'm delighted with the whole process. I want to love like that forever. Anyone else feels like that? I don't think I would live without music.

We just adore songs a lot. I mean truly why else would we talk and write and even dream about it? There are so many singers out there who create marvellous songs that are loved and enjoyed by people. I am jamming to 'Runaway' by Aurora currently and it is amazing. What is your favourite song for now? Music and songs mean vibration and it vibes everything!

Anyway, have you ever thought of why music

# How do you feel?

makes you feel different emotions? There is a chemical link between music and emotions. It's also about how much it touches your heart and how much of a friend that song is to you. Songs make us do things quicker with a buoyant mood and a get-it-done mindset. That's why I love music a lot! If we look at the scientific side, music and songs stimulate different parts of our brain like attention, memory and planning and a feel-good chemical called 'dopamine' is let out by our brain. It's a chemical that is usually released by our brain if we feel happy with the thing we have done and in the end, feel rewarded. The students of the University of Windsor Canada found out that the people who worked in a creative thinking space like a software developer, did their work more effectively and quickly when they listened to music. This also made them think differently and they were more curious and made themselves engaged in the workspace. The sort of music you are into, the way you feel at that time, what you are focusing on, everything depends if you really want to listen to music while studying or working. Most of the time it's great and boosts your mood and you will feel more productive but only rarely would one feel unfocused and more attentive to the words of the song.

So it all goes down to what song and music make you feel good and what actually helps one with the task and otherwise does not form a hindrance to you and your task.

I like this quote and I hope you take something from it too!

"The take-home message is that music is a very powerful management tool if you want to increase not only the efficiency of your workforce but also their mental state, their emotional state- they are going to become more positive about the work."- Dr. Davis Lewis, a neuropsychologist.

Akshaya, VIII-A



Oh, my dear heart, I sometimes wonder how you bear all the pain. You are not even the size of my fist Yet you are strong. I wish I could be like you Strong enough to bear, all the cruelties of the world.

#### You are hurt;

By several known and unknown people Yet you don't give up God has implanted you in all human beings to show love and affection. Yet I don't know why people have used you for wrong. I feel so jealous of you But I know that I am stronger than you.

Morning, morning Brush your teeth, Open your books And sit in front of the screen.

Mask is on, LIFE is down!

In the offline classes Talk, talk, talk! In the online classes Mute, mute, mute!

Covid came, Virus came, Mask is on and life is down. Tired and bored in front of the screen, Our mind is blank and blur.

Never knew your name was called, Never knew, why? For what? The only reason you say, Sorry! Sorry! Network low day. Teacher tired of her day... Give a detention, oh hey!

Learning from home, And chewing gum. Makes us lazy and dumb. Sleepyheads, tired brains Exams come like a train.

As Covid came, Virus came Mask is on and life is down. Tired and bored in front of the screen, Our mind is blank and blur.

Never knew your name was called, Never knew, why? For what?

Joseline Fionabright, IX-A



## Cyber School

I was tired, I was lost, I wished for learning to pause, Never thought it will happen, and we will be caught in covid claws.

In the beginning, it was fun, we enjoyed, we played games plenty, But later without school, we felt empty.

Our parents thought without education, our future will be shattered like glasses,

But teachers got a solution to this problem as online classes.

It was new, it was hard, and sometimes it was extreme, But teachers and students made it easy as a team.

We began to enjoy and again felt closer, And it made us realize that learning should never be over.

Trisha CR, IX-B

The one who always loves me, And makes sure to keep me always happy; No doubt his soul is filled with purity, Never gets for himself anything fancy; I wonder how he manages everything as a mastery. Under the stress of thousands of things, Yet he asks me to spread my wings.

Neither allows a single thorn on my road, Nor he lets my shine get lost in the crowd; Wouldn't be wrong, if I tell him my world and God. Promises to protect and always be there for me, And teaches me the lessons of life wisely. I can never match his love and affection, His presence gives me satisfaction.

#### He's my forever Santa,

Who captivates me and his gift in his special camera. I ask him the good, yet he gets me the best, I swear there's no one like him on the earth; And he's none other than my super dad. The conditions aren't his to fulfil my dreams, No worries dad, someday I will be your gleam. He's my rock and I am his star, Together we are Rock Stars!!!

Heeba Mehek Khan, IX-A

A Joke Told By Many

The world has been perching about the profound idea of world peace. Peace on its own is associated with harmony and an ideal state of happiness. Our world has a long way to get to that level of existence seeing all the recent events that have taken place in the last decades. But the past is in the past. A future is what is important. To achieve that state of community with complete acceptance, freedom of opinion and warm feelings of compassion around us there have been many theories and methods stated by influential people throughout the ages.

Some suggested peace can be achieved through strength or fear. Some say communism and democracies will be effective. Others suggest religion and spiritualism as a medium for peace.

All these ideas and methodologies may seem interesting but all of them have their own drawbacks which may result in conflict rather than peace. So is there really no chance for absolute peace for human kind as of now? Are we really out of hope to yearn for a world only known as utopia? I would really like to assure everyone with positive thoughts and reinforcement but as of now, I would like to state the truth. Peace taken as a whole in terms of the world with millions of people of different cultures and background is hard to speak for but peace in an intimate view comes back to oneself. The attainment of peace in oneself is essential for the large scale propagation of this fantasy that we all hold deep in our conscience. Only small stones make mountains.

Let me tell you a small story. There was a child who had parents that raised him with beliefs that he did not agree with. He grew up to be a hateful person. His parents were not satisfied with their child as he opposed and disregarded his parents. In the end, neither the child was there for the parents because he grew to hate them and nor was anyone there with the child because of the prejudices his parents had passed on to him.

In this situation none of the parities was happy. As each was influenced by bad beliefs and prejudices that lasted throughout their life. Taking this as an example but on a bigger scale sums up why we still struggle to attain peace. Ignorance and disagreements with no acceptance of wrongdoings result in an absence of peace. If you look into our glorious history, all the wars that have taken place in societies have been in the name of power and feelings of aggression. Even if in the end the winning community had an illusionary sense of peace that wouldn't last, it also harboured hate in the other participant. As they say, an eye for an eye only ends up making the world blind. If only people were understanding (as in all those rulers who had no empathy) to listen and consider there wouldn't have been so many deaths and worldwide insecurity. It would also be nice if people accepted everyone and treated everyone equally.

Peace can be quite unique to each person. But being at peace with your self has a common theme. It is acceptance and happiness at the actions of one. Surprisingly when a person is peaceful, they hold influence over their surroundings. It can be quite hard to be at peace with oneself in this world of materialistic desires and hunger for power. The entire world is so lost on the idea of peace; they forget that it all begins with them. As we live in a world where we consider differences with a wall of barriers that results in alienation and indifference, we always tend to forget that we live on one planet as one species. So creating these walls only affects us negatively vet we choose to keep them because that's what we are taught. To unlearn years of this attitude is hard as people still believe in it. It's the people around us that shape the way we perceive life and the meaning of peace.

In the myth of Pandora and the jar that released the entire terrible thing like malice, envy, greed, disease, poverty and other disgraceful emotions, there was also another thing that was released: Hope. Hope that people will have the strength to overcome these evils, hope of getting through tough times and hope for peace. Thus I believe hope and peace go hand in hand. Where there is hope there is always a chance for peace.

Nandana Biju, X-A

#### **INTERNET;** A Huge Distraction

Nowadays, youngsters or teenagers can never focus on studies or any other work they are interested in. This is all because of technology.

Advanced technology is in the form of gadgets like mobile phones, laptops and desktops. These equipments run around us like necessary needs of our lifestyle. So without any hesitation, we are opting to use this technology with the internet. This 'internet' is now considered to be the most important one in our day to day life. The problem arises here. Nowadays our parents need to be on the internet, because of our online classes and sometimes their office work. If we are getting internet, then we are not focusing and start getting distracted and if we do not get it, we cannot study! The internet can be very good or even, very harmful to us! It depends upon how we use it. First, let us look at how we can use it positively. We must use to learn new things which are not known to us, what are my skills and how can I develop them, etc. And the negative side, the internet is a type of trap, there are many things that we can get addicted to. There are online video games, videos, etc. Actually, why am I saying the positive side is because I know that everyone who uses the internet knows it but still we do not follow it. Because we are addicted to the wrong side of the internet!

We must always stay focused and not get distracted by our phones, tablets or any gadget because they can do nothing in our future.

To overcome the wrong side of internet addiction:

- 1. Prepare a specific timetable.
- 2. In the timetable, mention when will you play outdoors and indoors, when will you study, when will you use your gadgets and internet, when you will eat, etc.
- 3. Try your best not to get distracted when you study and put your PCs or phones in switch off mode or focus mode or you can even lock them for a while.

Nayan Keshri, VII-C

CALCULATE



Virtual classes are of great zing, Even at this quarantine studies are in swing. Starting an online session in a different style, On my face brings a satisfied smile.

When it was compulsory for teachers to use blackboard,

Now it is necessary for students to use a keyboard. When Covid-19 changed our daily routine, Offline learning redirected towards virtual learning.

The world which is tremendously fading,Should find a gloss of this entity.A scholar who had adapted himself,Should commute himself to a new orientation.

Never gloom to anguish yourself, Take time to amend ourselves. Under any circumstances never leave hope, The world inevitably will gleam.

Nanjappa, IX-A

#### INTREPID

We've been taught since our childhood, To never get afraid; Courageous and hopeful they stood, Even after being betrayed

It struck my conscience too, That I have flew high; Valiant and daring I should be, To win as complied

Be dauntless in all the pain, It is the ultimate essence of what you will gain; Don't let your dream remain a dream forever, If you want to live your dream, you got to endure a lot.

Folk may laugh at you and mock Because they don't see your soul; They only see you simply as another little dreamer So prove them wrong and achieve your goal.

Be Brave and Bold, Just like now they did, And be an inspiration To another kid.

Shashtika, IX-B

The Earth spreads out A green carpet; The daisies open up And the world blossoms.

Speak of the white lily Praise its beauty; And don't forget the Magnificent rose.

Lavenders on the left Heavenly and mesmerizing, Jasmines blooming around Joyfully scented.

Angel Deepthi, VII-A



The best







It is always said that the mantra of Minimalism is, "Simple living, High thinking". Minimalism, simply put, is a lifestyle in which people live with few possessions by their own choice. Minimalist lifestyle has become in vogue during the recent pandemic because people staying at homes realised the importance of "decluttering" in their lives to keep their surroundings and their lives less chaotic.

In other words, people should only concentrate on what they truly require to survive and be comfortable. These are the basic requirements for a minimalistic lifestyle, but others may have a different definition of how they want to live their lives. Another requirement for a truly satisfying minimalistic lifestyle is that it not be forced upon a person, but rather something that is chosen on purpose and with good reason.

During the pandemic, when many people either lost their jobs or had to spend most of their days cooped up in a room working, minimalism became the watchword of the day. It as a concept talks about low consumption, which seems to be the trend in pandemic times. This kind of simple living is not a new concept. In fact, ancient scriptures of Hinduism and Buddhism propagate a lifestyle of 'simple living and high thinking' as means to reach the ultimate goal or 'nirvana'.

Social scientists and people who have accepted minimalism believe that their lifestyle has many benefits, such as - happiness, satisfaction, financial freedom, improving relations with the family, increasing productivity, etc.

Consumerism and materialism surely believe that they impact the life of a person and their society, albeit negatively. This incessant need to want more and more had led people to declare bankruptcies, be stressed and create unrest in their lives. But does possessing more things give you true happiness and inner peace?

Being a minimalist does not mean that one should leave everything and live their lives in the jungle or a secluded area. Being a minimalist means that one loves oneself more than things and remove those things in life. In a sense, minimalism is simply a condition in which people focus their lives on those things that they truly treasure and that are truly necessary for a fulfilling lifestyle. To accomplish this, it is also necessary to identify those things that are unnecessarily complicating life and then remove those things from the equation.

There are several other advantages to minimalist living. Less clutter means that we can spend less time cleaning or organizing and more hours in the day for family and friends. Minimalism allows us to focus on our priorities, "By maintaining a clutter-free environment."

Therefore, it is necessary in today's materialistic world, where people are in a rush to procure more and more things. People have forgotten to live a simple life; minimalism helps a person about how important it is to live simply with minimum things.

Mrs. Sowmya Cyriac Department of English

#### On Delving Deeper In My Thoughts!!!

Life's uncertainties, ironical isn't it Exciting but scary To look forward to....to refrain from thinking To celebrate a birth...to mourn a death A new beginning....a culmination of a journey Tears of joy....tears of overwhelming sadness Creating memories....recalling them Collecting material happiness giving them away Blossoming....then withering away A moment that gives you everything.....and a moment that snatches away everything And one is oscillating gradually...hitting the peak And then coming back And this repeats until a lifetime is over Just to start all over again.

Mrs. Chaitra Shenoy, Kindergarten Section



## My Updated Resume

What I've been doing for the last 29 years of acquiring my degree? I have done internships for the initial two years. I was ragged, tortured and dumped with works I had never done before. Every day of those two years was closely examined and reported to the boss by my seniors. But they exaggerated everything x 10. However, I got promoted after two years of hard internship.

Well, what all was I in those days? I have done some nursing; I was a juggler too. I was good at herding cows and buffaloes and feeding them in the zoo. I was a great nursery rhyme singer. I thought of joining a choir and on most of the nights, I was a human pacifier. I have received many awards; one of the best is the beautiful smile with wide-open eyes of my junior. It helped me to handle all sorts of challenges when I saw wonder in those eyes.

I did so much research and analysis. I have worked through many problems. You can throw any problem at me and I will solve it. I went through some workplace injuries, but somehow, I survived with endurance and not giving a crap. Nevertheless, when my boss hurt me, it took away a part of my soul and left me numb for a few months. I took an extended leave but when he told me that I would be replaced by someone efficient if I was not getting back to work, I resumed my job with a heavy soul and weak body.

I am a good event planner and have also worked as a taxi driver. Oh! I forgot to mention....! I think I am the best chef, stylist, barber and a great cleaner of messes.

What are my key attributes? Well, I am brave, strong and confident. I am a multitasker. I am a good storyteller and sleep consultant and act as a hammock. (I think this is a plus point for this job.) I love taking photos but my boss never allowed me to be by his side. Some of my family photos reminded me of the Discovery channel!

I am a good financial planner but no one has taken my advice so far. For many years, I was a shift worker and an impressionist, an assistant,

inspector and a dictator. No day was consistent. You know I have only two arms but you should see how much I can hold. I was a director and a producer for many years. I did all recap during the lunch break when my boss took his nap. (Did I give them enough of my time? Do they know how much I love them?)

I was a teacher and a student for many years. Sometimes that line was blurred. And I am an illusionist, love playing peek-a-boo. I was a mediator and a builder and I am good at communication with the new joiners who don't know the language. What language you may think! You wouldn't have heard this language. I was a heavyweight champion for many years. If I continued that, I would have won the gold medal in the Olympics!

Well, I forgot to mention I was a good bodyguard, a doctor, a chemist \_ Note: and a life coach and I hope I don't hold any grudge. Even though I don't know many things - what are share market challenges, where these birds go after they die, who invented this, that... who will be the next American president- I wanted to push myself a little farther.

What do I do in my spare time? Oh! I never had spare time. I know asking for help does not make me weaker, but I am designed to do it alone so, I did it alone. When they said they want freedom, I withdrew. I know how hard it is, I know how harrowing and painful some nights can be. No one can prepare you for it. I got many chances to change the job, but I refused the opportunities. I was a workaholic.

So, do you want to know what my salary for all these works was? No, I never charged a fee. It is the greatest job I ever had. I would like to do it all over again and of course for free! "What!!? I'm outdated and no vacancy for me! You would like to have someone who charges more? Sorry, I am late; I should have updated my resume a long time back and changed my style of work, too."

\*This is a reminder for all women who dedicate their life to family and forget to live.

#### But I am happy

#### Once

...... I was your sun, the only warmth you needed before you saw a sunrise with your own eyes.

...... I was your star before they dusted across your gaze with possibility and wonder.

.... I was your moon, your only pull before you noticed the comforting light in the night's blanket

. .... I was your universe for such a short while until you saw there was so much more.

..... But I will always be the earth, your roots grew here. And you will always be my world.

Mrs. Rosamma James, Kindergarten Section

#### WHEN LIFE

We live in a marvellous, sublime world that is full of heavenliness, beguiling life which is the greatest boon given by the Almighty to us. This world is still agonizing over the COVID-19 virus pandemic that has bombarded our lives since 2020. This virus has bumped human lives throughout these two years with lockdowns, night curfews and safety tips like sanitizing and wearing masks. Virtual classes for students via different online modes, work from home, etc., became the new norms. Also, various companies were shut down due to a decrease in the economic level, death rates increased. individuals suffered from isolation and depression and they became vulnerable to various diseases. It has affected our lives in every segment of entertainment, employment, education, sports, health etc. Life is giving us lemons. All that we are facing currently are considered to be lemons. "Lemons" here manifests problems or difficulties that we face or are facing in life which is sour. "Lemonades" signify how we can create a desirable result or have an optimistic approach to solve it. We must know that in life problems are "a dime a dozen". Let's not add insult to injury but let us all

WHEN LIFE GIVES YOU LEMONS, MAKE ZEMONADE

#### GIVES YOU LEMONS, MAKE LEMONADE

make use of this pandemic effectively with good planning.

This COVID era teaches us what we can do in our lives to make them more interesting. Through all these hardships let us make lemonades by grinning and bearing them, through a followup. The situation which we are in is worse, but there is positive learning or aspects on the other side too. Let us do the following

- Plan and have a good timetable that includes time to spend with family and friends.
- 2. This pandemic also taught and is teaching us how to maintain hygiene as we all know that "Cleanliness is next to Godliness".
- 3. Read books, spend your leisure by discovering your hidden talents that enhance your cognitive skills, motor skills and maintain a good memory.
- 4. Give your parents a helping hand in their work and spend quality time with your family by talking and sharing about the day.

These are some of the tips to utilize this time and fight this pandemic back. Let us all create a spark in all that we do. Let's also prepare ourselves for further epidemics or pandemics. It's going to be tough, but we can all overcome it together. The pages of life keep turning and life goes on with new hopes, new challenges, new ideas, new trails, and new ventures. So my dear friends, let's accomplish the great things coming our way with truth, simplicity, being optimistic and planning every step to make it a dream come true.

**Ms. Ummehani.H** Department of Science

# The Winsome W RLD

There isn't any transparency in relationships; There isn't any sincerity in friendships. The innocence of true love is never treasured The envious minds never thrust high in life.

Humans tend to lose the real spirit of a joyful soul; A cheerful lad is at derision and disbelief. And forget to smile at the grandiosity of an innocent life.

Everything around them may sound resentment. Yet the world is wondrously a beautiful one; a winsome world.

**Mrs. Lisha Louis** Department of English

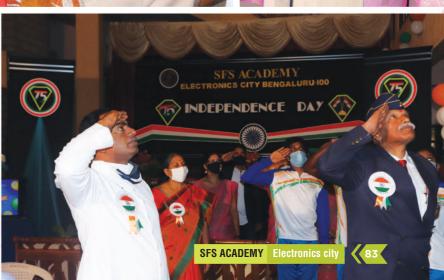




Independence Day







DEIVII

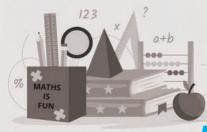
BENGALURUIO

NCE DAY



# MATH SECTION

and the second s



#### MATH TRICKS

1. Multiplying a 2-digit number by 11: <u>Rule:</u> Separate the digits and then place the sum of the digits in between.

Example: 62 X 11 6 2 6+2 = 8 Ans: 682

2. Dividing by 4: <u>Rule:</u> Divide the number in half two times. Example: 64 ÷ 4 Half of 64 is 32 Half of 32 is 16

3. Multiplying by 5:

<u>Rule:</u> Take half the number and then add a zero or move the decimal point to the right by one digit.

Example: i) 5 X 26 Half of 26 is 13 Ans: 130 ii) 5 X 2453 Half of 2453 is 1226.5 Ans: 12265

Amala Joselin.R, VI-C

Math

🕄 Ke

Why is obtuse angle always sad?
 Ans: Because it is not right.

2. Why is acute angle named so? Ans: Because it is really cute.

3. Why was the math book crying? Ans: Because it had many problems.

Ananya Nayak, VII-D

Math is boring as all might say but, take a look at your book and solve in your way!

MATHIS

From the book you buy to the job you earn math is here to help you learn!

From a small arithmetic To a huge equation math is here to help you with all fascination!

Kuchibhotla Sre Vaishnavi, VI-C

#### MATH POEM

Degrees are multiplied And percentage is divided Geometry is full of mystery Algebra has a big history Integers as different as brothers Lines are parallel Angles are similar Math is necessary for life Without it, it is difficult to survive.

Prerana, VIII-B

In mathematics, the Fibonacci numbers, commonly denoted F<sub>n</sub>, form a sequence, called the Fibonacci sequence, such that each number is the sum of the two preceding ones, starting from 0 and 1.

The Fibonacci series and golden ratio are closely connected. The Golden ratio is expressed as the limit of ratios of successive terms of the Fibonacci series. The accuracy of the value increases with the increase in the value of 'n', i.e., as n approaches infinity. Fibonacci numbers appear unexpectedly often in mathematics, so much so that there is an entire journal dedicated to their study, the Fibonacci Quarterly. Applications of Fibonacci numbers include computer algorithms such as the Fibonacci search technique and the Fibonacci heap data structure, and graphs called Fibonacci cubes used for interconnecting parallel and distributed systems.

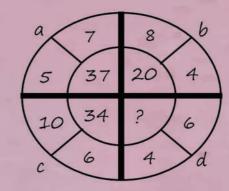
They also appear in biological settings, such as branching in trees, the arrangement of leaves on a stem, the fruit sprouts of a pineapple, the flowering of an artichoke, an uncurling fern, and the arrangement of a pine cone's bracts.

Eibonacci numbers are also closely related to Lucas numbers, in that the Fibonacci and Lucas numbers form a complementary pair of Lucas sequences.

Rahul Raj Sharma, VIII-B

FIBONAC

### CAN YOU Solve this CIRCLE PUZZLE?



#### SOLUTION:

- a) 7<sup>2</sup> + 5<sup>2</sup>
  49 + 25 = 74
  Now, 7 5 = 2
  Divide: 74÷2=37
- b) 10<sup>2</sup> + 6<sup>2</sup>
  100 + 36 = 136
  Now, 10 6 = 4
  Divide: 136÷4=34
- c) 8<sup>2</sup> + 4<sup>2</sup>
  64 + 16 = 80
  Now, 8 4 = 4
  Divide: 80÷4=20
- d) 6<sup>2</sup> + 4<sup>2</sup>
  36 + 16 = 52
  Now, 6 4 = 2
  Divide: 52÷2=26

#### Answer: 26

Sharon V.R, VII-B



Roller coaster rides most commonly referred to as "Scream machines" in theme parks are often linked to fun, thrill, and sensation seeking.

Have you ever imagined the design of a roller coaster with its mathematical connection?

Often, we speak about the real-life application of concepts and how to correlate a concept with different subjects.

Do children visually understand the reality of things happening around them?

To answer the above questions, take a look at the design of a roller coaster by graphing a polynomial function that the students learn in grades IX and X.

The general form of a polynomial function is f(x) = k (x-a) (x-b) (x-c)....

The height of the coaster as a function of time can be represented as a polynomial function as, h(t) = k (t-a) (t - b) (t - c)

Assume the starting height of the coaster as 200 ft.

Imagine at t = 3 seconds, the roller coaster goes below ground level and returns to the ground level at 5 seconds.

At 10 seconds, the roller coaster again goes below the ground level.

Find its intercepts.

The x-intercepts are (3,0),(5,0) and (10,0). The x-intercepts show the times at which the coaster is at ground level. The curve that goes below the x-intercept shows where the coaster will drop.

Then the polynomial function can be rewritten as,

h(t) = k(t-3)(t-5)(t-10)

h(t) = k( t3 - 18 t2 +95t -150)

Make use of this function to design the number of curves you wish for any period.

The graph helps you to visualize the shape of your coaster.

**Mrs. Regina Benjamin**, Department of Math

















leck up



















ಬದುಕು ಹಸನಾಗಲು ಬವಣೆಗಳ ಸಹಿಸಿರಬೇಕು ಖುಷಿಯ ಅನುಭವಿಸಲು ಕಷ್ಟದ ಹಾದಿ ತುಳಿದಿರಬೇಕು ನೆಮ್ಮದಿಯ ಜೀವನ ಹೊಂದಲು ತಾಳ್ಮೆ – ಸಹನೆ ಜೊತೆಗಿರಬೇಕು ಸಿಹಿ ನೆನಪುಗಳ ಮೆಲುಕು ಹಾಕಲು ಬದುಕಿನ ಮ್ರೂಲ ಮಂಶ್ರ

ಸವಿ ಜೀವನವ ಸವೆಸಿರಬೇಕು ಹಾಲು ಜೇನಂತೆ ಒಂದಾಗಿರಲು ಜೊತೆ ನಡೆವರ ಅರಿವಿರಬೇಕು ಸಾಧನೆಯ ಮೆಟ್ಟಿಲೇರಲು ಧೈರ್ಯ ಸಾಹಸ ತುಂಬಿರಬೇಕು ಎಲ್ಲರ ಪ್ರೀತಿ ಪಾತ್ರರಾಗಲು ಹಿರಿಕಿರಿಯರ ಒಡನಾಟವಿರಬೇಕು ಗೌರವಾದರಗಳು ದೊರಕಲು ಉತ್ತಮ ಸಂಸ್ಕಾರ ಹೊಂದಿರಬೇಕು ಗಾತೃಪ್ತ ಜೀವನ ನಡೆಸಲು ದುರಾಸೆಯ ತೊರೆದಿರಬೇಕು ಕಷ್ಟ ಸುಖಗಳೆರಡನ್ನೂ ಬೇವು ಬೆಲ್ಲದಂತೆ ಸರಿದೂಗಿಸುವ ಮನಸಿರಬೇಕು ಸಮೃದ್ಧಿ ತುಂಬಿದ ಬದುಕಾಗಲು ಮನಃಶುದ್ಧಿಯಾಗಿರಲೇ ಬೇಕು.

ತನುಷ ಪಿ.ಸಿ.

VIII-B



### ನನ್ನ ಜೀವನದ ಮರೆಯಲಾಗದ ದಿನ

ಮರೆಯಲಾಗುವುದುಂಟೇ ಶಾಲಾ ದಿನಗಳನ್ನು ಬೆಳ್ಳಂಬೆಳಗ್ಗೆ ಎದ್ದು ಹುಡುಕುತ್ತಿದ್ದ ವಸ್ತ್ರಗಳನ್ನು ಗಂಟೆಗಳು ಉರುಳುತ್ತಿದ್ದವು ನಿಮಿಷಗಳಾಗಿ ತಡವಾಯಿತೆಂದು ಓಡುತ್ತಿದ್ದವು ಜಿಂಕೆಗಳಾಗಿ ಬಸ್ಸು, ರಿಕ್ಷಾ, ಸ್ಕೂಟರ್, ಕಾರು ಏರಿ ಮರೆತೇ ಹೋದೆವು ನಮ್ಮ ಕಾಲು ದಾರಿ ।।

ಶಾಲೆಯ ಗೇಟಿನ ಬಳಿಯೇ ಧನ್ಯ ತಾ ಭಾವನೆ ಸಹಪಾಠಿಗಳೊಡನೆ ಬೆಳಗಿನ ಪ್ರಾರ್ಥನೆ ಗುಂಪುಗಳಲ್ಲಾಗುತ್ತಿದೆ ತರ್ಲೆ,ತಮಾಷೆ ಸುಮ್ಮನೆ ಪ್ರಾಂಶುಪಾಲರ ನೋಡಿ ಹೆದರುತ್ತಿದ್ದವು ತಟ್ಟನೆ II

> ಶಿಕ್ಷಕರ ನುಡಿಗಳೇ ನಮಗೆ ವೇದವಾಕ್ಯ ಎಲ್ಲರೊಡಗೂಡಿ ಆಗಬೇಕು ನಾವು ಐಕ್ಯ ಪಾಠಗಳನ್ನು ಆಲಿಸುತ್ತಾ ಮನನ ಕ್ರೀಡಾಂಗಣಕ್ಕೆ ಹೋಗಲು ಚಿಂತನ ಅಧ್ಯಾಪಕರಿಗಿರಲಿ ಸಾವಿರ ನಮನ ಆಟ, ಪಾಠ, ಊಟದ ಜೊತೆ ಗಾಯನ ಸಲ್ಲಿಸೋಣ ಶಿಕ್ಷಕರಿಗೊಂದು ವಂದನ II

ಮತ್ತೆ ಮರಳಿ ಶಾಲೆಗೆ ಹೋಗೋಣ ತೇಲಾಡಲಿ ನೆನಪಿನ ಅಂಗಣ ಮನಸ್ಸಿನಲ್ಲಿ ಸದಾ ಶಾಲೆಯ ಚಿತ್ರಣ ಹಕ್ಕೆಗಳಂತೆ ಕುಣಿದಾಡುವ ಸಭಾಂಗಣ ಇವೆಲ್ಲವು ನಮ್ಮ ಜೀವನಕ್ಕೆ ಪ್ರೇರಣ ಶಾಲೆಯಲ್ಲಿ ಕಳೆದ ಪ್ರತಿಯೊಂದೂ ಕ್ಷಣ ನನ್ನ ಜೀವನದಲ್ಲಿ ಮರೆಯಲಾಗದ ಕ್ಷಣ ಕಲಿತೆನು ನಾನು ಅಲ್ಲಿಂದಲೇ ಒಳ್ಳೆಯ ಗುಣ.

ಕಿಶನ್, VIII-A



## ವಾಸ್ತವ ಕಲಿಕೆ

ಆನ್ ಲೈನ್ ಶಿಕ್ಷಣವು ವಿದ್ಯುನ್ಮಾನ ಬೆಂಬಲಿತ ಕಲಿಕೆಯಾಗಿದ್ದು ಅದು ಶಿಕ್ಷಕ ಮತ್ತು ವಿದ್ಯಾರ್ಥಿಗಳ ನಡುವೆ ನಡೆಯುವ ಸಂವಹನ ಹಾಗೂ ಕಲಿಕೆಯಲ್ಲಿ ಉಪಯೋಗಿಸಲ್ಪಡುವ ಸಾಮಾಗ್ರಿಗಳ ವಿತರಣೆಗಾಗಿ ಬಳಸುವ ಒಂದು ಮಾಧ್ಯಮವೇ ಆಗಿದೆ. ಅಂದರೆ ವಿದ್ಯಾರ್ಥಿ ಮತ್ತು ಶಿಕ್ಷಕರ ನಡುವಿನ ಸಂವಹನದ ಚಟುವಟಿಕೆ ಇಲ್ಲಿ ಅಂತರ್ಜಾಲವನ್ನು ಅವಲಂಬಿಸಿದೆ. ಇಂದಿನ ಪ್ರಕ್ಷುಬ್ಧ ಪರಿಸಿತ್ಥಿಯಲ್ಲಿ ಸಾಂಕ್ರಾಮಿಕ ರೋಗವಾಗಿರುವ ಕರೋನ ಇಡೀ ಪ್ರಪಂಚವನ್ನೆ ಕಾಡುತ್ತಿದೆ. ಇಂತಹ ಪರಿಸ್ಥಿತಿಯಲ್ಲಿ ಸಮಾಜದಲ್ಲಿನ ಎಲ್ಲ ವರ್ಗದವರಿಗೂ ಕಷ್ಟವಾಗುತ್ತಿದ್ದು. ಎಲ್ಲ ರಂಗಗಳು ತಮ್ಮ ತಮ್ಮ ಕಾರ್ಯ ಕಲಾಪಗಳನ್ನು ಸ್ಥಗಿತಗೊಳಿಸಿವೆ. ಆದರೆ ದೇಶದ ಭವಿಷ್ಯ ದ ಪ್ರಜೆಗಳಾಗಿರುವ ವಿದ್ಯಾರ್ಥಿಗಳ ಕಲಿಕೆಯನ್ನು ಗಮನದಲ್ಲಿಟ್ಟುಕೊಂಡು ಪ್ರಪಂಚದ ಎಲ್ಲ ದೇಶಗಳು ಕಲಿಕೆಗೆ ಪರ್ಯಾಯ ಮಾರ್ಗವನ್ನು ಕಂಡು ಕೊಂಡಿವೆ. ಹಲವಾರು ಶಾಲೆ, ಕಾಲೇಜು,

#### ವಿಶ್ವವಿದ್ಯಾಲಯಗಳು ಆನ್ ಲೈನ್ ಶಿಕ್ಷಣದ ಮೊರೆ ಹೋಗಿವೆ.

ಇದರ ಮುಖ್ಯ ಉದ್ದೇಶ ವಿದ್ಯಾರ್ಥಿಗಳ ಕಲಿಕೆ ಸ್ಥಗಿತಗೊಳ್ಳದೆ, ಕಲಿಕೆಗೆ ಯಾವುದೇ ಅಡ್ಡಿ ಆತಂಕವಿಲ್ಲದೆ ನಿರಂತರವಾಗಿ ಮುಂದುವರೆದು ವಿದ್ಯಾರ್ಥಿಗಳು ತಮ್ಮ ನಿರ್ಣಿತ ಗುರಿಯತ್ತ ತಲುಪಲು ಇದೊಂದು ಶ್ರೇಷ್ಠ ಮಾರ್ಗ.

ಹೀಗೆ ಆನ್ ಲೈನ್ ತರಗತಿಗಳು ವಿದ್ಯಾರ್ಥಿಗಳ ಜೀವನದಲ್ಲಿ ಪ್ರಮುಖ ಪಾತ್ರ ವಹಿಸುತ್ತಿವೆ.

ಚರಿಷ್ಣ, IX-A



ಕರ್ನಾಟಕದ ರಾಜಧಾನಿ ನಮ್ಮ ಬೆಂಗಳೂರು. ದೇಶದ ನಾಲ್ಕು ಮಹಾನಗರಗಳಲ್ಲಿ ನಮ್ಮ ಬೆಂಗಳೂರು ಸ್ಥಾನ ಪಡೆದಿದೆ. ದೇಶ ಹಾಗೂ ವಿದೇಶಗಳಿಂದ ಕೂಡ ನಾನಾ ಭಾಷೆಯ ಜನರು ನಮ್ಮ ಬೆಂಗಳೂರಿನಲ್ಲಿ ಬಂದು ನೆಲೆಸಿದ್ದಾರೆ. ಉದ್ಯೋಗ, ವೈದ್ಯ ಕೀಯ ಸೌಲಭ್ಯ, ವಿದ್ಯಾಭ್ಯಾಸ ಹೀಗೆ ಎಲ್ಲ ಉತ್ತಮ ಸೌಲಭ್ಯ ಗಳಿಂದ ಬೆಂಗಳೂರು ದೇಶದಲ್ಲಿ ಹೆಸರು ಮಾಡಿದೆ. ನಮ್ಮ ಬೆಂಗಳೂರು ಹಸಿರು ಉದ್ಯಾನವನಗಳಿಂದ, ಉತ್ತಮ ಹವಾಮಾನದಿಂದ ಹಸಿರು ನಗರ, ಉದ್ಯಾನ ನಗರಿ ಎಂದೆಲ್ಲಾ ಹೆಸರು ಪಡೆದಿದೆ. ಕನ್ನಡ ಭಾಷೆಯ ಸಾಂಸ್ಕೃತಿಕ ಪರಂಪರೆಯಿಂದ 'ಬೆಂದಕಾಳೂರು' ಎಂಬ ಹೆಸರು ಈಗ ಬೆಂಗಳೂರು ಎಂದು ಬದಲಾವಣೆಯಾಗಿದೆ. ವಿಶ್ವ ಪ್ರಸಿದ್ಧಿ ದೇವಾಲಯಗಳು, ಉದ್ಯಾನವನಗಳು ನಮ್ಮ ಬೆಂಗಳೂರಿನ ಹಿರಿಮೆಗೆ ಪಾತ್ರವಾಗಿವೆ. ಕಟ್ಟಡ ನಿರ್ಮಾಣ ಅಭಿವೃದ್ಧಿ ಕೆಲಸಗಳು ನಮ್ಮ ಬೆಂಗಳೂರಿನ ಯಶಸ್ಸಿಗೆ ಪಾತ್ರವಾಗಿದೆ. ನಮ್ಮ ಬೆಂಗಳೂರಿನ ಇನ್ನೊಂದು ವೈಶಿಷ್ಟವೆಂದರೆ ಇಲ್ಲಿನ ರುಚಿಕರವಾದ ತಿಂಡಿ ತಿನಿಸುಗಳು, ಮನರಂಜನೆ, ಕ್ರೀಡಾ ಚಟುವಟಿಕೆಗಳು ಪ್ರವಾಸಿಗರನ್ನು ಬೀಸಿ ಕರೆಯುತ್ತಿದೆ.

ಒಟ್ಟಿನಲ್ಲಿ ನಮ್ಮ ಬೆಂಗಳೂರು ವಿಶ್ವದಲ್ಲಿಯೇ ಪ್ರಸಿದ್ಧವಾದ, ವಿಶೇಷವಾದ ಸ್ಥಾನವನ್ನು ತನ್ನ ವೈವಿಧ್ಯತೆಗಳಿಂದ ಪಡೆದುಕೊಂಡಿದೆ. ಆದುದರಿಂದ ಕರ್ನಾಟಕದ ರಾಜಧಾನಿ ನಮ್ಮ ಬೆಂಗಳೂರು ನಮ್ಮ ಹೆಮ್ಮೆ.

ಸಮನ್ಯು ಎಸ್. ಹೆಗ್ಡೆ , IV-F





ಸುಂದರ ಸೊಬಗಿನ ಶಾಲೆ ಎಸ್ ಎಫ಼್ ಎಸ್ ನನ್ನ ಪ್ರೀತಿಯ ಆಲಯ ಅದರ ಬಲಕ್ಕೆ ಇರುವುದು ಸಂತ ಫ್ರಾನ್ಸಿಸರ ದೇವಾಲಯ ಎಡಕ್ಕೆ ಇರುವುದು ಕನ್ಯಾ ಸ್ತ್ರೀಯರ ವಿಮಲಾಲಯ ಕೊಂಚ ದೂರದಲ್ಲಿರುವುದು ನೇತ್ರಾಲಯ ಹೃದಯಕ್ಕೆ ಆರೋಗ್ಯವೇ ನಮ್ಮ ನಾರಾಯಣ ಹೃದಯಾಲಯ ಸಹಪಾಠಿಗಳಿರುವರು ಹಲವು ರಾಜ್ಯ ಗಳಿಂದ ಕೇರಳ, ತಮಿಳುನಾಡು, ಮಹಾರಾಷ್ಟ, ಪಂಜಾಬ್ ಬಂಗಾಳದಿಂದ ಎಲ್ಲಾ ಭಾಷೆಗಳನ್ನು ಪ್ರೋತ್ಪಾಹಿಸುವೆವು ಗೌರವದಿಂದ ಹಿಂದೂ, ಕೈಸ್ತ, ಮುಸ್ಲಿಂ, ಸಿಖ್ಯರು ಒಟ್ಟಿಗೆ ಕೂರುವೆವು ಸಹಬಾಳ್ತೆಯಿಂದ ನಮಗಿರುವುದು ಶಾಲಾ ಮೈದಾನ ಪೋಷಕರಿಗೂ ಆಟ ಆಡಲು ಕೊಟ್ಟಿರುವ ನಮ್ಮ ಮೈದಾನ ಎಲ್ಲೆಡೆ ಹಸಿರು ನೋಟ ಸೆಳೆಯುವುದು ನಮ್ಮ ತನುಮನ ಸಂಜೆಯವರಗೆ ಸದ್ದು ಮಾಡದೆ ತೆಪ್ಪಗೆ ಇರುವುದು ಹಳದಿ ಬಣ್ಣದ

ಶಾಲಾ ವಾಹನ

ತರಗತಿ ಮುಗಿಯಲು ಮಕ್ಕಳ ಕರೆದೊಯ್ಯುವುದು ಮನೆ ಮನ ಹಸಿರು, ಹಳದಿ, ನೀಲಿ, ಕೆಂಪು ಸಮವಸ್ತ್ರವಿರುವುದು ಎಲ್ಲರಿಗೂ ಒಂದು

Ħ

Ē

Ē

Ē

SCHOOL

Ħ

**B** 

Ē

ಮುಗಿಲೆತ್ತರದಲ್ಲಿ ಕ್ರಿಸ್ತನ ಮೂರ್ತಿಯೇ ಆಕರ್ಷಕ ಬಂದು ಆಶೀರ್ವದಿಸಿ ಕಾಪಾಡುವುದು ಅದೇ ನಮ್ಮೆಲ್ಲರನ್ನು ಎಂದೆಂದೂ ಶಿಸ್ತನು ಹೇಳುವರು ಕಾವಲುಗಾರ ಗೇಟಿನ ಒಳಗೆ ಜೀವನದ ಪಾಠ ಹೇಳುವರು ಪ್ರಿಯ ಶಿಕ್ಷಕರು ತರಗತಿ ಒಳಗೆ ಎಲ್ಲರನ್ನು ಗಮನಿಸುವುದು ಕ್ಯಾಮರ ಕಣ್ಣಿನೊಳಗೆ ಪ್ರೀತಿಯ ತೋರುವರು ಪ್ರಾಂಶುಪಾಲರು ಮಕ್ಕಳಿಗೆ ಕರೋನಾ ಬಂದು ಶಾಲೆಯಾಗಿದೆ ಆರಂಭ ಮೈದಾನ ಸೇರಲು ಕಾಯುತ್ತಿದೆ ಮನ ಬಹಳ ಬೇಗ ಮುಗಿಯಲಿರುವುದು ಕರೋನಾ ಶಾಲೆಯ ಸೇರಲು ಕಾದಿರುವುದು ನಮ್ಮೆಲ್ಲರ ತನುಮನ ಪ್ರಾರ್ಥಿಸುವೆವು ದೇವರ ನಾವು ಶಾಲೆಗೆ ಹಿಂದಿರುಗಲು ಪ್ರತಿದಿನ.

ನಿಶ್ಚಲ್ ಡಿ ಚುನ್ಹಾ, ⊪∧





#### RAJYOTSAVA

SFS ACADEMY Electronics city

ಶ್ರೇಯ ಬಿ.ಎಂ, IX-B

ಆನ್ಟೇನ್ ಶಿಕ್ಷಣ

ಮೊದಲು ಕ್ಲಾಸ್ ರೂಮಿನಲ್ಲಿ ಪಾಠ ಈಗ ಶಿಕ್ಷಕರು ಕರೆದರು ಆನ್ ಲೈನ್ ನಲ್ಲಿ ಕೇಳಲು ಪಾಠ ಪ್ರಶ್ನೆ ಕೇಳಿದರೆ ಉತ್ತರ ಕೊಡಲು ಭಯವಿಲ್ಲ ಏಕೆಂದರೆ ನಮ್ಮ ಪಕ್ಕದಲ್ಲಿ ಶಿಕ್ಷಕರೇ ಇಲ್ಲ

ಆನ್ ಲೈನ್ ಶಿಕ್ಷಣ ಆಯ್ತು ಮಕ್ಕಳ ಕೈಗೆ ಮೊಬೈಲ್ ಸಿಕ್ತು ಶಿಕ್ಷಕರು ಮಾಡಿದರು ಪಾಠ

ಮೊಬೈಲಿನಲ್ಲಿ ಮಕ್ಕಳಿಗೆ ಆಟವೇ ಆಟ

ಆನ್ ಲೈನ್ ಇದ್ದಾಗ ಆಡುವುದು ಕಳ್ಳಾಟ ಶಿಕ್ಷಕರು ಪ್ರಶ್ನೆ ಕೇಳಿದಾಗ ನಮಗಾಗುವುದು ಪೀಕಲಾಟ ಆನ್ ಲೈನ್ ಕ್ಲಾಸ್ ನಲ್ಲಿ ಕೊಡುವರು ವಿರಾಮ ನಮಗೆ ಆ ಸಮಯದಲ್ಲಿ ಸಿಗುವುದು ಆರಾಮ

ಕ್ಲಾಸ್ ನಲ್ಲಿದ್ದಾಗ ಅಮ್ಮ ಕರೆಯುವರು ಊಟಕೆ ಕ್ಲಾಸ್ ಬಿಟ್ಟು ನಾವು ಹೋದೆವು ಓಟಕೆ ಮಧ್ಯಾಹ್ನದ ವೇಳೆಗೆ ಮುಗಿಯುವುದು ಪಾಠ ಆಗ ನಾವು ಆಡುವೆವು ಆಟ.

## ನನ್ನಯ ಶಾಲೆ

ನನ್ನಯ ಶಾಲೆ

ಮುದ್ದಿನ ಶಾಲೆ ಬುದ್ಧಿಯ ಕಲಿಸುವ ಅಕ್ಷರ ಮಾಲೆ ಆಟದ ಸೊಬಗ ತಿಳಿಸುವ ಶಾಲೆ ಶಿಸ್ತಿನ ಗುಣವ ಕಲಿಸುವ ಶಾಲೆ ನನ್ನಯ ಶಾಲೆ ಮುದ್ದಿನ ಶಾಲೆ

ಸಾನ್ವಿ, I-A

ಆನ್ ಲೈನ್ ಶಿಕ್ಷಣ

ಇಂದಿನ ಆಧುನಿಕ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆಯು ಪ್ರತಿಭಾವಂತ ವಿದ್ಯಾರ್ಥಿಗಳನ್ನು ಹುಟ್ಟು ಹಾಕಿದ್ದು ಅವರು ಇಡೀ ಪ್ರಪಂಚದಾದ್ಯಂತ ಕಾರ್ಯ ನಿರ್ವಹಿಸುತ್ತಿದ್ದಾರೆ. ಬೇರೆ ದೇಶಗಳಿಗೆ ಹೋಲಿಸಿದರೆ ನಮ್ಮ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆ ಇನ್ನು ಅಭಿವೃದ್ಧಿಯಾಗಬೇಕು.

ಪ್ರಸ್ತುತ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆಯಲ್ಲಿ ಊಹಿಸಲಾಗದ ಬದಲಾವಣೆಯನ್ನು ನಾವೆಲ್ಲರೂ ನೋಡುತ್ತಿದ್ದೇವೆ. ಕಾರಣ ಕರೋನದಂತಹ ಸಾಂಕ್ರಾಮಿಕ ರೋಗಗಳು ನಮ್ಮ ದೇಶವನ್ನು ನಲುಗಿಸುತ್ತಿವೆ. ವೈದ್ಯರು, ವೈದ್ಯ ಕೀಯ ಸಿಬ್ಬಂದಿಯ ಕೊರತೆಯಿಂದ ಹೆಚ್ಚಿನ ಜನರು ಮರಣವನ್ನ ಪ್ರಿದ್ದರು. ಇದು ಪೋಷಕರಲ್ಲಿ ಆತಂಕವನ್ನು ಮೂಡಿಸಿತು. ಆದ ಕಾರಣ ನಮ್ಮ ಕರ್ನಾಟಕ ಸರ್ಕಾರ ಅಂತಹ ಸಮಯದಲ್ಲಿ ಆನ್ ಲೈನ್ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆಯನ್ನು ಜಾರಿಗೊಳಿಸಿತು. ಇದರಿಂದ ವಿದ್ಯಾರ್ಥಿಗಳು ಹೆಚ್ಚಿನ ಸಮಸ್ಯೆ ಗಳನ್ನು ಎದುರಿಸಿದ್ದರು. ಶಾಲಾ ಕೊಠಡಿಯಲ್ಲಿ ಶಿಕ್ಷಕರು ಬೋಧನೆ ಹೆಚ್ಚು ಫಲಪ್ರದವಾಗಿರುತ್ತದೆ. ಆದರೆ ಅನಿವಾರ್ಯ ಕಾರಣಗಳಿಂದ ನಾವು ಆನ್ ಲೈನ್ ಶಿಕ್ಷಣವನ್ನು ಒಪ್ಪಿಕೊಳ್ಳಲೇ ಬೇಕಿತ್ತು. ಇಂದಿನ ಮಕ್ಕಳೇ ಮುಂದಿನ ಪ್ರಜೆಗಳು ಅವರನ್ನು ಸದೃಢ ಮತ್ತು ಪ್ರತಿಭಾವಂತ ವಿದ್ಯಾರ್ಥಿಗಳನ್ನಾಗಿ ರೂಪಿಸುವುದು ನಮ್ಮೆಲ್ಲರ ಆದ್ಯ ಕರ್ತವ್ಯವಾಗಿದೆ. ಇಂದು ನಮ್ಮ ಶಾಲೆಗಳಲ್ಲಿ ಆನ್ ಲೈನ್ ತರಬೇತಿಗಳನ್ನು ನೀಡುವಂತಹ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆಯಾಗಿದೆ. ಬೇರೆ ಶಾಲೆಗಳಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಅನಾನುಕೂಲತೆಯನ್ನು ಮಾಡಿದೆ. ಅವರಿಗೆ ಯಾವ ಕ್ಷೇತ್ರದಲ್ಲಿ ಆಸಕ್ತಿ ಇರುವುದೋ ಆ ಕ್ಷೇತ್ರದಲ್ಲಿ ಕಲಿಯಲು ಅವಕಾಶ ಕಲ್ಪಿಸಬೇಕು. ಇಂದಿನ ಶಿಕ್ಷಣ ಕೇವಲ ಅಂಕಗಳಿಗೆ ಸೀಮಿತವಾಗದೆ, ಮಕ್ಕಳ ಸೃಜನಾತ್ಮಕ ಬೆಳವಣಿಗೆಗೆ ಶ್ರಮಿಸುವಂತಹ ಕೌಶಲ್ಯ ಸಹಿತ ಅಥವಾ ಚಟುವಟಿಕೆಗಳನ್ನು ಒಳಗೊಂಡಂತಹ ಶಿಕ್ಷಣದ ಅವಶ್ಯ ಕತೆ ಇದ್ದು ವಿಶ್ಲೇಷಣಾತ್ಮಕ ವಿಷಯಗಳನ್ನು ಮಕ್ಕಳಿಗೆ ಬೋಧಿಸಿ ಅವರ ಭವಿಷ್ಯಕ್ಕೆ ಬುನಾದಿಯನ್ನು ಹಾಕುವಂತಹ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆ ಬೇಕಾಗಿದೆ. ಒಟ್ಟಾರೆಯಾಗಿ ಹೇಳುವುದಾದರೆ ಕರೋನಾ ಸಮಯದಲ್ಲಿ ಆನ್ ಲೈನ್ ಶಿಕ್ಷಣ ಸಹಾಯಕರಿಯಾಗಿದ್ದರೂ ಪ್ರತಿಭಾವಂತ, ಸೃಜನಶೀಲ, ಸತ್ಪಜೆಗಳನ್ನು ಸೃಷ್ಠಿಸುವಂತಹ ಶಿಕ್ಷಣವನ್ನು ಮಕ್ಕಳಿಗೆ ನೀಡುವಂತಹ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆ ಸರ್ಕಾರ ನೀಡಬೇಕು.



ತ್ರಿಶಾ ಸಿ.ಆರ್, IX-B

## ಕನ್ನಡಿಗರು ನೀವಾಗಿ

- ಕರುನಾಡನು ಎಂದಿಗೂ ತೊರೆಯದ ಕನ್ನಡದ ಕಂಗಳು ನೀವಾಗಿ ಕಲ್ಪತರು ಕರುನಾಡಿನ ಶಿಲೆಗಳ ಕೆತ್ತುವ ಶಿಲ್ಪಿಗಳು ನೀವಾಗಿ ಕನ್ನಡಾಂಬೆಯ ಸ್ಮರಿಸುವ ಈ ಮಣ್ಣಿನ ಮಕ್ಕಳು ನೀವಾಗಿ ಪಾವನ ನೆಲದ ವೈಶಿಷ್ಟ್ಯತೆಯ ತಿಳಿಸುವ ಕಲಿಗಳು ನೀವಾಗಿ
- ಕರುನಾಡ ರಾಜವೈಭವವ ಸಾರುವ ವೀರರು ನೀವಾಗಿ ಪುಣ್ಯ ಭೂಮಿಯ ದೇಗುಲದಿ ಭಕ್ತರು ನೀವಾಗಿ ಭಾಷೆಯ ಉಳಿಸಿ ಬೆಳೆಸುವ ಏಕೈಕ ಕನ್ನಡಿಗರು ನೀವಾಗಿ

ಕುಮಾರಿ. ಅಶ್ವಿನಿ ಚಂದ್ರಪ್ಪ ಕನ್ನಡ ವಿಭಾಗ



'ಶಿಸ್ತು



'ಶಿಸ್ತು' ಪ್ರತಿಯೊಬ್ಬರ ಜೀವನದಲ್ಲಿಯೂ ಬಹುಮುಖ್ಯವಾದ ಪಾತ್ರವನ್ನು ವಹಿಸುತ್ತದೆ. ಹಾಗದರೆ ಶಿಸ್ತು ಎಂದರೇನು? ಶಿಸ್ತು ಎಂದರೆ ಸ್ವಯಂ ಪಾಲಿತ ಕ್ರಮಬದ್ಧವಾದ ಜೀವನ ಶೈಲಿ. ಇದನ್ನು ನಾವೇ ಸ್ವತಃ ರೂಢಿಸಿಕೊಳ್ಳಬೇಕು. ನಾವು ಯಾವುದೇ ಸಾಧಕರ ಜೀವನ ಚರಿತ್ರೆಯನ್ನು ಓದುವಾಗ ಅವರಲ್ಲಿ ನಮಗೆ ಕಾಣುವ ಒಂದು ಸಹಜ ಗುಣವೆಂದರೆ ಶಿಸ್ತು.

'ಮನೆಯೇ ಮೊದಲ ಪಾಠ ಶಾಲೆ' ಎಂಬ ಮಾತು ನಮಗೆಲ್ಲಾ ತಿಳಿದಿದೆ. ಮಕ್ಕಳಿಗೆ ಉತ್ತಮ ಮೌಲ್ಯ ಗಳನ್ನು, ಶಿಸ್ತುಬದ್ಧ ಜೀವನ ಕ್ರಮವನ್ನು ಬೆಳೆಸುವುದು ನಮ್ಮೆಲ್ಲರ ಕರ್ತವ್ಯವಾಗಿದೆ.

ಇಂದಿನ ಮಕ್ಕಳಲ್ಲಿ ನಾವು ಕಾಣುವ ಬಹು ದೊಡ್ಡ ಸಮಸ್ಯೆ ಎಂದರೆ ಅಶಿಸ್ತು. ಉತ್ತಮ ಮೌಲ್ಯಗಳ ಕೊರತೆ. ಹೀಗೆ ಮುಂದುವರೆದರೆ ಮುಂದೊಂದು ದಿನ ನಾವೆಲ್ಲರೂ ಬಹು ದೊಡ್ಡ ಬೆಲೆತೆರಬೇಕಾಗುತ್ತದೆ. ನಾವು ಹೇಗೆ ಮಕ್ಕಳಿಗಾಗಿ ಆಸ್ತಿಯನ್ನು ಸಂಗ್ರಹಿಸುತ್ತೇವೆಯೋ ಹಾಗೇಯೇ ಉತ್ತಮ ಮೌಲ್ಯಗಳನ್ನು ಬೆಳೆಸಬೇಕು.

ಬನ್ನಿ, ನಾವೆಲ್ಲರು ಒಮ್ಮೆ ಹಿಂದಿನ ಕಾಲದ ಶಿಕ್ಷಣ ಪದ್ಧತಿಯನ್ನು ನೆನಪಿಸಿಕೊಳ್ಳೋಣ. ರಾಜನಾಗಲಿ, ಮಂತ್ರಿಯಾಗಲಿ ಅಥವಾ ಸಾಮಾನ್ಯನಾಗಲಿ ತನ್ನ ಕಠಿಣ ಪರಿಶ್ರಮದಿಂದ ಶಿಕ್ಷಣವನ್ನು ಕಲಿಯುತ್ತಿದ್ದರು. ಅಂದು ಅಂಕಗಳಿಗಿಂತ ಮೌಲ್ಯಗಳಿಗೆ ಮತ್ತು ಶಿಸ್ತಿಗೆ ಬಹು ಮುಖ್ಯ ಪ್ರಾಶಸ್ಯ ನೀಡಲಾಗುತ್ತಿತ್ತು. ಹಾಗಾಗಿ ಎಲ್ಲರು ಸ್ವಯಂ ಶಿಸ್ತು ಕ್ರಮಗಳನ್ನು ಪಾಲಿಸುತ್ತಿದ್ದರು. ಆದರೆ ಇಂದು ಮೌಲ್ಯಗಳೆಲ್ಲವೂ ತಮ್ಮ ಬೆಲೆಯನ್ನು ಕಳೆದುಕೊಳ್ಳುತ್ತಿವೆ. ಇದು ಒಂದು ದುರಂತವೇ ಸರಿ.

ಅದೇನೇ ಇರಲಿ ಉತ್ತಮ ಸಮಾಜದ ನಿರ್ಮಾಣದಲ್ಲಿ ಶಿಸ್ತುಬದ್ಧ ಜೀವನ ಶೈಲಿ ಬಹು ಮುಖ್ಯಪಾತ್ರವಹಿಸುತ್ತದೆ. ನಮ್ಮ ಜೀವನ ಶೈಲಿಯಲ್ಲಿ ಕ್ರಮಬದ್ಧತೆಯಿಲ್ಲದಿರುವುದರಿಂದ, ಇಂದೆಂದೂ ಕಂಡು ಕೇಳರಿಯದ ಕಾಯಿಲೆಗಳಿಗೆ ಬಲಿಯಾಗುತ್ತಿದ್ದೇವೆ. ಶಿಸ್ತು ಎಂಬುದು ಕೇವಲ ಶಿಕ್ಷಣಕ್ಕೆ ಮಾತ್ರ ಸೀಮಿತವಲ್ಲ. ಅದು ನಮ್ಮ ಜೀವನದ ಒಂದು ಭಾಗ.

ಆದ್ದರಿಂದ ಸುಶಿಕ್ಷಿತರಾದ ನಾವೆಲ್ಲರೂ ನಮ್ಮ ಜೀವನದಲ್ಲಿ ಶಿಸ್ತನ್ನು ಸುಸ್ತಿಲ್ಲದೆ ಪಾಲಿಸುತ್ತಾ, ನಮ್ಮ ಮಕ್ಕಳಲ್ಲಿಯೂ ಶಿಸ್ತನ್ನು ಬೆಳೆಸಿ ಅವರ ಮುಂದಿನ ಜೀವನವನ್ನು ಸಂತೋಷದಿಂದ ಉತ್ತಮ ರೀತಿಯಲ್ಲಿ ನಡೆಸುವಂತೆ ಅನುವು ಮಾಡಿಕೊಡಬೇಕಾಗಿರುವುದು ನಮ್ಮೆಲ್ಲರ ಕರ್ತವ್ಯ. ಈ ಜವಾಬ್ದಾರಿಯನ್ನು ಎಲ್ಲರೂ ಸರಿಯಾಗಿ ನಿರ್ವಹಿಸಿದ್ದೇ ಆದಲ್ಲಿ ಭವ್ಯ ಭಾರತದ ಕನಸು ನನಸಾಗುವುದರಲ್ಲಿ ಸಂಶಯವೇ ಇಲ್ಲ.

''ನಮ್ಮಲ್ಲಿದ್ದರೆ ಶಿಸ್ತು, ಅದುವೇ ನಮ್ಮ ಸಂಪತ್ತು''.

ಶ್ರೀಮತಿ. ಪೂರ್ಣ ಎಮ್. ಎಸ್ ಕನ್ನಡ ವಿಭಾಗ

### ಕನಸಿನ ಬದುಕು

'ಕನಸೆಂದರೆ ನಿದ್ದೆಯಲ್ಲಿ ಮಲಗಿ ಕಾಣುವುದಲ್ಲ. ನಿದ್ದೆ ಮಾಡಲು ಬಿಡದಿರುವುದು'' ಎಂದು ಎ.ಪಿ.ಜೆ ಅಬ್ದುಲ್ ಕಲಾಂರವರು ಹೇಳಿದ್ದಾರೆ. ಪ್ರತಿಯೊಬ್ಬರೂ ಜೀವನದಲ್ಲಿ ಏನನ್ನಾದರೂ ಮಾಡಬೇಕು. ಸಾಧಿಸಬೇಕು ಎಂದು ಕನಸು ಹೊತಿರುತಾರೆ. ಮನಸಿನಲ್ಲಿ ಒಳ್ಳೆಯ ವಿಚಾರ, ಗುರಿ, ಉದೇಶಗಳಿದರೆ ಅದರ ಬಗ್ಗೆ ಕನಸು ಕಾಣುತೇವೆ. ಗುರಿ ತಲುಪಲು ಕನಸಿನ ಬೆನ್ನೇರಿ ಹೋಗುತೇವೆ. ಸಾಮಾನ್ಯವಾಗಿ ಇಂದಿನ ಯುವಜನಾಂಗ ವೈದ್ಯಕೀಯ, ಇಂಜಿನಿಯರ್ ಇತ್ಯಾದಿ ಆಗಬೇಕು. ವಿದೇಶಕ್ಕೆ ಹೋಗಿ ಹೆಚ್ಚಿನ ಹಣ ಸಂಪಾದನೆ ಮಾಡಬೇಕು ಎಂದು ಕನಸು ಕಾಣುವುದು ಸಹಜ. ಆದರೆ

ನಿಜವಾದ ಜೀವನದ ಸಾರ್ಥಕತೆ ಹುಡುಕಬೇಕಾದ ಅವಶ್ಯಕತೆ ಇದೆ.

ಜೈ ಜವಾನ್, ಜೈ ಕಿಸಾನ್ ಎಂದು ಲಾಲ್ ಬಹದ್ದೂರ್ ಶಾಸ್ತ್ರೀಜಿಯವರು ಹೇಳಿರುವಂತೆ ರೈತ ಮತ್ತು ಸೈನಿಕ ದೇಶದ ಎರಡು ಕಣ್ಣುಗಳಿದ್ದಂತೆ. ಯುವಶಕ್ತಿ ಕೃಷಿಯಲ್ಲಿ ಮತ್ತು ಸೈನ್ಯದಲ್ಲಿ ತೊಡಗಿಕ್ಕೊಳ್ಳುವುದರ ಬಗ್ಗೆ ಕನಸು ಕಾಣಬೇಕು. ವೈಜ್ಞಾನಿಕ

ರೀತಿಯಲ್ಲಿ ವ್ಯವಸಾಯವನ್ನು ಅಭಿವೃದ್ಧಿ ಪಡಿಸಿ ದೇಶದ ಜನತೆಗೆ ಆರೋಗ್ಯಕರವಾದ ಆಹಾರವನ್ನು ಒದಗಿಸಬಹುದು ಹಾಗೂ ಸೈನ್ಯದಲ್ಲಿ ಸೇರಿಕೊಂಡು ಭಾರತಮಾತೆಯ ರಕ್ಷಣೆ ಮಾಡಬಹುದು, ಸ್ವಾವಲಂಬನೆಯಿಂದ ಸ್ವಾಭಿಮಾನಿಯಾಗಿ ಬದುಕಲು ಟಾಟಾ ಕಂಪನಿಯ ರತನ್ ಟಾಟಾರವರು, ಇನ್ಫೋಸಿಸ್ ನಾರಾಯಣ ಮೂರ್ತಿಯವರು, ವಿಪ್ರೊ ಅಜೀಂ ಪ್ರೇಮ್ಜೇ ಮುಂತಾದವರು ಕಂಪನಿಗಳನ್ನು ಸ್ಥಾಪಿಸಿ ಲಕ್ಷಾಂತರ ಜನರಿಗೆ ಉದ್ಯೋಗಕೊಡುವುದರ ಮೂಲಕ ಅವರ ಕನಸನ್ನು ನನಸು ಮಾಡಿಕೊಳ್ಳುವುದರ ಜೊತೆಗೆ ಸಮಾಜಕ್ಕೆ ಮಾದರಿಯಾಗಿದ್ದಾರೆ. ಯುವಜನತೆ ಆಸಕ್ತಿವುಳ್ಳ ರಂಗಭೂಮಿ, ಸಂಗೀತ, ನೃತ್ಯ, ಕಲೆ, ಕವಿ, ರಾಜಕೀಯ, ಸ್ವಂತ ಉದ್ಯೋಗ ಮುಂತಾದ ಕ್ಷೇತ್ರಗಳಲ್ಲೂ ಅಭಿರುಚಿ ಬೆಳಸಿಕೊಳ್ಳುವ ಅವಶ್ಯಕತೆ ಇದೆ. ಉದ್ಯೋಗದಲ್ಲಿ ಸಣ್ಣ ಉದ್ಯೋಗ ದೊಡ್ಡ ಉದ್ಯೋಗ ಎಂದು ಇರುವುದಿಲ್ಲ. ಪ್ರತಿಯೊಂದು ಕೆಲಸಕ್ಕೂ ಅದರದೇ ಆದ ಮಹತ್ವವಿರುತ್ತದೆ. ಯಾವುದೇ ಕೆಲಸವಾಗಲಿ ಶ್ರದ್ಧೆ, ಗೌರವದಿಂದ ತೊಡಗಿಸಿಕೊಂಡು ಮಾಡಿದರೆ, ಸಮಾಜದಲ್ಲಿ ಮತ್ತಾರಿಗೂ ತಲೆ ಬಾಗುವ ಅವಶ್ಯಕತೆ ಇರುವುದಿಲ್ಲ. ಬಸವಣ್ಣನವರ 'ಕಾಯಕವೇ ಕೈಲಾಸ' ಎಂಬ ಧ್ಯೇಯ ವಾಕ್ಯವನ್ನು ಜೀವನದಲ್ಲಿ ಅಳವಡಿಸಿಕೊಂಡರೆ ಸತ್ವಯುತ ಬದುಕು ನಮ್ಮದಾಗುವುದರಲ್ಲಿ ಯಾವುದೇ ಸಂಶಯವಿಲ್ಲ.

''ಬೆಳಕಿಲ್ಲದ ಹಾದಿಯಲ್ಲಿ ನಡೆಯಬಹುದು,

ಆದರೆ

ಕನಸಿಲ್ಲದ ಹಾದಿಯಲ್ಲಿ ನಡೆಯಲಾಗದು''

ಶ್ರೀಮತಿ. ಸುಮಲತ.ಎಸ್ ಕನ್ನಡ ವಿಭಾಗ

# हिंदी विभाग



देश मेरा यह सबसे न्यारा, कितना सुंदर, कितना प्यारा। यही है गंगा, यही हिमालय, यही हिंद की जान है। तीन रंगों में रंगा हुआ, ये अपना हिंदुस्तान है। PRO GAMER

मेरा देश

हिंदु, मुस्लिम, सिख, ईसाई, यहाँ हर धर्म के लोग अनेक। मानवता ही धर्म हमारा, जिसमें बंधकर हुए हम एक।

रहे सदा यह झंडा ऊँचा, कभी न हो इसका अपमान। मेरा देश, मेरा भारत, हम झुककर करें तुमको सलाम।

अर्वन पॉल, III-D

### मेरा विद्यालय

मेरे विद्यालय का नाम एस.एफ.एस. अकादमी है। मेरा विद्यालय बहुत बड़ा और सुंदर है। मेरे विद्यालय में एक खेल का मैदान है। वहाँ जाकर खेलना मुझे बहुत अच्छा लगता है। 'कोरोना' के कारण मैं अभी घर पर ही पढ़ रहा हूँ।

मेरे सभी अध्यापक बहुत अच्छी तरह पाठ पढ़ाते हैं। हर सवाल का जवाब प्यार से देते हैं। मैं भगवान से विनती करता हूँ कि जल्दी से मेरा स्कूल खुल जाए, मैं अपने अध्यापकों से मिल सकूँ और मित्रों के साथ खेल सकूँ।

दुष्यन्त अर्जुन II-D जीवन में सबसे अच्छा तोहफ़ा जो, बहुत लोगों ने पाया है वो, माँ ही तो है, ये जान लो ।

> सबसे लड़कर हमें बचाती फिर खुद डाँट खाती । उनके लिए शब्द कम पड़ जाएँ मगर वह तो सबको बचाएँ । हमें प्यार और दुलार देकर वे क्यों खाना कम खाएँ।

माँ तो माँ होती है । माँ बिना अधुरा जहाँ ये वो नहीं तो हम क्यों यहाँ पे ।

> चलना हमें सिखाती है, जीवन में दोस्त बनकर आती है, माँ मेरी जान है, उन्हीं में मेरा पूरा संसार है ।

राशि सिंह IV-A

# तीरज गाथा

बाजुओं में फ़ौलाद है, चीते जैसी चाल है, बिजली की रफ़्तार है, हम सब पे तेरा उपकार है ।।

HOPE

स्वप्न जो हमने देखा सदियों से, पूरा उसको तूने किया, नीरज तेरे भाला ने किया माँ धरती का सम्मान है ।।

मान रख लिया तूने हिन्दुस्तान की माटी का, गर्व से सीना चौड़ा हो गया, रच दिया कीर्तिमान है ।।

रीत झा VII-A



# मातृभूमि

ना चाहूँ मान दुनियाँ में, न चाहूँ स्वर्ग को जाना, हे मातृभूमि! तेरे चरणों में सिर नवाऊँ। भारत जननी तेरी जय हो विजय हो, हे मातृभूमि तेरी जय हो, सदा विजय हो।

गर्व आज करता है, अरब, चीन, मिश्र, हिंद-एशिया। उत्तर की लोक संघ शक्तियाँ युग-युग की आशाएँ वारती।

जन का विश्वास ही हिमालय है, भारत का जन-मन ही गंगा है। हिंद महासागर लोकाश्रय है, यही शक्ति सत्य को उभारतीं।

यह किसान कर्मकर की भूमि है, पावन बलिदानों की भूमि है। जन के आरमानों की भूमि है, मानव इतिहास को संवारती।

प्रबल इच्छा तन-मन से हमारी, देश हित में पैदा हुए और देश हित में मर जाएँ। जय-जय-जय भारत देश हमारा, प्राणों से भी ज़्यादा हम सबको प्यारा।

श्रेष्ठा अग्निहोत्री III-D



कोरोना योद्धा

छिड़ चुकी है जंग ये कोरोना, जो कहता है हमसे डरो ना। पूरी दुनिया में आतंक है ये छाया, ये कैसा काला दिन आया।

कार्यालय, विद्यालय, दुकान और बाज़ार सब बंद हुए एक पल में, बूढ़े, बच्चे और जवान, सब फँस गए हैं घर में। लटक गए ताले सब जगह मंदिर, मस्जिद और गिरजाघर में। खतरा ये कैसा जाग उठा, जिसके आगे कोई न टिक सका। कितनों ने अपनी जान गँवाईं, कितनों ने अपनों को है खोया। जब उम्मीद की किरण दिखी नहीं, तब मानो, ईश्वर धरती पर चले आए। डॉक्टर, नर्स, पुलिस, सेना, सब में अपनी झलक दिखाए।

लगे रहे और डटे रहे वो, कई-कई रात जगे रहे वो, उनकी सेवा के आगे खड़े हैं, सारी विश्व सिर झुकाए। ये हैं हमारे कोरोना वॉरियर्स, जो हमें लड़ना सिखाए। इनकी मेहनत और लगन से, हमारा देश हुआ महान।

कोरोना योद्धाओं को हमारा सलाम कोरोना योद्धाओं को हमारा प्रणाम।

अंजिका पॉल V-A



Teachers can change lives with just the right mix of chalk and chilenges



Teac can chang

just the rig

SFS ACADEMY

<complex-block>





110















can change lives with just the right mix of chalk and shalls

111

**SFS ACADEMY** Electronics city

हरी-भरी खेतों में, बरस रही हैं बूँदें। खुशी-खुशी से आया सावन, भर गया मेरा आँगन।

प्रकृति

ऐसा लग रहा है जैसे, मन की कलियाँ खिल गईं वैसे। ऐसा की आया बसंत, ले के, फूलों का जश्न। धूप से प्यासी मेरे तन को, बूँदों ने दी ऐसी अँगड़ाई। कूद पड़ा मेरा तन-मन, लगता है, मैं हूँ एक दामन।

यह संसार है कितना सुंदर! लेकिन लोग नहीं उतने अकलमंद। यही है एक निवेदन, ना करो प्रकृति का शोषण।

कोमल, VII-A



विचार

प्रार्थना ऐसे करो, जैसे सब खुदा पर निर्भर हो। प्रयास ऐसे करो, जैसे सब कुछ आप पर निर्भर हो।

> अ<mark>दिति दास</mark> VII-B



एक कदम आगे बढ्ना है



एक कदम आगे बढ़ना है देश की पुकार है, धरती की ललकार है, रुको नहीं, थमो नहीं, मुड़ो नहीं, झुको नहीं, क्योंकि एक कदम आगे बढ़ना है, मंजिल तक पहँचना है।

बाधाएँ आती हैं, तूफ़ान आते हैं, दरिया में सैलाब आते हैं। बिजली के गड़ - गड़ में भी तुम्हें चलना है, क्योंकि एक कदम आगे बढ़ना है।

मंजिल चाहे हो कितनी भी दूर, मुश्किलों ने कितना भी किया हो मजबूर, निराशाओं ने घेरा है ज़रूर, चीरकर अंधेरे को मुझे आगे चलना है, क्योंकि एक कदम आगे बढ़ना है, मंजिल तक पहुँचना है।

हर राह में रोरे होते हैं, हिम्मतवाले उस पर भी हँसकर चलते हैं। समय ने कितना भी किया हो मजबूर नाते - रिश्ते की बेड़ियों को काट हो जाओ दूर, क्योंकि एक कदम आगे बढ़ना है, मंजिल तक पहुँचना है। एक कदम आगे बढ़ना है।।

यामिनी पाण्डेय VIII-B



क्यों बुरी आदतें निभाना आसान होता है जबकि अच्छी आदतों का पालन करना हमें मुश्किल लगता है । हम हर नए साल में ये प्रण लेते हैं कि इस साल मैं कुछ अच्छा करूँगा जैसे - मैं सेहत पर ध्यान दूँगा, मैं जंक फूड नहीं खाऊँगा या फिर मोबाइल का उपयोग कम करूँगा।

पर हमने देखा है ये सब हम बस कुछ ही दिन कर पाते हैं और वापस फिर से अपने पुराने रवैये पर आ जाते हैं । क्या कभी आपने सोचा है कि अच्छी आदतों को देर तक पालन करना क्यों इतना कठिन होता है? आइए कुछ कारणों पर नज़र डालते हैं ।

1. हमें तुरंत परिणाम चाहिए होता है।

- 2. हम कम मेहनत करके ज़्यादा पाने की इच्छा रखते हैं।
- 3. हम परिस्थितियों से जल्दी हार मान लेते हैं।

हम ये भूल जाते हैं कि सफलता पाने के लिए ज़्यादा मेहनत करना पड़ता है। हमें अपने आत्मबल और इच्छाशक्ति को मजबूत करना होगा तथा हमें अपने दिल और दिमाग पर काबू करना ही होगा तभी जाकर हम अपने सपनों को हासिल कर पाएँगे।

क्या आपको पता है कि नीरज चोपड़ा जिन्होंने हमें ओलंपिक्स के इंडीविजुअल इवेंट में पहला स्वर्ण-पदक दिलाया। उन्होंने 18 महीने तक किसी सोशल मीडिया का उपयोग नहीं किया। उनके पास पैसों की कोई कमी नहीं थी फिर भी उनके पास सिर्फ़ एक बेसिक मोबाइल फ़ोन था जिसमें कोई व्हाट्सएप, फ़ेसबुक, इंस्टाग्राम नहीं था। वो ऐसा इसलिए करते थे क्योंकि उनका लक्ष्य सिर्फ़ एक ही था कि भारत के लिए स्वर्ण पदक लाना।

नीरज चोपड़ा सिर्फ़ अपने परिवार के सदस्यों से बात करने के लिए ही उस फ़ोन का उपयोग किया करते थे। यह सब करना उनके लिए भी मुश्किल था पर ऐसा करके उन्होंने वो कर दिखाया जो आजतक कोई भी हिन्दुस्तानी नहीं कर सका। इसके लिए हम सभी नीरज के मुरीद रहेंगे।

जब नीरज चोपड़ा अनुशासन और अच्छी आदतों का पालन करके यह मुकाम हासिल कर सकते हैं तो आप और मैं क्यों नहीं? आपको यह समझना होगा कि हमेशा त्वरित परिणाम नहीं मिलता, हमें हर दिन अपने आपको कल से बेहतर बनाना होगा

DESALITE DHYATVA-2021

0

0

CD C

વેદ્વર

nggu

0

0

0

114

और यकीन मानिए अगर हम सब ऐसा कर पाते हैं तो भविष्य में आप स्वयं पर गर्व करेंगे।

इस दुनिया में सिर्फ़ मेहनत और शिक्षा ऐसी चीज़ है जिसे कोई भी आप से नहीं चुरा सकता।

आप सब भी छोटी-छोटी अच्छी आदतें अपने जीवन में शामिल करें और स्वयं का, अपने परिवार का, अपने दोस्तों का और अपने शिक्षकों का नाम रौशन करें। आपकी एक छोटी सी पहल आपके आने वाले भविष्य को और भी उज्वल कर सकती है।

आप अपने भविष्य को बेहतर बनाने के लिए अपने आदतों में क्या परिवर्तन लाएँगे? मुझसे ज़रूर साँझा करें।

आपकी उज्जवल भविष्य की कामना करते हुए विदा लेती हूँ।

धन्यवाद

श्रीमती रौशनी झा, हिंदी विभाग हमारी हिंदी भाषा अआ

हिंदी में सुनाए लोरी माँ, भजन हिंदी में गाती है। यही तो वह भाषा है, जो पूरे देश को मिलाती है।

फले-फूले से आगे बढ़े, मेरे दिल की यह अभिलाषा है। मिश्री से भी मीठी है, जो वो हमारी हिंदी भाषा है।

प्यार मोहब्बत भरा है, जिसमें जिससे जुड़ी हर आशा है। मिश्री से भी मीठी है,जो वो हमारी हिंदी भाषा है।

<mark>श्रीमती प्रीति.पी,</mark> हिंदी विभाग



## गुण और अवगुण क्या है?

हम अक्सर इस उलझन में रहते हैं कि हममें क्या गुण है और दूसरों में क्या अवगुण है। ऐसा करते-करते गुण और अवगुण के बीच का अंतर हम भूल जाते हैं। कोई भी व्यक्ति सर्वगुण संपन्न नहीं होता या फिर अवगुण से भरा हुआ भी नहीं होता। व्यक्ति के द्वारा किया गया वह कर्म के पीछे का भाव ही है, जिसके माध्यम से हम गुण और अवगुण के बीच का अंतर ज्ञात कर पाते हैं।

हमेशा स्मरण रखिए -

गिरने में कोई आपत्ति नहीं है, गिरिए तो उस बूँद की भाँति जो, इस संसार को नया जीवन देती है और उस उठने में भी कोई अच्छाई नहीं है, जिसमें किसी और के कंधों पर पाँव रखकर उठा जाए।

अपने अस्तित्व को खोने में कोई बुराई नहीं है, पर खोएँ तो उस बीज की भाँति जो एक वृक्ष को अस्तित्व में लाता है और दूसरी तरफ़ उस अस्तित्व को बानाने का क्या लाभ जो किसी और के सपनों को रौंध के बने।

क्रोध में कोई बुराई नहीं है यदि वो किसी दुष्ट को मार्ग पर ले आए परंतु उस मोह, उस दया का क्या लाभ जो आपको दुर्बल बना दे। अर्थात अच्छा या बुरा कर्म नहीं होता बस वो कब, किस स्थान पर और कैसे किया जाए, वह निर्णय अच्छा या बुरा होता है। यदि सही समय पर करें तो 'गुण' है अन्यथा वह 'अवगुण' है, जो भीतर तक आपको खाता जाता है।

अत: हम सभी को ऐसा कर्म करना चाहिए जिससे हमें कभी पछताना न पड़े और हमें स्वयं पर गर्व की अनुभूति हो।

श्रीमती सुचित्रा मित्रा, हिंदी विभाग

# KINDERGARTEN Section



The animal day was celebrated on August 27, 2021, at 11:30 AM through Microsoft teams. All the students of kindergarten took part in this activity with great zeal and enthusiasm. The session began with an introduction to animals. Students coloured an animal mask of their choice and wore it. They executed wonderful artistic skills through their mask.

Next, the session proceeded with Mimic Activity. Mimic skills are vitally important for the development of language, play and social skills. In this activity, the students imitated the sound of the animal they dressed up as, through a video.

Children are curious to learn new things about their surroundings. They keep asking questions about the world around them. Of all things, perhaps, they are most fascinated by animals. As a part of this day, a quiz was conducted in which the students were divided into five groups. The teacher in charge asked 20 questions, which were distributed in 4 rounds.

Finally, the session concluded with the slogan "SAVE ANIMALS, SAVE LIFE".





1.1.1





The blue day was celebrated on August14,2021,at9.00 AMthrough Microsoft teams. All the students of kindergarten took part in this activity. Each class was handled by a teacher. The celebration started with a prayer after which a small introduction about the colour blue was shared by the teachers. Students were asked to



present and talk about the colour blue. Many of them were creative and prepared well for the day, few were less prepared, yet all had something to present and talk about. Students enjoyed and were happy to present the theme creatively. Once the presentation of the students got completed the teacher shared the PowerPoint presentation for the activity of making a whale. The teacher along with the students completed the activity, and this made the students happier. Even the video of the activity was shared through teams. The day ended with a rhyme on the colour blue. Environment day was celebrated on June 25, 2021, through Microsoft teams. The activities related to environment day were conducted from June 16 to 20, 2021. Plantation of saplings and wealth out of waste were

the two activities that were conducted. Students were asked to send a photo collage of step by step plantation of sapling or wealth out of waste activity. Few students were asked to send videos of prayer, welcome speech, a short speech on environment day and a vote of thanks. The environment day celebration video was made with all these videos and the photo collage.

The third activity, i.e. drawing – an environment picture was conducted during the virtual celebration. A good number of students had shown interest in the activity. The class teachers issued e-certificates to the students who participated in the celebration. The celebration was a great success.







## ENVIRONMENT DAY











Father's Day is celebrated to honour fatherhood and paternal bonds. SFS Academy kindergarten celebrated Father's Day on June 21, 2021, through Microsoft teams. All children showed their love and respect towards their father by making a trophy which said, #1 DAD. For this activity, the teachers guided the children step by step while they were being assisted by their mothers. Students showed great enthusiasm to perform the activity.

The event concluded by gifting the trophy to their father. This beautiful moment was also captured and shared.



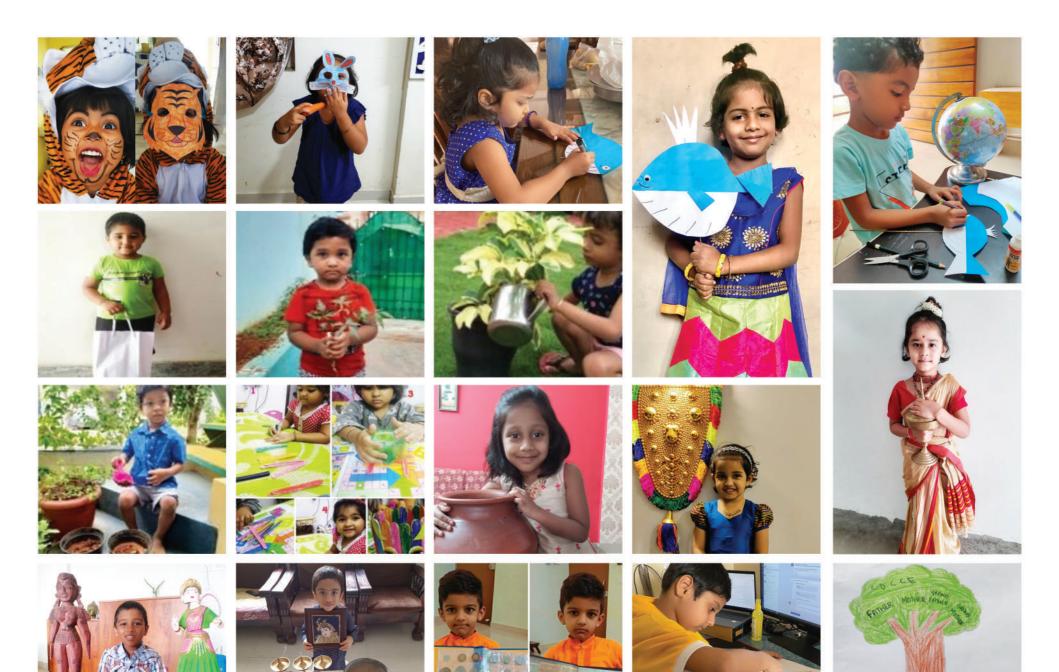






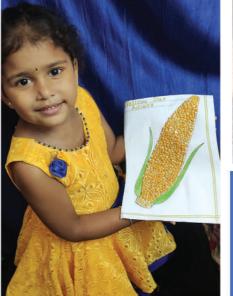
FATHER'S DAY









































Second any Activity SIT

Cat





## FRIENDSHIP DAY

adaddadad

Addaddadda

Friendship day was celebrated on August 5 and 6, 2021, through Microsoft teams. The students of Pre KG, LKG and UKG took part in the activities for the day. Firstly, the friendship day message was shared by teachers through a video followed by a DIY activity for the students. Students had to make a friendship day pop-up card and gift it to their best friend. Teachers of the respective classes shared the presentation on the step by step procedure to make the pop-up card. Students enthusiastically participated in this activity. The celebration concluded with the handing over of the friendship day pop-up card to their best friend.



"There is nothing more wonderful than the love and guidance a grandparent can give to his or her grandchild." - Edward Fays

Grandparents are blessings in disguise. They help us in so many ways, some of which we may not even realize. The ones who are lucky enough to have grandparents surely know their value. They are a blessing from God that cannot be replaced. They are a family's strong foundation. To honour them, SFS ACADEMY Kindergarten, celebrated Grandparent's Day on Tuesday, November 2, 2021.

The celebration began with a prayer and was followed by a welcome speech by one of the kindergarten students. Various games were organised by the teachers for the grandparents and their grandchildren. Some grandparents shared some mesmerizing moments and relived their childhood with their grandchildren. The students also gifted a photo frame to their grandparents at the end of the celebration. The celebration added some new memories to that special bonding. The event was a successful one.

Thank you.























To enhance the reading skills of the children, Between the Covers, the reading day was celebrated on September 17, 2021, at 11.00 AM through Microsoft teams.

The session started with an explanation about the importance of reading to the children. It was followed by a video of the story of the magical grapes, which was enacted by kids. The teachers narrated the story, read aloud along with the children with the help of a PowerPoint presentation. During the activity time, teachers instructed the children to search for capital letters A to G (for Pre KG), two or three letters and five words (for LKG) and ten words (for UKG) from a magazine or newspaper. Then they cut it with the help of their parents and pasted it on an A4 sheet to form small sentences.

The session ended with the quote "TODAY A READER, TOMORROW A LEADER". Children were excited to attend the session and actively participated in the activity.

CALLS ACTIVITIES | CLUB ACTIVITIES | CLUB ACTIVIT

CLUB Activities

-

THE AVERALITIES I WARM AVERALITIES I VEVOLATION AV

CIUB ACTIVITIES I CLUB ACTIVITIES | CLUB ALT

## ECO CLUB

#### Wealth out of Waste

Eco Club is aimed to mobilise its members for the protection of the environment. We stimulate the creativity and environmental awareness in our students by promoting the creative reuse of materials that have been discarded as waste.

#### **Glimpses of Wealth Out of Waste**



## Elocution

One of the main objectives of this event was to encourage and enable students to develop awareness regarding efficient usage of water, effects of non-segregation of e-waste, saying no to plastic and providing an opportunity to express their thoughts on the topics.







## Environment Day

SFS Academy celebrated **World Environment Day** on June 7, 2021, through Microsoft Teams. The motto of the celebration was to create awareness about the need to protect the environment where the students emphasized and explained the 3R's (Recycle, Reuse, Reduce).

AIM OF THE CLUB

The aim of establishing the **Eco Club** is to conserve the natural resources and the natural environment, to create an eco-friendly environment and spread awareness about biodiversity conservation and local environmental issues and also to create a clean and green

consciousness among students through various activities.

# $\bigcirc$

## HEALTH & WELLNESS CLUB

## **GLIMPSE OF THE ACTIVITIES**



# HEALTHY FOOD JUNK FOOD

- Health and Wellness Club activities for the academic year 2021-22 began with a seminar on the topic: FIRST AID for grades I IX on September 15, 2021. Following the seminar, a questionnaire and a feedback form were assigned in MS Forms. The students had completed the questionnaire as well as the feedback form.
- A colouring competition on the topic: Healthy Food was also conducted for grades I V on September 20, 2021. A week was given to upload the activity. The competition was conducted through teams. The template for the activity was posted in the Health and Wellness team. A good number of students participated in the said activity. Students took the printout of the same and completed the activity. Their work was judged based on the criteria given for evaluation.
- A PowerPoint presentation competition on the topic: Healthy Food was conducted for grades VI - IX on September 20, 2021. Students were asked to prepare a PPT based on the given topic as an individual activity. The competition was conducted through teams. Their works were judged based on the criteria given for evaluation.

#### **Objectives**

Health and Wellness Club teaches children how to remain healthy and maintain personal and community hygiene. This club supports and facilitates the adoption of health-enhancing behaviours. This helps assure that the educational gains achieved by a student will be maximized by a long and healthy life as an adult. A comprehensive, well-coordinated health program can promote the optimal physical, emotional, social, and educational development of students.



Heritage is the full range of our inherited traditions, monuments, objects, and culture. Most importantly, it is the range of contemporary activities, meanings, and behaviours that we draw from them. It helps us examine our history and traditions and enables us to develop an awareness of ourselves.

On August 21, 2021, a seminar was conducted on the topic: Sustainable Building in our Locality for students of grades VIII and IX. They were divided into four groups. As an outcome of the seminar, students explained sustainable building and its importance using PowerPoint presentations. This activity helped the students to explore more and gain better insight into the topic.



Collage is an important activity as it helps students to develop their reasoning, creative, imaginative, and problem-solving skills. Moreover, as a form of art, it enables students to express their feelings, thoughts and wishes freely with voices, drawings and movements.

On October 10, 2021, a collage making competition was conducted on the topic: Different Art forms of India. This was an individual activity. The students from grades V - IX participated in this competition. The activity was judged based on creativity, neatness, presentation and clarity concerning the theme.



## I T CLUB









The twenty-first century is characterized by the emergence of a knowledgebased society wherein IT plays a pivotal role.

Club activities are complementary to academic education. IT Club students are provided with an opportunity to develop their technical skills which are essential in this modern world.

IT Club conducted various activities for the students of grades III - IX. The activities were Brain splatter (a quiz competition based on topics: computer virus, computer networks and parts of a computer.), PowerPoint presentation and elocution on the Digital World and Robotics.

The vision of the IT club is to prepare the students or their future needs.

The focus of the club is:

- To explore and effectively express their views and ideas through presentations and illustrations.
- To make effective use of technology related to their topics.
- Become aware of the current trends in technology.
- To learn to leverage ICT tools.
- To enhance their observation skills, memory skills and technical skills.

Students of the IT Club participated enthusiastically in every competition and exhibited their creative and innovative ideas. Students enjoyed thoroughly which enhanced their understanding of learning about new concepts of computer science.







## **MATH CLUB**

## Math Club Activities:

## "Unless you try to do something beyond what you have already mastered, you will never grow."

This being the motto of the Math Club, we have conducted various activities during this academic year for students of grades I - IX. Students from all grades enthusiastically participated in all the activities conducted by the club. Activities adhered to all the requirements to cater for the standard of each category.

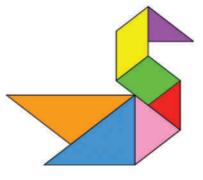


Activities conducted by the Math Club are as follows:

## Math Hunt

This activity encouraged students of grades I - IX to look beyond their textual knowledge and establish a relationship between theory, application and historical aspects of the learnt concepts. This activity was based on the history of Mathematics and mathematical applications in real life.

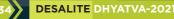
All the club members had participated in the activity with a lot of enthusiasm. The best three students from each grade were selected as winners of the activity.



## **Mathematical Modelling**

This activity was conducted for grades VII - IX to inculcate pure interest in Mathematics. In this activity, students were expected to make working or static models of any topic of their choice and to upload the video of their math models with an explanation in MS

teams. The best models were selected for the mathematics fair.



#### SEPTUPLE SAW MAKING

This activity enabled the students of grade VI to create different images using tangrams. Students had to use tangrams to create images. Students were judged by the number of images they created according to the rules of the game.

## MATH Club



## SHAPES HUNT

Students of grades IV and V had to prepare posters using a set of basic geometrical shapes such as circle, square and triangle which represents festivals (Warli Art). A lot of students enthusiastically took part in this club activity and showcased their talent.

The various activities conducted by the club encouraged the involvement of students, parents and teachers to explore the world of Mathematics, to discover, to learn and to develop an interest in Mathematics.

It has been rightly said that *higher the achievement in thefield of Mathematics, so is the nation's development*.



The **Literary Club of SFS ACADEMY** gives ample importance to the extra-curricular activities for nurturing the personality of the students. The objective of the literary club is to inculcate a flair for language and enhance the literary skills of the students. The Literary Club conducted various language activities for students in English, Hindi and Kannada online. English activities were conducted for grades I-IX during the second week of August. The activities were Picture Composition, Creative Writing, Story Writing and Mad Ads.

For Kannada and Hindi, activities were conducted from the last week of August to the first week of September. The activities were Mono act, Advertisement writing, Poem Recitation, Storytelling, Folk Song Competition and Picture Composition. Activities done triggered one's skills and enhanced students to develop creativity, confidence and to exhibit higher language ability. The students were grouped into different categories and a good number of students had participated in the competitions. The judgement was done based on the criteria given for evaluation.

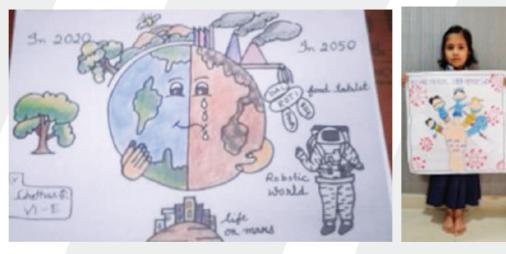






Science Club activities for the academic year 2021-22 began with the release of the Science Club promotional video, "INSIGHT 2021" on August 4, 2021.

A poster making competition to pay tribute to the unsung heroes of COVID-19 was conducted for grades I – III on August 17, 2021. Seventy-five students participated in the competition and their work was judged based on the criteria given for evaluation.





SCIENCE CLUB

> An interactive seminar on the topic: Effects of Mobile Phone Addiction on Human Skin was conducted for grades IV – VI on September 17, 2021, by Ms. Ummehani from the Dept. of Science.

A poster presentation on the topic: Technology in 2050 - A Glimpse into the Future was conducted for grades IV - VI

on August 27, 2021. Forty-eight students participated in the competition and their work was judged based on the criteria given for evaluation.



### ELECTORAL LITERACY CLUB



## ELECTORAL LITERACY CLUB

An Electoral Literacy Club (ELC) is a platform to engage school students through interesting activities and hands-on experience to sensitize them on their electoral rights and familiarize them with the electoral process of registration and voting.

At ELCs, learning meets fun. Activities and Games are designed to stimulate and motivate students provoking them to think and ask questions. Through ELC, the Election Commission of India aims at strengthening the culture of electoral participation among young and future voters.

#### VISION:

' To make its utmost contribution to have an active democratic citizenry originating in integrated civic and voter education and electoral participation right from a young age.

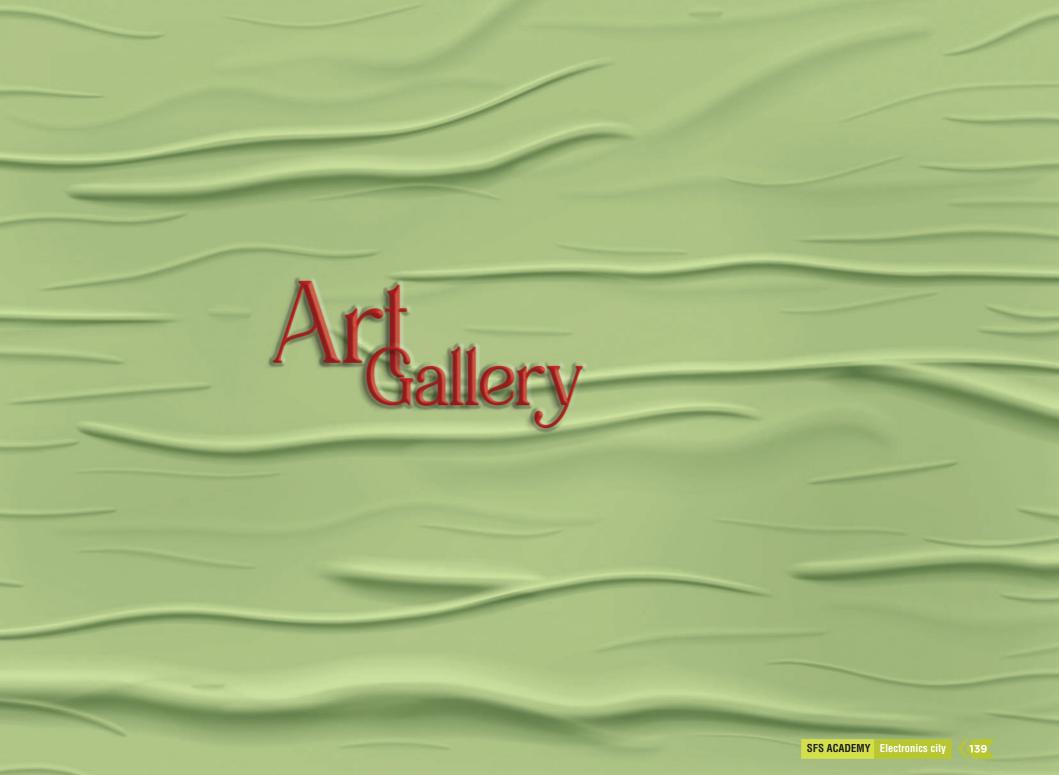
#### **OBJECTIVES:**

• To educate the targeted populations about voter registration, the electoral process and related matters through hands-on experience.

- To familiarize the targeted populations with EVM and VVPAT and to educate them about the robustness of EVM and integrity of the electoral process using EVMs.
- To help the target audience understand the value of their vote to ensure that they exercise their suffrage right in a confident, comfortable and ethical manner.
- To harness the potential of ELC members for carrying the electoral literacy in communities.
- To facilitate voter registration for its eligible members who are not yet registered.
- To develop a culture of electoral participation and maximize informed and ethical voting and follow the principle 'Every vote count's and 'No Voter to be Left Behind'.

#### **Activities Conducted:**

- As part of the ELC activity, to create awareness among students on the importance of voting, mock online voting was conducted through MS teams and students participated actively.
- PPT presentation on The Election Commission of India was conducted online where students presented the PPT on ECI, its objectives, importance and Procedures involved in electing the representatives.
- Project presentation on political parties was conducted offline to extend the knowledge on learning in detail about the Political parties, selection of symbols, principles, types etc., to understand the work of political parties in a better manner.



## Gallery



**Jiyanshi Chakraborty** Pre KG-B



Kiara Rajpoot Pre KG-C



**Jannela Sreeyansh Prabhakar** Pre KG-C



**Kavya** Pre KG-B

140



Madhesh V Pre KG-A



Advikasree, LKG-C



Aaradhya, LKG-A



Roshan V R, LKG-A



Aashi Aayat, LKG-C

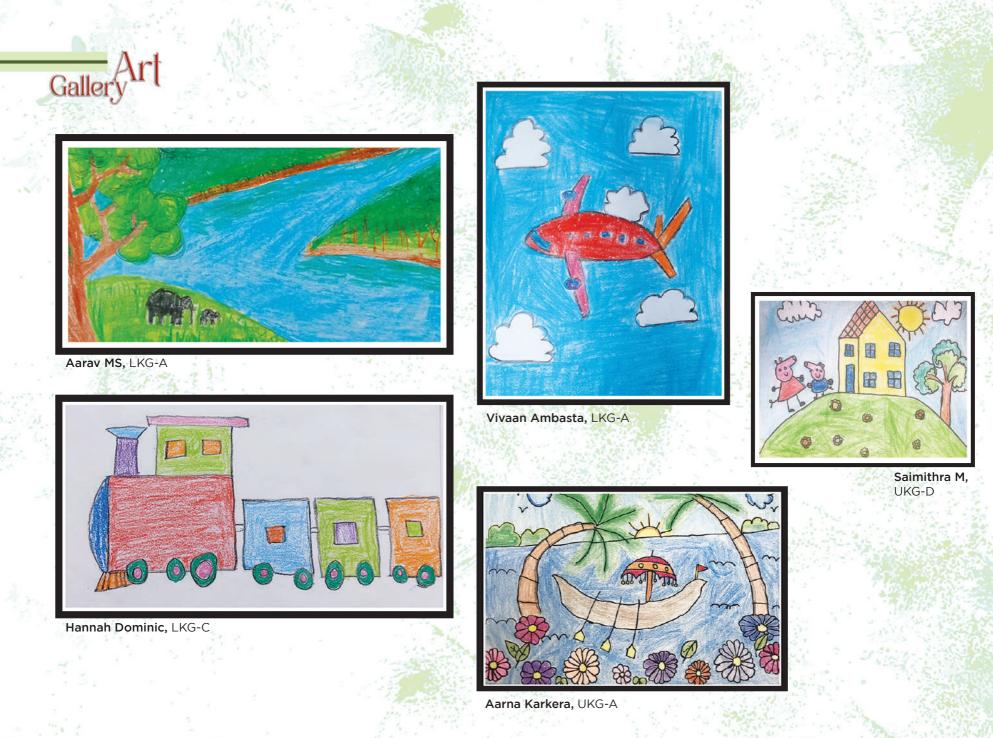


Sri Lakshmi Rahul, LKG-B



Artallery

Remona Olivia, LKG-D

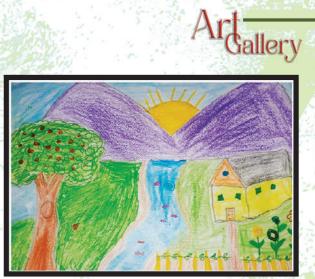




Advitha Raj, UKG-A



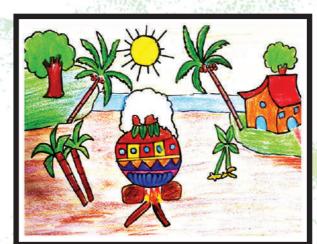
Akshitha Sivakumar, UKG-B



Janvi KS, UKG-A



Sheryl Dsouza, UKG-E



**Tanisha,** UKG-D



Thanusk Morey PS, UKG-D

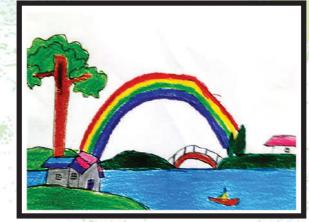
## Gallery



Daniela Stephen, I-E



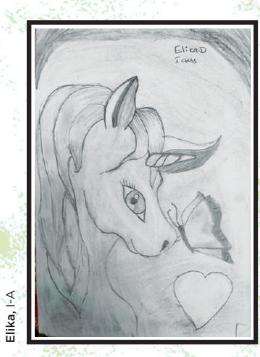
Pranavika V, I-C



Saugya, I-A







14



Dhanvi.S, II-C



Aarav, II-B



RK Sudish, II-C

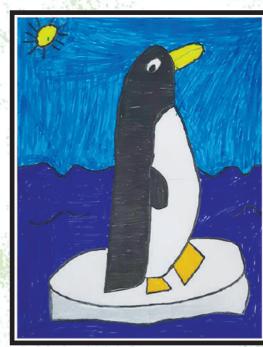


Artallery

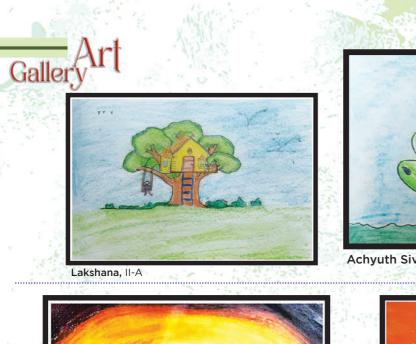
Dhyuti.S, II-C



Hrishika Rajesh, II-B



Dushyanth Arjun, II-D



- Daplin Stephin







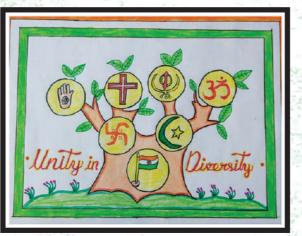


Shreya Varghese, III-E

Daphne Stephen, III-A







Mellina Gunasekaran, III-C



Srinandana A, III-C

## INDIA Shuvesha

Artallery

Anwesha Khandai, III-D



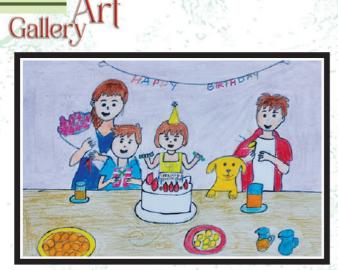
Aniketh Shenoy P, IV-A

Shambhavi Singh, IV-A



Sri Thaniksha, IV-B

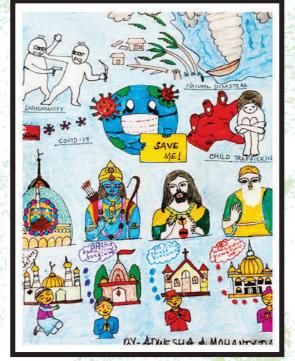




Devananda, IV-C



Bhuvi.D, IV-F



Adwesh A Mohanty, IV-E



Anushka Mitra, IV-B

Aqsa Khan, IV-E



Sri Taniksha, IV-B







Ananya Anish, V-A



Ruthvik Kesineni, V-D



Artallery

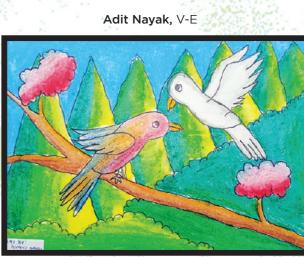
Joshua John Rims, V-A



Adarsh, V-A



Laya Shome, V-A





Karthikeyan, VI-B \*\* Amala Joselin, VI-A Pencil destch



Harshini B, VII-B



Nagarjun, VII-B



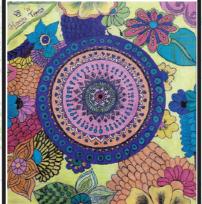
Sayoojya, VII-A



Nandona, VII-B



Siddharth Reddy, VII-C



Komal Tanta, VII-A



Vishaka, VII-C



ACADEMY

BA 'S DAY



ELECTR

## CHILDREN'S DAY









FIOBITUR/ CHILDREN'S F 2021

















A DEN

NITU DREN'S

ACADEM

FIORITURA































SFS ACADEMY Electronics city





























































SFS ACADEMY Electronics city 193

































VII - B







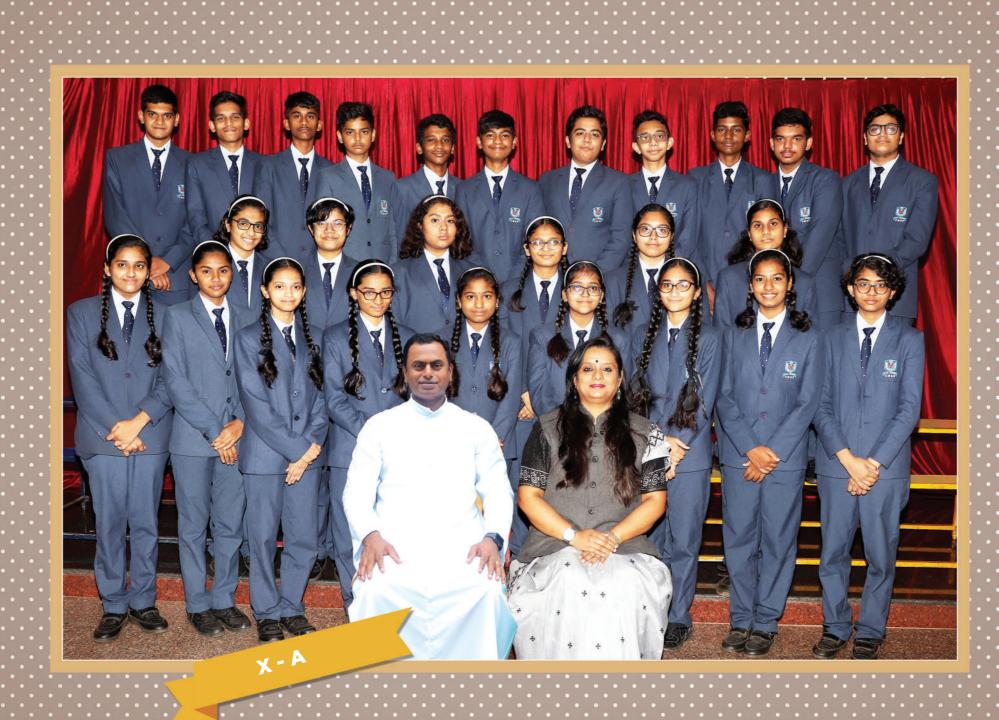












SFS ACADEMY Electronics city 209





210 DESALITE DHYATVA-2021



## Ny School

A kid who enters a school is enlightened by acquiring knowledge through education and he/she learns good manners through practice. This helps them to grow and progress in life.

SFS Academy is one such divine place. The infrastructure of the school is commendable. The classrooms are spacious and provide a positive learning environment. The campus is filled with plants and trees, which keeps the air so fresh and the surroundings green.

The principal, teaching and non-teaching staff and housemothers are very kind and encourage students' academic growth, personal growth and creativity and even help them to discover themselves.

The curriculum is taught with utmost care ensuring the holistic development of a child.

Students also participate in various extra-curricular activities like quizzes, debates, elocution, singing, dancing, acting, etc.

A kid who enters a school They also make use of the excellent sports facilities of the is enlightened by acquiring school for their physical recreation under the guidance of knowledge through education trained instructors.

Also, students have access to the library that has a good collection of books alongside an ample reading space. It helps the students to enhance their knowledge on an individual basis.

The laboratories are well equipped with modern instruments and apparatus which help them to get first-hand learning experience by performing the experiments.

The management, principal and staff instil confidence in every student. A healthy sense of self-confidence is necessary for children to develop social skills and resiliency and to embrace one's potential inside as well as outside the classroom setting.

Also, there are routine connects with the parents. The school fosters successful parent involvement by making them an integral part of the institution.

Suvarna, Sanvi's Mother (I-A)













tein ti

SFS ACADEMY

184 Frank / 283

212 DESALITE DHYATVA-2021















## STAFF Photos







**(U)** Department of English





62 Department of Hindi



Department of Mathematics

220 DESALITE DHYATVA-2021





.

Department of Social Science 



224 DESALITE DHYATVA-2021











## JESUS CHRIST Our Saviour



