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SFS Academy Tech Times

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KARGIL

★★ VIJAY DIWAS ★★



BRITISH
COUNCIL

International
Dimension in
Schools
2022-25

"Education of the heart is the heart of education."

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"If, when stung by slander or ill-nature, we wax proud and swell with anger, it is a proof that our gentleness and humility are unreal, and mere artificial show." - St. Francis de Sales

PRINCIPAL'S MESSAGE



"Blessed are the peacemakers, for they will be called children of God".

"Our flag does not fly because of the wind; it flies with the last breath of each soldier who died protecting it." - Unknown

A soldier fights not because he hates what is in front of him but because he loves what's behind him. We sleep peacefully because the Indian Army guards the frontiers. Nationalism entails laying down one's life for one's country, willing to give up one's life for the welfare of all.

But do we ever think of the cost of such combats? It is the loss of lives – the loss of someone's husband, someone's brother, someone's friend or someone's son.

In reality, war is a dreadful depravity. It refers to an armed battle between nations.

During wars, there is massive destruction of property, wealth, trade, industry, etc. It completely perturbs the social life of people.

Many people argue that war is a necessary evil and the only process of solving international disputes. But, if truth be told, war happens, only because people are not ready to settle disputes in tranquillity.

Peace means complete freedom from disturbance. Once the world starts believing that wars are unnecessary and decides to do away with war completely, we will certainly find a route to harmonious co-existence.

A human being's love for peace is ubiquitous. A human being is by nature amicable and reposeful. War does not furnish proof of the idea that human is a hostile and warring animal. Even history delineates that the acts of war could not spoil the least human's unsolicited love for peace.

Modern people are threatened by the dreadful inventions of science. But this actual threat is not from science but from war, in which the power of science is maltreated and mishandled.

It is one thing to keep a nation strong and vigorous and save it, it is another thing to pervade a malicious spirit of belligerence and spoliation into it.

The modern nations must truly realize in their heart the magnitude of the teaching – 'For all, they that take to the sword, shall perish with the sword. Then and then only shall peace reign in the world'.

"Patriotism consists not in waving the flag, but in striving that our country shall be righteous as well as strong." – James Bryce

Rev. Dr. P M Lawrence

Principal, SFS Academy

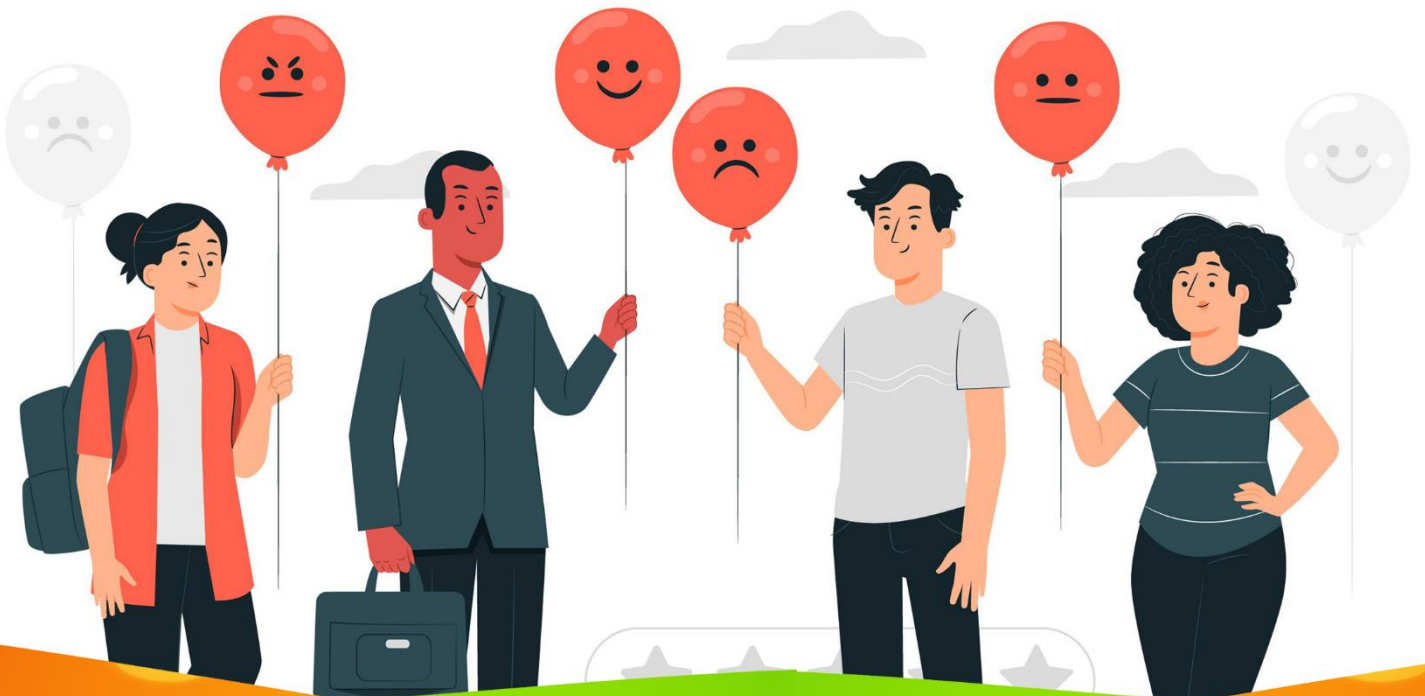


*Trividham narakasyedam dwaaram naashanamaatmanah;
Kaamah krodhastathaa lobhas tasmaadetat trayam tyajet'*

The above-mentioned verse from Bhagwad Gita cautions the human species of the three inimical foes; lust, greed and anger. Though it is essentially difficult to be liberated from these in the present society, the more an individual unshackles himself from these, the nearer he gets to manufacturing a devout and quiet life. In the present society spilling over with ferocious rivalry, individuals are moulded to have diligent longings. These longings are vindictive in camouflage. We fool ourselves into feeling that the satisfaction of these cravings will escort us to a serene and amicable life. However, in logical inconsistency to this, the actual satisfaction of these very wants makes us greedier and triggers a chain reaction of an unbelievable number of materialistic desires. On off the opportunity that an individual comes across any hindrance in the way of fulfilling his needs, in his fury, he loses the understanding to discern between what is good and bad. However, a man who recognizes these devastatingly vehement feelings and disengages himself from the equivalent is a hero! He reverberates his good faith and joy in all directions.

Liberating the brain from these energy-sapping inclinations towards desires, avarice and outrage can transform our work to the zenith of elegance. In this state, comes our most noteworthy accomplishments accompanied by sublime joy.

Mrs. Sarika Mishra
Academic Coordinator



A LETTER FROM THE LEADERSHIP

THE MUSICAL CHAIRS OF A CAREER

In this remarkably ambitious and competitive world, where everybody wants to make a difference and leave a mark, choosing the right profession is what takes you there. And doing that is way harder than what we believe it would be like. The fact that choosing a profession sets the basis for our entire future; weighs heavy.

Sometimes we wonder if we should follow the money or our passion. Why not a career we are passionate about and yields a high income. In the past few years, students are gradually realizing that following one's passion is what makes one successful. But in reality, most of us fail to recognize our talents and end up choosing the wrong profession.

With a plethora of choices in front of us, we may end up on a disillusioned path.

Albert Einstein once said, "Everybody is a genius, but if you judge a fish by its ability to climb a tree, people will believe that the fish is quite stupid. The fish's best ability is to swim in the water." The value here is that everyone in this world has distinctive and unique skills, so to pull that out and to recognize our talents, sometimes we require external help.

But by who?

This is where career counselling comes in. As human beings, we all require guidance to improve ourselves and get to know ourselves better.

Career counsellors do just that. They help us in recognising our talents; our distinctive abilities and make sure we choose the right path.

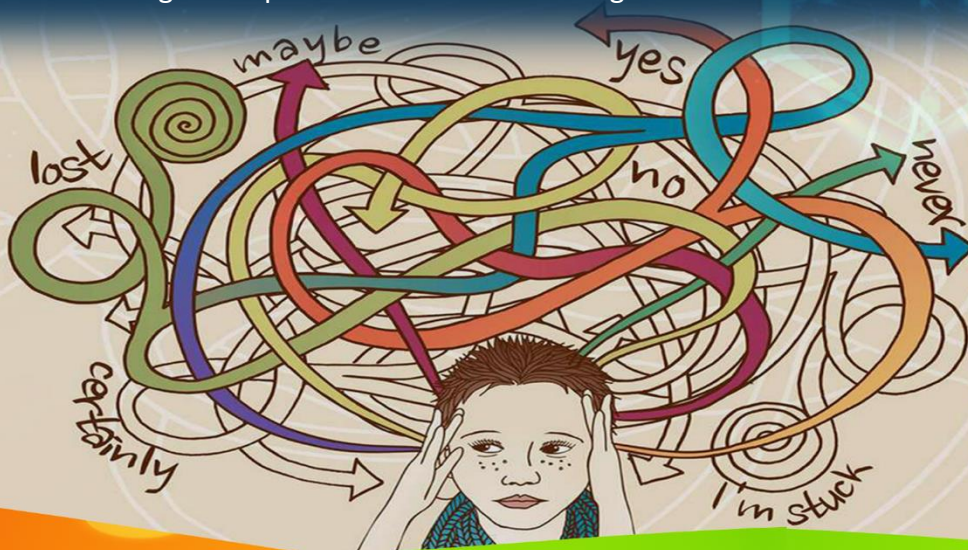
They are experts with knowledge about career information resources; that help us to avoid getting disillusioned or choosing the wrong path for the rest of our lives.

Career counselling holds a huge significance in a student's life, which can simply turn around scenarios upside down for them.

Our school understood the significance of career counselling and arranged an enlightening, empowering and entertaining session.

This session changed our lives for the better and made us look at different career options from different perspectives. It helped us get a clear idea of who we want to become and what we need to do to reach there.

I would like to thank our principal and the management on behalf of all of us for making that possible and for understanding the importance career counselling holds in one's life.



Suhani Arora
X B
Head Girl



KARGIL VIJAY DIWAS '22

Introduction: To remember our martyrs by revisiting their sacrifices, students of grade IX, sections A and B present an article on Vijay Kargil Diwas. This article aims to spread the message that it is the duty of each one of us to remember the sacrifices of the martyrs who laid down their lives for the country.

Alvin: Hi Rahul. What are you thinking about?

Rahul: Nothing bro, I am just thinking about a movie which disturbs me a lot.

Alvin: Which movie is that?

Preetham: Hey! You don't know? Last Saturday we both saw that movie. It's all about the real incident of war.

Alvin: Hmmm! I forgot which movie it was. But why does it disturb you so much?

Rahul: It's Shershaah.

Preetham: Yes! Shershaah! It is a good one to talk about the Kargil war.

Rahul: It inspired me a lot to serve our nation and now I am interested to join the Indian Army.

Hrushikesh: Even I want to join and I have taken a step by joining NCC in our school.

Preetham: Did you know the hero of the film, captain Vikram Batra also fought in the Kargil war?

Vinay and Alvin: Can you tell us more about the Kargil war?

Hrushikesh: Hey! I know it. There was peace in the air. The Lahore Declaration had been signed by our then Prime Minister Atal Bihari Vajpayee and his Pakistani counterpart Nawaz Sharif on February 21, 1999. But in May 1999 Pakistan Army, disguised as Kashmiris and crossed the Line of Control (LoC). This infiltration in the Kargil sector was reported to the Indian Army by a local shepherd. His message alerted the Indian Army and they launched 'Operation Vijay'.

Vinay: Oh! So that was the start of the Kargil war. But what about the hero of the film? I mean the real hero?

Nagarohan: Royston, isn't it, Vikram Batra?

Royston: Yes man. His name was Vikram Batra. Preetham, will you tell us in detail about him?

Preetham: Sure friends. Vikram Batra's battalion, the 13 Jammu and Kashmir Rifles (13 JAK Rif) reached Dras on June 6, 1999. They were placed under the command of the 56 Mountain Brigade and were given orders to act as reserves to the 2nd battalion of the Rajputana Rifles (2 RAJ Rif) during their attack on Tololing mountain. The 18th battalion of the Grenadiers (18 Grenadiers) first attacked Tololing on May 22, 1999, but was unable to capture the peak. 18 Grenadiers made four attempts to capture Tololing, but could only succeed in securing the lower slopes while suffering heavy casualties. Eventually, 2 RAJ Rif was assigned the mission of capturing Tololing and they did so on June 13, 1999. After capturing Tololing, 13 JAK Rif marched from Dras to Tololing and reached their destination in 12 hours. Upon reaching, Alpha Company of 13 JAK Rif took over Tololing and a portion of the Hump Complex from 18 Grenadiers.

Sameer: Does anyone know how Vikram Batra died?

Alvin: Oh yes, I read about it in an article. Subedar Sushant from the 13 JAK Rif who was on duty at Peak 4875 in Kargil shared about the valour and duty consciousness of Vikram Batra even in the crucial movements.

On the dawn of that capture, one of his colleagues lay injured in the snow, open to enemy fire while they were hiding behind a bunker. It was his job to go and fetch that soldier to safety. But Captain Batra refused his permission and went ahead himself. Captain Batra told him that the first pledge he had taken as a Gentleman Cadet was to put the safety and welfare of the nation foremost followed by the safety and welfare of the men he commanded. His own personal safety came last, always and every time. Captain Batra was killed as he shielded and brought that injured soldier into the bunker. Every morning thereafter, as they stood guard, he could see Captain Batra taking all those bullets, which were actually meant for him. It was like being in the line of fire.

Rahul: Bravo! It was good leadership. Yes, it was really in the line of fire.

Alvin: But, what was the result of all this fighting? What was the aftermath of the Kargil war?

Preetham: July 26 is observed as Kargil Vijay Diwas in the memory of soldiers who sacrificed their lives in the Kargil war. It took place from May 3 to July 26, 1999, after the Pakistani troops were identified at top of the Kargil hills. The war came to an end on July 26, 1999, when Indian troops established victory by recapturing all the Indian posts that had been occupied by Pakistani infiltrators. This day commemorates the success of 'Operation Vijay'.

Rahul: By the way Preetham, how do you know much about the Kargil war?

Preetham: It's because I want to join the Indian Army. I feel inspired because the hands of the soldiers had climbed mountains, pressed the trigger and hoisted the tricolour. It encourages me to be in the Indian Army.

Alvin: But why? Joining the Indian Army is so risky. Even your coming back home safely is not confirmed.

Hrushikesh: It's not like that Alvin. Do you know what Vikram Batra said? He said, "Either I will come back after hoisting the tricolour, or I will come back wrapped in it, but I will be back for sure." —Capt. Vikram Batra, PVC. This is about our love for our nation.

Alvin and Sameer: It is true. This feeling gives goosebumps to us and we are very proud to be an Indian.

Preetham: Looking at the Indian flag gives me a sense of patriotism and a sense of pride to hold the tricolour and to serve our nation.

Hrushikesh: After listening to you even I am inspired.

Vinay: I will join the Indian Army and save our country from all dangers. I assure you that I will protect my country.

Sameer: Like you even I want to do something for our motherland.

All together: We respect all those brave souls who have time and again lived up to the tradition of valour, heroism, sacrifice and fortitude. We especially salute the epic heroes of Kargil warriors with pride.



TRANSCENDING TEACHING BEYOND CLASSROOM

The International Dictionary of Education (1977) defines co-curricular activities as the:

“Activities sponsored or recognised by a school or college which are not part of the academic curriculum but are acknowledged to be an essential part of the life of an educational institution. Co-curricular activities include sports, school bands, student newspapers, etc. They may also be classed as ‘Extracurricular’ i.e., activities carried on outside the regular course of study; activities outside the usual duties of a job, as extra class activities.”

We, at SFS Academy, believe that while academics are important, it is the co-curricular activities (CCAs) that teach lessons that transcend beyond the classrooms. The CCAs provide a channel for reinforcing the lessons learned in the classroom. It helps the students to apply their academic skills in a real-world context. Our CCAs aim at producing holistically developed individuals with the appropriate skill sets that enable them to make a difference in society.

The CCA's are offered to the students of grades I to IX and they are conducted on Thursdays (grades I to IV) and Fridays (grades V to IX). This academic year we are offering Bharatanatyam, Kathak and Western dance forms, Keyboard, Guitar, Horse Riding, Taekwondo and Skating. We also introduced special coaching in any one sport for the students of grades V to IX. This special coaching is offered for cricket, volleyball, football and basketball. All these activities are facilitated by professionals in the field. Let's have a look at their profiles.



1. Ms Vinitha Nair for Bharatanatyam

Ms Vinitha is a Bharatanatyam exponent along with Kuchipudi and Mohiniyattam. She has also received awards like Natya Ratna National Award in the All India Classical Dance Festival and a few more.



2. Ms Julie Masih for Kathak

Ms Julie is a dancer, choreographer, fitness instructor and celebrity fitness coach with more than 16 years of experience in the fields of Zumba, Dance Fitness, MMA, Aerobics, Functional and Combat Training and various styles like Hip Hop, Salsa, Jazz Funk, Bachata, Kathak, Belly and Lyrical Contemporary. She is the director and founder of Rhythmic Feet Dance Academy and Step Rockerz, a member of the UNESCO International Dance Council and a certified aromatherapy practitioner. She is also the founder of Kath-Elly, which is a fusion of Kathak and Tribal Belly dance forms. She was also the director of Gucci Fashion India and represented Karnataka in 2021. She was even awarded the Women Entrepreneur award recently.



3. Ms Sanskriti Pandey for Western Dance

Ms Sanskriti is a Freestyle and K-Pop Choreographer with three years of experience in the fields of Freestyle, Western, Contemporary and K-Pop dance forms. She is also a Fitness Enthusiast having a year of experience in Zumba, Dance Fitness and Aerobics.



4. Ms Meghana Balaji for Western Dance

Ms Meghana is a western and Indian contemporary dancer and choreographer. She completed her Bachelor's in Performing Arts from Christ University, Bangalore, and from there she went on to perform all over India and internationally. She is one of the performers who represented our country in the US under the guidance of Padma Shree Awardee, Aruna Mohanty. She performs for various government-oriented events all over the country. As a choreographer, she holds prizes for a lot of dance competitions for schools, colleges and IT sectors. She also conducts online classes for students, nationally and internationally.



5. Ms Pasqualina Josephine for Keyboard

Ms Pasqualina possesses vast subject knowledge through varied experience across different fields. She holds a Bachelor's in Engineering and has previously supported and contributed to the roles of Senior Systems Engineer and Online Coding Tutor for two years. With grade 5 keyboard certification from Trinity College, London, and more than 15 years in the choir, she proclaims an overall 15+ years of experience in the field of music.



6. Mr Chittaranjan Nayak for Guitar

Mr Chittaranjan has more than 15 years of teaching experience in music. He is certified by Trinity College, London. He is also pursuing higher grades in Rock and Pop and Classical Guitar.



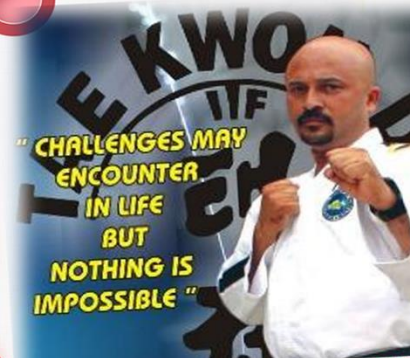
7. Ms Sivaranjani for Horse Riding

Ms Sivaranjani is a Horse Trainer and Instructor with 9 years of experience. She is currently the Head Coach at Talent Exposure Sports Academy, Hosur. She holds a Bachelor's Degree in Criminology and Police Administration, from Chennai. She has been a part of the Republic Day Parade in 2015 and the Horse Riding Parade in Honorable PM's rally in 2015. She even represented Tamil Nadu in a National Level Competition in Delhi. Horses are her life, passion and hobby. She claims she forgets the whole world when she rides as it gives her immense happiness and courage.



8. Mr Pradeep Janardhana for Taekwondo

Mr Pradeep is a 7th Degree Black Belt (IND 4-7). He is the youngest and the 4th in India to achieve this level. He carries more than 25 years of experience in Taekwondo and is one of the renowned instructors in India. He is the General Secretary of Taekwondo Association of Karnataka, Vice President and Database Officer of Taekwondo Association India, Treasurer of South Indian Taekwondo Federation and the Vice Chairman of Publishing Committee Asian Taekwondo Federation, Korea. He is also an international instructor, examiner and umpire (A Class).



9. Mr Madhusudan T for Skating

Mr Madhusudan is a former national level player; skating coach; official of the Karnataka Roller Skating Association and Bangalore District Roller Sports Association; Secretary of Akhada, the Sports Academy and a technical referee of Roller Skating Association, Karnataka and India. He was also the team coach of Karnataka for the 49th National at Pune in 2019. He has 14 years of experience in training kids at beginner, intermediate and professional levels. He has achieved more than 50 medals at the district, state and national levels. Mr Madhusudan conducts skating classes in various schools, clubs and academy's in Bangalore and has trained more than 600 children in different styles of skating - Speed Skating, Freestyle Skating and Hockey Skating.



10. Mr Chandra Kiran. N

Mr Chandra Kiran completed his M.P.Ed from the University of Mysore. He specializes in Athletics, Swimming, Shuttle Badminton, Volleyball, Basketball, Kabaddi, Kho-Kho, Chess and Mass Demonstration Activities. He is a Karnataka state-qualified referee for volleyball and even officiates for different sports.



11. Ms Smitha G V

Ms Smitha has completed her M.P.Ed and has done a certificate course in Yoga. She has represented Davangere University (five times) and KSW University, Vijayapura (one time) for Kho-Kho, Basketball and Athletics for various inter-university competitions cross country. She participated in the State-level PU Athletic Meet for 100 meters in 2007. She has also participated in State-level Women's Pykka (Panchayat Yuva Krida Aur Khel Abhiyan) in Tumkur (2010-11). She secured the Davangere University Player Award for 3 years consecutively for Kho-Kho. She was also awarded as the best Kho-Kho player by KSW University in 2014. She specializes in Badminton, Volleyball, Cricket, Hockey, Athletics and Yoga.



12. Ms Sushmitha Shetty

Ms Sushmitha completed her B.P.Ed from Bengaluru North University. She also holds a Master's Degree in Commerce from Christ University, Bangalore. She represented Christ University in the South-Zone Inter-University Volleyball Championship from 2013 to 2018. She was part of the Indian National Throwball Team and Karnataka Throwball Team for many championships. She has also received awards for her excellence in sports.



13. Mr David Madhalai Raj A

Mr David completed his M.P.Ed from the University of Mysore. He specializes in Volleyball, Shuttle Badminton, Swimming, Athletics, Basketball, Handball, Yoga and Cricket. He has participated in Volleyball matches for different tournaments and competitions. He won the Best Volleyball Player Award in an intercollegiate tournament held at Maharaja's College, Sports Pavilion, Mysore and was awarded as the best sportsman by St. Mary's Composite Junior College, Martalli. He is also a Karnataka state-qualified referee for Volleyball.



14. Mr Chethan S

Mr Chethan completed his B.P.Ed from Bangalore University. He participated in the Malaysian Open Club Championships in 2018. He was part of the Indian National Team for Ultimate Frisbee in London in 2016. He has represented Karnataka and Bangalore University for Kho-Kho matches. He is even a state-level athlete for Long-Distance.



15. Mr Ashwin Kumar B M

Mr Ashwin completed his B.P.Ed from Bengaluru North University. He also holds a Bachelor's Degree in Computer Applications from Bangalore University. He worked as a Leapstart Physical Education Trainer in Fitkids Education and Training Pvt. Ltd, Banglore for 4 years. He represented Mysore University for Kho-Kho in the Mysore Dasara Sports Festival held in 2012 and for Maharishi Patanjali Award (2011-12) held at Siddarabetta, Koratagere. He has been a Basketball Coach at Nadaprabhu Kempegowda Club Banashankari, Bangalore, for 2 years.



16. Mr S. K. Vinod

Mr Vinod is an 'A' Division League Player and Coach in Basketball. He has played for Junior and Senior Karnataka State Teams; ITI and BEL Factories; Accenture and Beagles Basketball Club. He has also been a coach for the Karnataka State Team; Sarala Birla Academy, Bannerghatta; Christ Academy, Begur; St. Francis School and College, Koramangala; Christ University, Bannerghatta; RV College, Mysore Road and Sindhi College, Hebbal.



Our CCAs help the students to discover their interests and abilities; which in turn helps to instil the 'all-rounder' factor in our students. Research suggests that students who participate in co-curricular activities show improved academic results, stronger relationships in schools and are more likely to lead a healthy and dynamic existence. Moreover, they also feel a sense of belonging to the school and have higher self-esteem.

We wish our students can stimulate creative thoughts, improve social skills, develop interests and talents and are taking the chance to do something they really enjoy.

Ms. Christina Francis
Counsellor and Faculty





A LETTER TO YOUNG PARENTS



Dear Parents,

Most of us live a life full of stress. Stress at home, at work, and in social relationships. Our children deserve a better chance. The kind of life they will have when they grow up depends entirely on how we bring them up now. A human child is the weakest at birth compared to all other offspring in the animal kingdom. It learns real slow too, but learns well, adapts well and each one develops differently. The first few years are the most important in a child's development and that time is spent mostly with you, the parents. It is you who make them or break them.

The environment at home is the most important factor. A child is good at observing. A child should feel that they are loved unlimitedly and unconditionally, but not exclusively. They should also feel that all the members of the family love and respect each other in the same way. So keep your fights and disagreements away from your child. Since your child is a biological extension of yourself, it can also sense and feel your emotions, so endeavour to keep stress, anxiety and all negative emotions out of your life, especially in the early years of parenting.

When you start sending your child to school, more so, if it is your first child, you will have so many questions in your mind. Will she be scared of the school? Will she fight with her classmates? Will she like her teacher? Will she learn anything at all? Will she do as good as other children? Will peers hurt her? And so on. The worries are natural. Parents all over the world are the same. Some children are fast learners, some slow, but they all will get through, and so will the worrying parents. So just stop worrying.

Let me suggest a few things. I'm sure, you all would have heard it a few times.

Remember - each child is unique. Children are like flower buds. It is the duty of all of us, to help them bloom. When they bloom, they become a thing of beauty, but each is unique. Some come into the kindergarten already knowing how to read and write, some have barely mastered a few strokes or shapes or patterns or colours. You have to try to understand your child's weakness and give all possible support to develop the skill to overcome that weakness. He may be a slow learner, but he will learn, in his own time, at his own pace. Some will glide through learning in rocket mode, some at a snail's pace. Either case, the worst thing you can do, is to compare him to other children. Comparing will make weak children weaker and less confident and the faster ones into overconfident bullies.

Do not base your child's ability or success on her performance in the early stages of schooling. Some children take to schooling right away and others go slower and need more time. You would be surprised, at what a few months at school can do to your child.

Spend quality time with your child. For at least two hours a day, keep your modern toys, gadgets and TV shows aside and play with your child; especially, you dear fathers. At first, it may be a bit difficult for some, but learn to play with your child. Bring out the child in you. Once you get the hang of it, you are going to enjoy it more than your child. While playing, you can gradually introduce a lot of values into their life. Explain why some things are right, while others are not.



Involve your child in household chores. Children enjoy mimicking their elders. Let them help you with some activities, like doing laundry, cleaning the house, and doing the dishes. I know they will make a mess of it. Enjoy the mess. Practically speaking, when you are washing the vessels, you seat your four-year-old on the kitchen slab and let him help you dry the non-brittle ones. You could explain the colour, the number, the patterns, what they are called, the why, and even how they are made. Be a teacher in the kitchen. You dads, when you are messing up your furniture, your gadgets, your vehicle or even your garden, let your child get you your tools, let them help you, let them handle the harmless equipment, but always be cautious.

Talk, talk, talk. Be a chatterbox. Always talk to your child. When you talk, be clear and precise so that your child can catch each word accurately. Let them ask all the questions they want. Answer them. If you don't know the answer, get it for them. The child is going to irritate you by asking you the same thing again and again. Bear with them and tell them again. A one-year-old child can speak about ten words and a three-year-old should be able to manage simple sentences. Instead of showing them TV, or giving them a phone to play with, tell them stories. Make up some stories of your own, involving characters they can connect with. Ask them to tell you stories. Let them make up their own silly imaginary stories. Be a good actor, react, and bring out exaggerated expressions on your face to go with it. When your child is back from school, instead of talking about school or her classes, talk about other stuff. Ask her what she saw on her way. What fun she had that day. Did she see any animals on the way? She will start becoming more observant.

Exams – Don't worry about a three-year-old's exams. No one is going to bother about her grades in her Math or English assessment. However, she is going to remember how happy she was in her childhood and how she enjoyed school. Exams in early schooling are just a means to assess a child's progress and to find out how she can be helped to learn better.

Here is what I learned about the early years of learning, after being an educator for 30+ years (mostly in kindergarten) and after bringing up a child of my own, now a young lady. The kids are fine – all of them. It is the grownups who are not perfect. The grownups need to introspect, shed some misconceptions of theirs, unlearn a lot, and then relearn with their kids. They have to learn in modern times, in modern terms. Bringing up children or working with children is like a fast-track course in self-improvement. The early years of learning are all about holding the hands of the young parents in understanding and bringing up their precious little ones, together as a community.

Mrs. Rosamma James
Academic Coordinator



GRACIAS



“Parting is the sweet sorrow.” - William Shakespeare

On July 2, 2022, SFS Group of Institutions bid farewell to our beloved Rev. Fr. Tony A J, MSFS. He was the Finance Administrator of the SFS Group of Institutions. Fr. Tony is an outstanding leader, a people person and a problem solver, who accepts challenges as opportunities. He has been appointed as the Assistant Director of Finance at St. John's National Academy of Health Sciences, Bengaluru since January 2022.

The entire Desalite family thanked him for his selfless service during his tenure by organising GRACIAS. Students from all SFS Institutions expressed their gratitude to Fr. Tony by presenting a bonanza of their talents. The Management felicitated him and shared the moments they spent together for the development of SFS Institutions.

It was a very heart-touching programme. Everyone expressed their gratitude and wished him good luck in his new endeavour.

Ms Harvinder Kaur A G

Dept. of English



SPRIGHTLINESS



As rightly said by Helen Keller "Alone we can do so little, together we can do so much."

Teamwork is the ability to work together towards a common vision. It is the fuel that allows common people to attain uncommon results.

The house system is of great importance to one's school life. Its function is to inculcate the spirit of healthy competition among students and encourage it within the school. 'Sprightliness', the weekly activities of the four houses namely, Legendary Spartans, Invincible Samurais, Nifty Knights, and Ambitious Avengers were conducted every week from July. Students of each house from grades I to X were awarded marks based on different parameters like classroom involvement, discipline, etiquette, participation in enrichment activities, competitions, achievements, etc.

On the completion of the first week of July, the total scores of each house were tallied and the Ambitious Avengers emerged as the winner. For the second week, the Invincible Samurais emerged victorious.

As a mark of victory the teacher in charge, along with the house captains, proudly unfurled the house flag in the presence of the Principal during the school assembly on the last working day of their winning week. The winners were applauded by everyone.

The assembly culminated with words of encouragement from the Principal, followed by the school anthem and the national anthem.

Mrs. Simi Mathew
Faculty, Dept. of Science





BLUE DAY

SFS Academy Kindergarten celebrated BLUE DAY on Friday, July 1, 2022. The theme for this year's celebration was 'Every Drop Counts - Save Water'. A special assembly was held for all the Kindergarteners, where students spoke about the significance of the colour blue. They were dressed in blue and various activities were conducted for them.

PRE KG: Students were asked to paint a paper plate with blue colour and stick fish and weeds to make a paper plate aquarium.

LKG: Students were asked to stick pieces of blue crepe paper on a dolphin template.

UKG: Students were given a fish template. They were then asked to stick multicoloured scales on the fish.

At the end of the celebration, all the students were given a raindrop crown which stated the theme of the celebration.

Mrs. Anupama G H

Facilitator, Kindergarten



HEALTHY DIET DAY

SFS Academy Kindergarten celebrated Healthy Diet Day on Friday, July 8, 2022. This day was celebrated to promote healthy eating habits and inculcate food discipline in our young students. A special assembly was held for the kindergarteners during which the students gave a presentation on healthy and junk foods.

The students learned more about food and nutrition and pledged to adopt all they have learned. As a part of the celebration, all the students got fruits and dry fruits for snacks and one vegetable for lunch.

Mrs. Chaitra Shenoy
Facilitator, Kindergarten



SCHOOL CAMPUS TOUR

“The bits I most remember about my school days are those that took place outside the classroom, as we were taken on countless theatre visits and trips to places of interest.” - Alan Bennett

The journey of a thousand miles begins with a single step. The SFS Academy Kindergarten organised a school campus tour on July 25, 2022, for the students of LKG and UKG and on July 26, 2022, for the students of PRE KG.

It was a fun educational tour that encouraged the students to relate with what they are surrounded by, to connect to learning in the classroom and also take care of their campus. It was a good opportunity for them to know more about their second home and the facilities it provides. They could also meet the students and staff and have interactions with them.

Students visited various rooms like the Staff Rooms, Storeroom, Library, Costume Room, Biology Lab, Music Room, Sickroom, Counselling Room, Computer Lab, Robotics Room, and NCC Room located on the floor 1, 2 and 3. On the ground floor, they visited the Principal’s Chamber, Administrative Office, Reception, Dance Room and Auditorium.

During the tour, the students were super excited, observant and inquisitive to know about the different rooms on their campus.

Mrs. Preethi Anthony
Facilitator, Kindergarten





Campus tour



TUTELAGE

Greetings

Indian culture is a complex and chaotic mixture of different rituals and traditions just like most of its cities and towns. But behind these overwhelming practices, lies a logical foundation of thousand years old. Many of these old practices lead toward a sound and healthy life. Namaste as a form of no-touch greeting is the greatest example in the current time. Our school students wish the principal and staff by joining their hands and bowing their heads. It is the highest and the most respectful form of greeting we can find in any culture of the world.



Meditation

Staying calm and composed and paying attention to our activities are essential. SFS Academy creates such an environment to help students to concentrate and self-introspect through meditation. At school, the day begins and ends with prayer and is followed by meditation. This helps students to be focused on their academic and non-academic activities and to gain concentration; be relaxed physically and mentally to balance their daily activities. It also helps them to recollect the various tasks to be completed and retains their memory.



Classroom Activities and Revision

Encouragement and motivation is the key to success. Teachers conduct various activities during their classes to support and help the students to remember the concepts well. Activities are also conducted during the revision classes through which students can recollect the concepts and correlate them with other disciplines. This creates an activity-based learning environment and a positive competitive spirit among students. Activities like quizzes, group discussions, worksheets, map work, envelope and model making, preparation and presentation of PPT, application-based questions, revision tests, etc. were conducted by the teachers. As a result, students could enhance their knowledge and prepare well for their Periodic Assessment I.



Homework

Homework allows students to revise classroom learnings and builds the habit of self-study. The teachers and students follow a homework timetable which was made at the beginning of the academic year. Only two homework per day is assigned to the students. This includes not just the written work but also some reading work. The homework is designed in such a way that it encourages recalling and application of content knowledge, higher order thinking and critical analysis.



Mrs. Jyothi Rosheni

Faculty, Dept. of Social Science



PERIODIC ASSESSMENT I

“Exams play an important role in the process of learning and the whole educational institution”. They can be a great way to assess what students have learned concerning specific subjects. Exams are intended to develop a sense of responsibility among students to remember the concepts and present them in the most valuable form. It helps to determine the ability of a student and to bring improvement in their knowledge and provide feedback.

SFS Academy conducted Periodic Assessment I for grades I to VIII and Pre-Term for grades IX and X from July 11 to 18, 2022.

Preparations for the smooth conduct of examinations, which included preparing timetable schedules, invigilation duty lists, seating allotments in the examination halls, etc. were done under the guidance of the Principal.


Inventory control of the various items required (answer booklets and supplementary sheets) was taken care of before the commencement of the examinations. “Time management is a key to success and is a skill which needs the practice to master”.

The portions for the Periodic Assessment I and Pre-Term were completed on time by the teachers and the question papers were prepared well in advance. Teachers trained the students well by giving them sufficient revisions in the form of class tests and worksheets so that they get good scores.

The examinations went on well as planned with the cooperation and support of the Principal, staff and students.

Mrs. Geethanjali B.

Faculty, Dept. of Social Science







ವಿದ್ಯಾದೇಗುಲ

ಜ್ಞಾನದ ದೀವಿಗೆಯು ಕಂಗೊಳಿಸುತ್ತಿರಲು,
ಕೈಬೀಸಿತು ಬೆಳಕು ತನ್ನಯ ಹೊಸಲಿಗೆ ಬರಲು,
ಶಿರವ ತಗ್ಗಿಸಿ, ಕಾಲನ್ನು ಜೋಡಿಸಿ,
ಜ್ಞಾನವ ಅರಸಿ ಬಂದ ಯಾತ್ರಿಕರು ನಾವು!

ನೂರಾರು ಕನಸಿನ ಪುಸ್ತಕವ ಹೆಗಲೇರಿಸಿ,
ಆತ್ಮ ವಿಶ್ವಾಸದ ಸಮವಸ್ತ್ರ ಧರಿಸಿ,
ಗೆಳೆತನದ ಬೀಜವ ಎಲ್ಲಡೆ ಹೆಣೆಸಿ,
ಹೊಸದಾದ ಚೇತನದೊಂದಿಗೆ ಪುಟ್ಟ ನಗುವಿನೊಂದಿಗೆ,
ಜ್ಞಾನವ ಅರಸಿ ಬಂದ ಯಾತ್ರಿಕರು ನಾವು!

ಗೆಳೆತನದ ಉಯ್ಯಾಲೆಯಲಿ ತೇಲಾಡಿ,
ನೂರಾರು ನೆನೆಪಿನ ಗೋಪುರ ಕಟ್ಟಿಸಿ,
ತುಸು ಮುನಿಸಿನ ಮೊಗವ ಅರಳಿಸಿ,
ಮತ್ತದೇ ನಿರೀಕ್ಷೆಯೊಂದಿಗೆ ಕಣ್ಣಂಚಿನ ಕಣ್ಣೀರಿನೊಂದಿಗೆ,
ನೆನಪುಗಳ ಹೊತ್ತು ತಂದ ಯಾತ್ರಿಕರು ನಾವು!

ವಿದ್ಯೆಯ ಧಾರೆಯೆರೆದ ಶಿಕ್ಷಕರ ನೆನೆದು,
ಜೊತೆ ಜೊತೆಯಾದ ಸಹಪಾಠಿಗಳ ವಂದಿಸಿ,
ನೆನಪುಗಳ ಹೊತ್ತು ತಂದ ಯಾತ್ರಿಕರು ನಾವು!
ಕಲಿತ ವಿದ್ಯಾಲಯಕ್ಕೆ ಚಿರಋಣ ಎಂದೆಂದ ..

ಚರಿಷ್ಠ. ವೈ
೧೦ 'ಬಿ'



ಮನಸ್ಸು

ಭಾವನೆಗಳ ನೆಲೆ ಮನಸ್ಸು

ಪ್ರೀತಿಯ ಬೆಳಕು ಮನಸ್ಸು

ಕರುಣೆಯ ಸಾಗರ ಮನಸ್ಸು

ಕ್ಷಮಿಸುವ ಗುಣ ಮನಸ್ಸು

ನಗುವಿನ ಮುಖವಾಡ ಮನಸ್ಸು

ಇವೆಲ್ಲದಕ್ಕೂ ಬೆಲೆ ಕೊಡುವ ಏಕೈಕ ಗುಣ ಮನಸ್ಸಿದ್ದು. ಆದ್ದರಿಂದ ಬೇರೆಯವರ ಮನಸ್ಸನ್ನು ನೋಯಿಸಬಾರದು. ಒಮ್ಮೆ ಹೊಡೆದು ಹೋದ ಗಾಜನ್ನು ಜೋಡಿಸಲು ಅಸಾಧ್ಯ, ಹಾಗೆಯೇ ಒಮ್ಮೆ ಹೊಡೆದು ಹೋದ ಮನಸ್ಸನ್ನು ಜೋಡಿಸಲು ಅಸಾಧ್ಯ. ನಮ್ಮ ಬುದ್ಧಿ ಎಂದಿಗೂ ಈ ಎಲ್ಲಾ ಗುಣಗಳನ್ನು ಹೊಂದಿರುವುದೇ ಇಲ್ಲಾ ಏಕೆಂದರೆ ಇವುಗಳಿಗೆ ಬೆಲೆ ಕೊಡುವುದೇ ಇಲ್ಲಾ. ಬೇರೆಯವರ ಭಾವನೆಗಳನ್ನು ಅಳಿಯುವ ಶಕ್ತಿ ಮನಸ್ಸಿಗೆ ಇದೆ. ಪ್ರೀತಿಯಿಂದ ಜಗವನ್ನೇ ಜಯಿಸಬಹುದು, ಇಂತಹ ಪ್ರೀತಿ ತೋರುವುದು ಮನಸ್ಸು. ಒಬ್ಬರು ಕರುಣಾಮಯಿ ಎಂದರೆ, ಅವರ ಮನಸ್ಸು ಬೇರೊಬ್ಬರ ಕಷ್ಟಗಳಿಗೆ ಸ್ಪಂದಿಸುತ್ತದೆ. ದುರ್ಬಲರು ಬೇರೊಬ್ಬರ ತಪ್ಪನ್ನು ಎಂದಿಗೂ ಕ್ಷಮಿಸಲಾರರು, ಆದರೆ ಕ್ಷಮಿಸುವ ಗುಣ ಶಕ್ತಿವಂತರಿಗೆ ಆಯುಧವಾಗಿರುತ್ತದೆ. ಒಳ ಮನಸ್ಸು ನೊಂದಿದ್ದರೆ, ನಗುವಿನ ಮುಖವಾಡ ಹಾಕಿಕೊಂಡು ಬೇರೊಬ್ಬರನ್ನು ನಗಿಸುವ ಮನಸ್ಸನ್ನು ನಾವೆಲ್ಲರೂ ಪ್ರೀತಿಸಬೇಕು. ಎಲ್ಲಾ ನೋವುಗಳನ್ನು ನುಂಗಿಕೊಂಡು, ಬೇರೊಬ್ಬರ ಕಷ್ಟಗಳನ್ನು ಹಂಚಿಕೊಂಡು ಬದುಕುವ ಮನಸ್ಸು ಎಂದೆಂದಿಗೂ ಅಜರಾಮರ.

ಶ್ರೀಯ.ಬಿ.ಎಂ

೧೦ 'ಬಿ'



बेहतर कल के वादे

कल मैं धूप देखूँगा,
रात मैं बारिश के बाद,
हाँ, मौसम ठीक रहेगा
सुबह के उजाले में ।
कल मैं क्षितिज के ऊपर मुस्कराते
हुए सूर्योदय देखूँगा ।
मेरी आँखों के उदास आँसू
गुमनामी में गायब ज़रूर हो जाएँगे ,
अगले दिन एक नई आशा नज़र आएगी ।
मेरी असफलता नीले रंग में फीकी पड़ जाएगी,
जैसे - जैसे मैं आगे बढ़ता जाऊँगा ॥
अब अतीत को पीछे छोड़ने का समय गया ,
कल को भूल जाओ,
अब मेरे पास सकारात्मक दिशा होगी
आशावादी पथ पर चलने के लिए।
अब मैं आकाश की ओर देखूँगा,
और बेहतर कल के वादे के साथ
एक नई उड़ान भरूँगा ॥

**Komal
VIII C**



एक बेहतर कल बनाने के लिए

बहुत साल पहले की बात है। एक शख्स दावा करता था कि वह सितारे देखकर लोगों का भविष्य बता सकते हैं। एक दिन वह सड़क के किनारे चल रहा था। शाम का समय था। चलते समय भी उसकी आँखें सितारों पर थीं। वह नीचे बिल्कुल भी नहीं देख रहा था। अचानक सामने कीचड़ से भरा गहरा गड्ढा आ गया और वह उसमें गिर गया। वह डूबने लगा। खुद को असहाय पाकर वह ज़ोर-ज़ोर से चिल्लाने लगा। लोगों ने उसे खींचकर गड्ढे से बाहर निकाला। तभी वहाँ खड़ा एक व्यक्ति ने कहा कि तुम्हें अपने भविष्य का पता नहीं और तुम दूसरों को देखने चले थे।

इस कहानी से हमें यह सीख मिलती है कि आपका वर्तमान ही आपका भविष्य तय करता है। इसलिए वर्तमान में संतुलन बनाए रखें।

**Nandona Chattopadhyay
VIII D**

एक बेहतर कल

कल हमेशा अच्छा होता है। बीतने वाला दिन हमेशा हमें आने वाले दिन के लिए एक नई ऊर्जा देता है। हर आने वाला कल हमेशा आगे बढ़ने और नया काम करने की प्रेरणा प्रदान करता है। किसी दिन अगर हम ज्यादा परेशान होते हैं तो ये सोच कर सुकून होता है कि कल सब ठीक हो जाएगा। इसलिए कल हमेशा अच्छा लगता है। हर कल की शुरुआत खुशियों भरी आशा के साथ होती है। जो हमें जिंदगी में आगे बढ़ने की प्रेरणा देता है।

किसी ने सच ही कहा है " आज चाहे कुछ भी हो जाए या कितना भी बुरा क्यों न लगे। जीवन चलता रहता है यह कल होगा " - मेरी एंजलो

कल और कुछ नहीं बल्कि वास्तव में बिना किसी दाग के श्वेत पत्र है। आप नहीं जानते कि कल क्या होगा। कल का इंतजार करोगे तो कल जरूर आएगा। लेकिन आप बेहतर कल की प्रतीक्षा करते हैं तो यह आसानी से आपके पास नहीं आएगा। इसे पाने के लिए आपको अपनी तरफ से पूरी कोशिश करनी होगी। कुछ चीज़ें हैं जिनके द्वारा हम अपने और अपने आसपास के लोगों के लिए अपने कल को बेहतर बना सकते हैं। बेहतर कल की ओर पहला कदम हमारी शिक्षा है। अतः शिक्षा सशक्तिकरण का एक रूप है व क्षमता निर्माण का एक उपकरण है।

**SHAURYA NANDINI
VIII C**

Is War, No Matter How Justified, Really Necessary?

About a month ago, during our English class, we were reading a story which was mainly about World War I. The story's name is 'The Best Christmas Present in the World' written by Michael Morpurgo. The story revolves around a letter written by an English soldier to his wife, Connie. That was the last letter he had written. We could feel the pain of the soldiers irrespective of the country they belonged to. The story touched me deeply and made me ponder! Is war really necessary? When we share the same planet with the same logic of geography, why do we build walls across cities to kill each other and find causes to hate each other? We should avoid wars as it kills and harms a lot of soldiers. The soldiers have no personal enmity with each other. War causes post-traumatic stress disorder and can lead to moral injury as well-namely, as the deep shame, guilt, anger or anxiety experienced by soldiers as a result of killing or harming others.

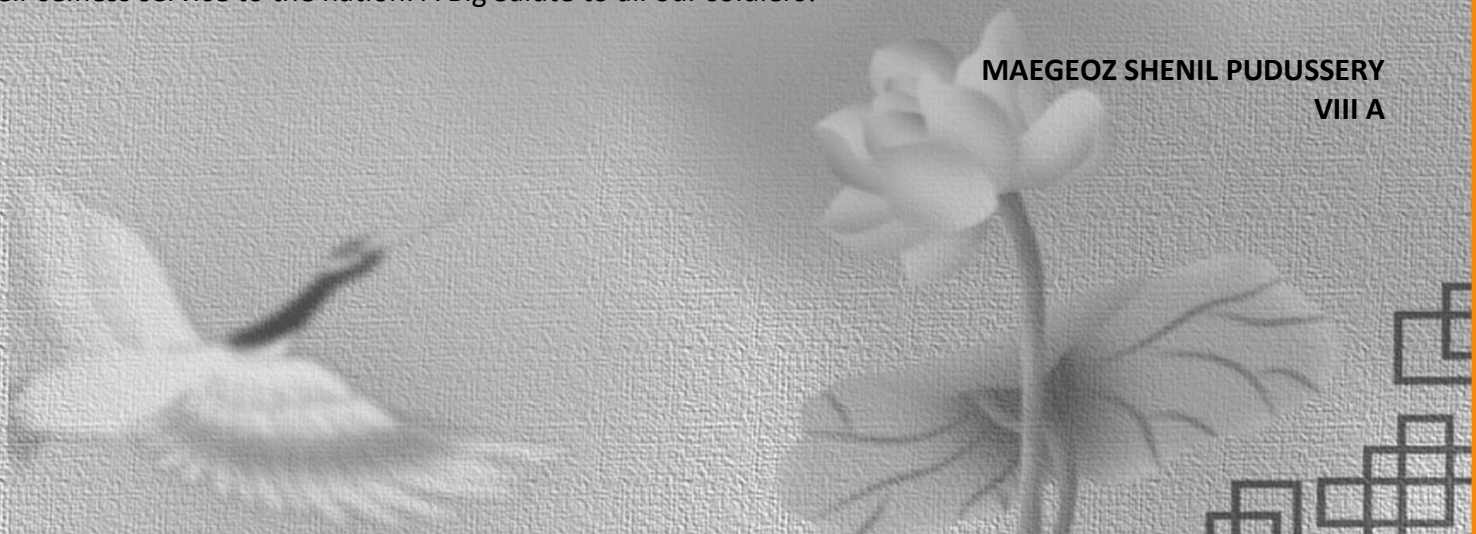
"Two armies that fight each other is like one large army that commits suicide" Henry Barbusse

JAFITA.M
VIII-B

THE EMINENT INDIAN ARMY

The Indian Army is our nation's pride. The President of India is the Supreme Commander of the Indian army. It is one of the biggest and finest armies in the world with so many soldiers. It is the army that safeguards our land borders. Our brave soldiers have to bear so many hardships and sufferings to protect our country from external and internal security threats. It is because of their sleepless nights and countless sufferings; we are able to sleep peacefully in our homes. Every Indian is filled with courage and patriotism on seeing our brave soldiers. Our army not only maintains peace and national security at our borders but is also involved in rescue operations during natural calamities like floods, landslides, etc. No amount of words can describe their selfless service to the nation. A Big Salute to all our soldiers!

MAEGEOZ SHENIL PUDUSSERY
VIII A





The Dare Devils

The Kargil War, oh what a fight!
The soldiers; brought back home.
What a painful, throbbing sight!
The sad stories of death in a tome.

For the honour of motherland
They fought till their last breath.
Their lives are great and grand
They gifted us their lives in death.

The war made the humanity cry
The soldiers; our wealth and pride.
We all shed our tears; but why?
Let's rejoice in their selfless stride.

CHARAN ADITYA KANDREGUAL
VIII B

"Brave men rejoice in adversity, just as brave soldiers triumph in war."

But what is real bravery? What is real courage? Is it only to fight? Is it only our physical strength?

I feel real courage is to stand by the truth, to stand by the right, to go out of our ways to show kindness, to help the one who's in need, and a lot more.

It is easy to talk about courage but it's very difficult to be courageous. I humbly pray that God doesn't only save us from all dangers but gives us enough courage to confront all difficulties of life.

RAMKUMAR YANKANCHI
VIII A



KARGIL DIWAS

"A soldier is the only one with a strong heart filled with love, and a mind filled with courage who can let his life go for the nation." A soldier is the only one true man who does not live for himself, he lives for his nation and to make us feel safe and secure in our nation. This is the best love expressed by these brave warriors, their birth seems like a precious gift given by God to the citizens of a country.

The Kargil Vijay Diwas is celebrated on the 26th of July every year. It is a remembrance of every citizen that how India won the victory over Pakistan on that day in Kargil war. This war was fought on the mountain tops of the Northern Kargil District in Ladhak, in the year 1999.

The soldiers in this war bravely sacrificed their lives for the nation. They gave up their personal desires to save the citizens of India. Their sacrifice led us to immense love and respect for them.

This day is a historical record of India to let the people of this country know and recall how these brave soldiers sacrificed their lives. Just because of their sacrifice, the citizens of India live in peace. India is very proud to have these soldiers, as their love, respect and patriotism towards the country help the people of India live peacefully. It is their hard work, and struggle that let us all live freely in our country. They do not meet their families very often, they are always ready to give up their lives for the people of our country. Facing all the difficulties in the borders, they give us a peaceful sleep at night. We must respect, remember their sacrifice and pray for them and their families.

SHIVAKSHI GIRI
VIII A



VALIDATION

I, Sai Rakshitha of grade VII am really happy and emotional to share something which I experienced in school. It is something interesting and I wish to share it with you all. It happened suddenly and I was taken aback. I remember it was on a Monday morning during the second period. I was eagerly waiting for the English class. An activity was conducted by the teacher where we had to describe our siblings with some adjectives. Everyone in the class spoke about their siblings and their behaviours. Many of them even highlighted the troubles caused by them. I was expecting that at least one soul in the class will be sharing the happiest moments with them but I was disappointed. When my chance came I started to talk about my sibling who is not with me now. I shared my view, that the greatest thing in one's life is to have a brother or a sister with us. God gave me a chance and I missed that chance to take care of my sister. For me having a brother or sister is in itself a great thing in life. I concluded by saying that we should not feel that our siblings are our competitors. They are the blessings of our life and they are a gift from God. Always treat them with love and care.

Sai Rakshitha

VII D



Before I joined SFS Academy, I was very silent. I barely used to interact with friends. I never liked sports and had a hard time making friends. I used to find it hard to come out of my comfort zone. The lockdown had made things worse; but then slowly things started to change. The first step of this was with my class teacher. She was the one who interacted with me and she used to ask me many questions. When offline classes started, my classmates became friends and they encouraged me a lot to do things that I wouldn't even think of doing! My interest in studies has increased and I am very fond of doing mathematics and it all happened because of my maths teacher. There were various activities which made my days fun. I have improved myself and have started involving myself in various activities and interactions in the class. And I have even volunteered myself for many activities in the class. During physical education classes, I recognised my interest in basketball and now I am practising it every day. I have got many positive thoughts and good vibes, my attitude towards studies has changed and my fluency in English has increased because of my teachers. I am extremely happy after seeing the changes in my behaviour, studies, language and much more. I am looking forward to having more wonderful years to come in this institution.

Nandona Chattopadhyay

VIII D





How my parents have changed my attitude?

I thank my parents, teachers and every individual who has helped me to be what I am today. The major contribution of my change in attitude goes to my parents as the home is the first school for a child. I would like to pen an incident here.

Some years back, I was a bit careless regarding switching off the lights or the fans whenever I would leave the room. Though my parents would tell me many times. I would shun their advice.

Once my parents showed me an article in the newspaper where still some villagers in our country don't have electricity and the children and elders in those villages had to suffer a lot because of the scarcity of electricity.

This plight moved me and I made up my mind not to waste electricity because every unit of electricity saved can light someone's home.

Kaushik Prabhu

VII A



COVID - 19 Vaccination Drive

As a precautionary measure in this COVID pandemic situation, we arranged a vaccination drive for our students aged 12 years and above. The students of age 12 - 14 were vaccinated with Corbevax and students above the age of 14 were vaccinated with Covaxin under the supervision of our school nurse.

200 students of grades VI to X within this age group were vaccinated on July 8, 2022, with the consent of their parents. The admin staff along with the support of the Dept. of Physical Education successfully coordinated and completed the drive. The refreshments and lunch for the Health Department team were taken care of by the housekeeping staff.

Mrs. Madhuri Ullly

Dept. of Administration



Aadhaar Camp

Aadhar Camp was organised for the students, parents and staff on July 22 and 23, 2022. The admin staff along with the Aadhar service team successfully organised the camp and the services were availed by 250 applicants. The refreshments and lunch for the Aadhaar service team were taken care of by the housekeeping staff.

Mrs. Madhuri Ullly

Dept. of Administration



A group of diverse cartoon children are standing behind a large white banner. One child is holding a green balloon, and another is holding a drawing of a landscape. A graduation cap and a rolled-up diploma are on the right. The background has a lined paper texture with small paper airplanes and clouds.

Highlighting Triumphs

“The secret of your success is determined by your hard work and a strong focus on your goal!”

We find immense pleasure in sharing the exemplary performance of our grade X students at the AISCE 2022. Out of 49 students who appeared for the exams, a whopping 27 students scored a distinction and 22 passed with first class.

Ashwajit Khan who has scored 97.8% is the school topper. Siri and Shreyas shares the second position with 95.2% and in the third position are Kritika Naik and Lokesh with 94%. Kritika Naik has scored 100% in English.

The Management, Principal and Staff of SFS Academy congratulate all the students for their exceptional performance and their parents for their unwavering support all through.

The stupendous result reflects the perseverance, tenacity and hard work of the students, parents and teachers under the guidance and leadership of the Principal, Rev. Dr P M Lawrence.

Congratulations to the students for this momentous achievement.

Mrs. Regina Benjamin

HOD, Dept. of Mathematics









SFS ACADEMY

ELECTRONICS CITY, BANGALORE - 560 100



ASHWAJIT KHAN
97.80%



SIRI C
95.20%



SHREYAS S
95.20%



KRITIKA NAIK
94.00%



LOKESH B
94.00%

Congratulations!

School Toppers 2021-22

The New House System

"If you are a true warrior competition doesn't scare you, it always makes you better." - Andrew Whitworth

Competition among the students is always a great motivator. It breeds many possibilities in them. SFS Academy announced the new house system for the academic year 2022-2023, on July 17, 2022.

The house names are as follows:

Red House - Legendary Spartans

Yellow House - Ambitious Avengers

Blue House - Invincible Samurais

Green House - Nifty Knights

Students are looking forward to executing their work with these remarkable titles. The students are being evaluated weekly through different activities. Every Saturday the winning house's leaders hoist the house flag during the assembly.

Mrs. Madhavi Malhotra

Dept. of Hindi

To watch the video, click the link:

https://drive.google.com/file/d/1ttai0WkAjKNKQa8eyMcG5aI2t_C-sOzX/view?usp=sharing



BIRTHDAY CELEBRATIONS!



“Life is what you celebrate. All of it.” - Joanne Harris

At SFS Academy, celebration plays a vital part in the institution’s growth. It was a thoughtful initiative of our Principal Rev. Dr. P. M. Lawrence to celebrate the birthdays of the teaching and non-teaching staff. Every month, after the staff meeting everyone gathers in the quadrangle for the birthday celebration of that particular month. The celebration includes birthday wishes and cake cutting.

This month, the birthday celebration was held on Saturday, July 2, 2022. The photos of the staff were showcased by the birthday celebration committee. It is indeed a joyful moment and a beautiful sight of festivity.

Mrs. Lisha Louis

HOD, Dept. of English



IGCSE ORIENTATION

- An orientation programme was organised for UKG and 1st to 4th std parents as per the following schedule:

Grade	Date and Timings	
UKG	18-07-2022	9:00 am to 9:45 am
1 st std	18-07-2022	10:00 am to 10:45 am
2 nd std	18-07-2022	11:00 am to 11:45 am
3 rd std	19-07-2022	9:00 am to 9:45 am
4 th std	19-07-2022	10:00 am to 10:45 am

- The following members were part of the Orientation Programme:

- ✓ Principal Rev. Fr. Dr. P M Lawrence
- ✓ Academic Coordinators – Mrs . Debjani Sengupta and Mrs. Sarika Mishra Bhardwaj
- ✓ IGCSE Committee Members:

- 1) Mrs. Regina
- 2) Mrs. Lisha Louis
- 3) Mrs. P Jyothi Rosheni
- 4) Mrs. Sabna
- 5) Mrs. Geethanjali
- 6) Mrs. Likitha
- 7) Mrs. Roshni Jha
- 8) Mrs. Shama

- After the session, the parents filled the **IGCSE Orientation Feedback Form** to express their opinion.

❖ The feedback form had three options – Yes / May be / No

❖ with two questions:

1. Are you interested to enrol your ward's name in IGCSE?
2. Do you need more information on IGCSE?

As exiting out from the meeting hall, parents dropped the **IGCSE Orientation Feedback Form** into the box which was kept at the exit.

Mrs. Jyothi Rosheni

Faculty, Dept. of Social Science

QUIZERIA

1. The ban on plastic that came into effect on July 1 covers plastic carry bags less than _____ microns.

- A. 75
- B. 250
- C. 120
- D. 72

2. Who was the first Indian gymnast to make it to the final in Individual vault in her Olympic games?

- A. Aruna Reddy
- B. Dipa Karmakar
- C. Kalpana Devnath
- D. Krupali Patel

3. Where was the world's largest water lily found?

- A. India
- B. USA
- C. UK
- D. Canada

4. LHC recently discovered three new 'exotic particles' namely _____.

- A. 1 new pentaquark and 2 tetraquark
- B. 2 new pentaquark and 1 tetraquark
- C. 3 new tetraquark
- D. 3 new pentaquark

5. Who was the Guest of Honour for Azionare 2022-23?

- A. Mr Bijendar Singh
- B. Mr Prakash Belwal
- C. Mr Pannikan Pilai
- D. Mr Vedanth Deep

6. Rev. Dr. P M Lawrence, our Principal earned his Honorary Doctorate in Education from _____.

- A. British National University of Queen Mary
- B. University of Ontario, Toronto

C. University of Melbourne, Australia

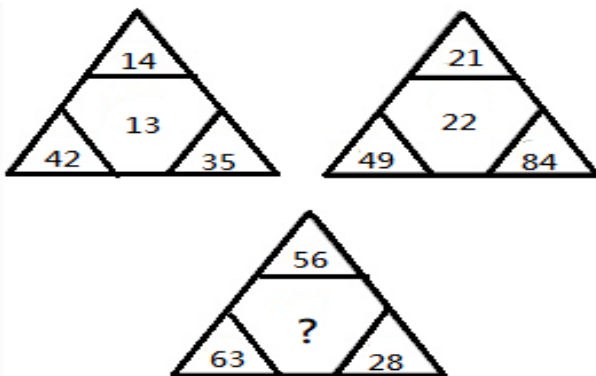
D. University of Wolverhampton, UK

Mrs. Likitha S.

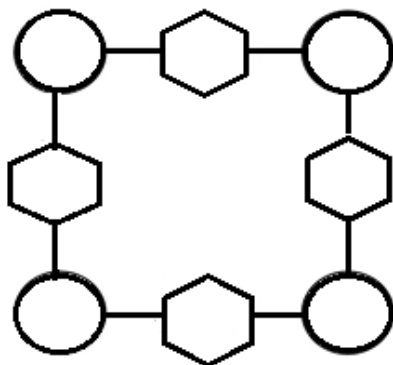
Faculty, Dept. of Science

MATHS PUZZLE

1. What number should replace the question mark?



2. Write the digits 2, 4, 6, 8, 10, 12, 14 and 16 so that the numbers in the hexagon are equal to the two numbers in the circles added together on either side.



3. NUMBER GRID: TARGET 50

i. Start the maze with zero.





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